

SPOTLIGHT ON JIM PEACOCK

Written by Stephen G. Schaeffer for the Communication Committee



Born in Montgomery, Alabama but moving early in life with his parents and sister to the small South Georgia town of Tifton, and with forbearers and family deeply rooted in the South, Jim Peacock was destined to make something of this heritage. Not really settling down, the family followed his father all over the country as he was stationed in the Army Corps of Engineers training for the D-Day invasion, residing briefly in many states. Back in Tifton graduating from high school and ready for college, he enrolled at nearby Florida State University. Stimulated, he transferred to Duke after his freshman year and majored in psychology. But this was not to be his career. Well into his senior year he took his first course in anthropology, encouraged by a friend majoring in it.

Traveling with him to a national meeting in DC, James' interest in the field exploded. After his Duke graduation James's adventures were about to begin, as he entered Harvard on a fellowship to work on his PhD in anthropology.

For his field work and eventual dissertation, he chose to study the cultures in Indonesia and Southeast Asia, but had to master the language which he did in an abbreviated program at Yale. With this serendipitous move he met his wife Florence who was studying music at Yale and they were soon married before taking off for Jakarta. While in Surabaya, where the Peacocks settled for a year, they experienced all the upheavals of a burgeoning Communist party. His central study focused on the working-class theater *Ludruk* and its social and political context. This was the eve of the period called The Year of Living Dangerously, a tumultuous time when over a million Communists were murdered by the government.

Upon his return from Indonesia, Jim was recruited for a two-year faculty stint at Princeton where he was instrumental in developing the anthropology department. In 1967 Jim began his 48-year association with UNC-Chapel Hill as a faculty member in the fledgling Department of Anthropology, retiring in 2015 as Kenan Professor of Anthropology. His leadership roles during this period, both internal and external, were substantial: Chair of the department on two different occasions, instigator and Director for 7 years of the University Center for International Studies, University Faculty Chair and Retired Faculty Association Chair, and President of the American Anthropological Association. Too numerous to mention were Jim's continuing influences, both domestic and international, as a lecturer, mentor to a legion of students who went on to important posts, and service to the community at large.

Music had already taken its hold on Jim when as a child he heard his Aunt Louise, a noted concert pianist, play the Steinway on a visit to his grandmother's home in Speigner, Alabama. This spiritual experience served perfectly in his relationship with Florence, herself a professional singer and in his own participation in musical endeavors.

It was because of Jim's southern roots and experiences traveling around the United States with his family during the war years, that the major thrust of Jim's interests in the South and the world developed. He has written extensively about globalization and the South and also about the cultural influences of Primitive Baptists and Pentecostals on the South. Certainly, in his academic career this provided the impetus for his research and writing. For Jim Peacock his life as an academic, though varied and adventurous, was all about teaching, research and service. As a resident of The Cedars since 2018, he now has the luxury of exceptional memories and fine circumstances.



JUNE
2023

THE CEDARS POST

JUNE BIRTHDAYS



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LET'S CELEBRATE

WINES OF SOUTHERN FRANCE TASTING/CLASS

with Team Vino

Friday, June 16, 3-4pm Ballroom

While Bordeaux, Burgundy, and Champagne are widely acclaimed for making the most prestigious, age-worthy, and expensive wines in the world, the lesser-known regions of Occitanie and Provence-Alpes-Côte d'Azur produce some of the most approachable, quaffable wines you can find. Join us as we taste four distinctive wines of Southern France and learn about the local wine-making traditions, culture, and stories behind each delicious bottle. Team Vino (Debra Lewis and Amy Hallett) uses wine as a vehicle for creating meaningful gatherings through shared cultural experience. **Register on Cedars Connect beginning June 1, deadline June 14. Cost: \$25 per person. Maximum 30 people.**



MOVIE OF THE MONTH - ALL QUIET ON THE WESTERN FRONT

Monday, June 19, 2pm Ballroom

All Quiet on the Western Front is a 2022 epic anti-war film based on the 1929 novel of the same

name by Erich Maria Remarque. Set during World War I, it follows the life of an idealistic young German soldier named Paul Bäumer. After enlisting in the German Army with his friends, Bäumer finds himself exposed to the realities of war, shattering his early hopes of becoming a hero as he does his best to survive. The film adds a parallel storyline not found in the book, which follows the armistice negotiations to end the war. Directed by Edward Berger, it stars Felix Kammerer, Albrecht Schuch, Daniel Brühl, and Sebastian Hülk.

CALLING ALL EPISCOPALIANS!

A service of Worship and Holy Eucharist, brought here by St. Stephen's Episcopal Church,

is celebrated on the 2nd Tuesday of each month in Alexander Building 244, at Jane McPherson's. All Episcopalians, and others who may be interested, are invited. Questions? Call Jane at 919-259-7277 or the Reverend Sanford Key at 919-493-5451. The next service is Tuesday, June 13th at 2pm.



SAINT STEPHEN'S
EPISCOPAL CHURCH

ROBERT GRIFFIN
JAZZ PIANIST
Thursdays, June 1 & 22, 5pm
Dining Lobby

RICHARD TAZEWEILL
PIANIST
Friday June 9, 5pm
Dining Lobby

BEYOND THE CEDARS

ENDSWELL ART
GALLERY AND
RELIQUARIUM TOUR
Thursday, June 8, 1:30pm Lobby

AQUAMATION

Endswell is one of only three providers of aquamation in North Carolina, and the only one located in Central North Carolina (Hillsborough). Aquamation is an environmentally friendly alternative to fire cremation. Rather than using 1700-degree heat, aquamation uses a more gentle process, known as alkaline hydrolysis. As people learn about aquamation and the benefits of choosing this method of final disposition, it is becoming increasingly popular as an option for end-of-life care. Cedars Members are invited to learn more about the process during a tour of the Endswell Gallery and Reliquarium. **Register on Cedars Connect beginning June 1, deadline June 7. Cost: \$7 for transportation. Maximum 12 people.**



*LOTUS MOON AND
NANDINA STAFF AND
UNSETTLED THINGS:
ART FROM AN AFRICAN
AMERICAN SOUTH*
at the Ackland Art Museum
Friday, June 9, 9:45am Lobby

Lotus Moon and Nandina Staff presents and contrasts the work of two major Japanese artists of the nineteenth and early twentieth centuries, taking its title from translations of their names. Ōtagaki Rengetsu (1791-1875) was a Buddhist nun who became very well known as an important poet focusing on the traditional waka verse form, rendering her poems in elegant but strong calligraphy on paper and on ceramics that she often formed herself; Nakahara Nantenbō (1839-1925) was an influential and strict Zen Master famous for his energetically and expressively brushed calligraphy and paintings.

Unsettled Things: Art from an African American South includes forty-four works by twenty-eight artists – largely drawn from the Ackland's permanent collection — explores works by makers from the southern United States, long overlooked and now considered major artists, including Thornton Dial, Lonnie B. Holley, Nellie Mae Rowe, and Mose Tolliver, through three themes: Life, Spirit, and Matter. The themes emerge from recurring threads in the works' subject matter, from shared approaches to choosing and applying materials, and from the artists' own accounts of their ideas, efforts, and struggles. **Register on Cedars Connect beginning June 1, deadline June 7. Cost: \$9 for docent tour and transportation. Maximum 12 people.**



NATIONAL TEAPOT SHOW XII
at Cedar Creek Gallery in Creedmoor
Thursday, June 15, 1:30pm Lobby

The show, which takes place every three years, has taken place since 1989 and is nationally recognized for its gathering of high-quality craftsman-ship. We've invited artists from all over North America to enter one or more teapots for exhibition online and in the gallery. The Cedar Creek Gallery National Teapot Show XII features teapots crafted

using a vast range of materials including glass, metal, pottery, wood, fiber, and mixed media. **Register on Cedars Connect beginning June 1, deadline June 14. Cost: \$7 for transportation. Maximum 12 people.**

**MAKE IT TO THE
BUS ON TIME**

Please call Laura at 919-259-7944 on regular business days if you have signed up for an outing and are unable to attend or call the Concierge after hours at 919-259-7937.



**ENDSWELL ART GALLERY
AND RELIQUARIUM TOUR**
Thursday, June 8, 1:30pm Lobby

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NANDINA STAFF AND
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Thursday, June 15, 1:30pm Lobby


**SW!NG OUT AT PAGE
AUDITORIUM**
Thursday, June 15, 6:30pm Lobby

THE CEDARS EVENTS

6/1 THURSDAY

8:30am Cardio Combo **B** ■
 9am Golf Croquet **GL** ■
 9:30am Sit and Be Fit **B** ■
 11am Cedars University **B** ■
 2pm Modern American Canasta **CR** ■
 5pm Robert Griffin - Pianist **DL** ■

6/2 FRIDAY

9:15am Aquafit **P** ■
 10:30am Watercolor Class **s**  ■
 11am Fit Friday: Cardio and Core **B** ■
 2pm Mah Jong 2pm **CL** ■
 3pm Classic Canasta **CR** ■

6/3 SATURDAY

9am Ping Pong **B** ■
 10am Cribbage **CL** ■

6/4 SUNDAY

11am Interdenominational Service **B** ■


6/5 MONDAY

8:30am Aquafit On Your Own **P** ■
 8:30am Cardio Combo **B** ■
 9:30am Balance Basics **B** ■
 10am Pilates Fusion with Joan **z** ■
 10:15am Balance Challenge **B** ■
 10:30am Knit & Stitch **CR** ■
 11:30am Tai Chi with Nina **B** ■
 12:30pm Play Reading Group **z** ■
 1pm Poker **CR** ■
 2pm Chess Club **CL** ■


6/6 TUESDAY

8:30am Total Body Strength & Stretch **B** ■
 9am Golf Croquet **GL** ■
 9:45am Sit & Be Fit **B** ■
 2pm Caregivers' Support Group **PDR** ■
 4pm Line Dancing **B** ■

6/7 WEDNESDAY

9am Ping Pong **B** ■
 9:15am Aquafit **P** ■
 10am Open Door Bible Group **CR/Zoom** ■
 10:30am Balance Basics **B** ■
 11:15am Balance Challenge **B** ■
 12:45pm Duplicate Bridge **CR** ■
 4pm Mat Yoga with Scott **B**  ■

6/8 THURSDAY

8:30am Cardio Combo **B** ■
 9am Golf Croquet **GL** ■
 9:30am Sit and Be Fit **B** ■
 11am Cedars University **B** ■
 1:30pm Enswell Art Gallery and Reliquarium Tour **LB**  ■
 2pm Modern American Canasta **CR** ■

6/9 FRIDAY

9:15am Aquafit **P** ■
 9:45am Ackland Trip **LB**  ■
 10:30am Watercolor Class **s**  ■
 11am Fit Friday: Barre Fusion **B** ■
 2pm Mah Jong 2pm **CL** ■
 3pm Classic Canasta **CL** ■
 5pm Richard Tazewell - Pianist **DL** ■

6/10 SATURDAY

9am Ping Pong **B** ■
 10am Cribbage **CL** ■


6/11 SUNDAY

11am Interdenominational Service **B** ■

6/12 MONDAY


8:30am Aquafit On Your Own **P** ■
 8:30am Cardio Combo **B** ■
 9:30am Balance Basics **B** ■
 10am Pilates Fusion with Joan **z** ■
 10am Great Short Stories **CL** ■
 10:15am Balance Challenge **B** ■
 10:30am Knit & Stitch **CR** ■
 12:30pm Play Reading Group **z** ■
 1pm Poker **CR** ■
 2pm Chess Club **CL** ■

6/13 TUESDAY



8:30am Total Body Strength & Stretch **B** ■
 9am Golf Croquet **GL** ■
 9:45am Sit & Be Fit **B** ■
 10am Plein Air Art Class **s**  ■
 2pm Lifelong Learning Fair **B** ■
 4:30pm Line Dancing **B** ■

6/14 WEDNESDAY



9am Ping Pong **B** ■
 9:15am Aquafit **P** ■
 10am Open Door Bible Group **CR/Zoom** ■

10:30am Balance Basics **B** ■
 11:15am Balance Challenge **B** ■
 12:45pm Duplicate Bridge **CR** ■
 4pm Mat Yoga with Scott **B**  ■

6/15 THURSDAY

8:30am Cardio Combo **B** ■
 9am Golf Croquet **GL** ■
 9:30am Sit and Be Fit **B** ■
 11am Cedars University **B** ■
 1:30pm Cedar Creek Gallery Teapot Show **LB**  ■
 2pm Modern American Canasta **CR** ■
 6:30pm SWING OUT at Page Aud **LB**  ■

6/16 FRIDAY

9:15am Aquafit **P** ■
 10:30am Watercolor Class **s**  ■
 11am Fit Friday: Strength Circuit **B** ■
 2pm Mah Jong 2pm **CL** ■
 3pm Classic Canasta **CR** ■
 3pm Wines of Southern France Tasting/Class **B**  ■

6/17 SATURDAY

9am Ping Pong **B** ■
 10am Cribbage **CL** ■

6/18 SUNDAY

Father's Day
 11am Interdenominational Service **B** ■



6/19 MONDAY

8:30am Aquafit On Your Own **P** ■
 8:30am Cardio Combo **B** ■
 9:30am Balance Basics **B** ■
 10am Pilates Fusion with Joan **z** ■
 10:15am Balance Challenge **B** ■
 10:30am Knit & Stitch **CR** ■
 11:30am Tai Chi with Nina **B** ■
 12:30pm Play Reading Group **z** ■
 1pm Poker **CR** ■
 2pm Chess Club **CL** ■
 2pm Movie of the Month - *All Quiet On the Western Front* **B** ■

6/20 TUESDAY

8:30am Total Body Strength & Stretch **B** ■
 9am Golf Croquet **GL** ■
 9:45am Sit & Be Fit **B** ■

1pm Dollar Bill Origami Class s  ■
4pm Line Dancing B ■


6/21 WEDNESDAY

9am Ping Pong B ■
9:15am Aquafit P ■
10am Open Door Bible Group CR/Zoom ■
10:30am Balance Basics B ■
11:15am Balance Challenge B ■
12:45pm Duplicate Bridge CR ■

6/22 THURSDAY

8:30am Cardio Combo B ■
9am Golf Croquet GL ■
9:30am Sit and Be Fit B ■
11am Cedars University B ■
2pm Modern American Canasta CR ■
5pm Robert Griffin - Pianist DL ■

6/23 FRIDAY

9:15am Aquafit P ■
10:30am Watercolor Class s  ■
11am Fit Friday: Zumba B ■
3pm Classic Canasta CR ■
2pm Mah Jong 2pm CL ■

6/24 SATURDAY

9am Ping Pong B ■
10am Cribbage CL ■

6/25 SUNDAY


11am Interdenominational Service B ■

6/26 MONDAY

8:30am Aquafit On Your Own P ■
8:30am Cardio Combo B ■
9:30am Balance Basics B ■
10am Pilates Fusion with Joan z ■
10:15am Balance Challenge B ■
10:30am Knit & Stitch CR ■
12:30pm Play Reading Group z ■
1pm Poker CR ■
2pm Chess Club CL ■
3:30pm Finishing Touches with Guest
Speaker Ashley Addison B ■
4pm Finishing Touches Café B ■

6/27 TUESDAY

8:30am Total Body Strength & Stretch B ■
9am Golf Croquet GL ■

9:45am Sit & Be Fit B ■
10am Plein Air Art Class s  ■
4pm Line Dancing B ■

6/28 WEDNESDAY

9am Ping Pong B ■
9:15am Aquafit P ■
10am Open Door Bible Group CR/Zoom ■
10:30am Balance Basics B ■
11:15am Balance Challenge B ■
12:45pm Duplicate Bridge CR ■

6/29 THURSDAY

8:30am Cardio Combo B ■
9am Golf Croquet GL ■
9:30am Sit and Be Fit B ■
11am Cedars University B ■
2pm Modern American Canasta CR ■
2pm Rehab Lectures B ■

6/30 FRIDAY

9:15am Aquafit P ■
11am Fit Friday: Cardio & Core B ■
3pm Classic Canasta CR ■
2pm Mah Jong 2pm CL ■
5pm Rick Keena - Guitarist DL ■

ANNOUNCEMENTS

JEWELRY REPAIR WITH EVA MOGENSEN

Friday, June 2, 2-3pm Art Studio

CEDARS PORCH COLLECTION

Monday, June 19, 8:30am

Food should be out for pickup by 8:30am on Front Porches or Veranda Parking Lot Bench, or you can leave a check anytime with the Clubhouse Concierge. Questions, contact Joy Metelits at 919-933-0724.



FINISHING TOUCHES PROGRAM

Monday, June 26, 3:30pm Ballroom

Ashley Addison will come as a guest of the Finishing Touches program to speak about the services provided by the in-residence, Pittsboro Hospice House.

Monday, June 26, 4pm Ballroom

Finishing Touches Café will meet enhanced with refreshments.

GET INVOLVED

GREAT SHORT STORIES Monday, June 12, 10am Classroom

Nativity, Caucasian by Allan Gurganus and *Constant Pain in Tuscaloosa* by Barry Hannah

Stories can be found in *The Norton Anthology of Short Fiction* and often online.

RECONSIDERING JFK

Taught by Michael Shelden, PhD, Indiana State University
Thursdays through June 22, 11am Ballroom

Reconsidering JFK is your chance to transport yourself back to a more innocent time in America, to a presidency mythologized in the romantic vision of "Camelot." In these 12 in-depth lectures, Professor Michael Shelden brings you the latest research and firsthand accounts to capture a fresh angle on a multifaceted, always fascinating American president.

EXPERIENCING SHAKESPEARE: FROM PAGE TO STAGE

Taught by Alissa Branch, MA Professor, University of Oklahoma
Thursdays, June 29-August 10, 11am Ballroom



Four hundred years after his death, William Shakespeare's plays continue to live on vibrantly and remain among the most staged, even in modern theater. But just what is it about his work that has made him a household name? While little is known about the man's life, thankfully, we have a written guide—his words—to help us decode how his plays were meant to be interpreted and performed.

If you've ever been curious about everything that goes into a modern theatrical production of a Shakespeare play, here is your chance to peek behind the curtains in *Experiencing Shakespeare: From Page to Stage*. Professor Alissa Branch, award-winning actor, director, and creator of an advanced Shakespeare performance curriculum presents 12 riveting lessons that reveal how today's actors go about exploring, rehearsing, and performing Shakespeare's plays. She is accompanied by Brooke and Kam, two professional stage actors who will help you see the bard's work from the perspective of the players.

LEARNING OPPORTUNITIES

INTRODUCTION TO WATERCOLORS

with Alison J. Terry
Fridays, June 2, 9, 16 & 23, 10:30-11:30am Art Studio



This 4-week workshop includes introduction to brush techniques, color mixing and watercolor techniques. Fun for all, no experience needed! Alison recently relocated to the Triangle area from Connecticut. She is a certified art teacher, a fine artist, business owner, and entrepreneur. **Register on Cedars Connect. Cost: \$40 for 4 classes which includes all materials. Maximum 12 people.**



YOU ARE NEVER TOO OLD TO LEARN FAIR

Tuesday, June 13, 2-3:30pm Ballroom

Always been curious about ...What makes your brain tick? Why opera elicits such strong emotions? How to understand the universe? What makes music the universal language? How culture, religion and economics impact today's politics? What makes reading Great Books, great? The intersection of architecture and national identity? If so, mark your calendars for Tuesday, June 13th.

Don't miss this opportunity to hear about the variety of classes offered by the following organizations:

- Carolina Public Humanities UNC
- OLLI at Duke
- Orange County's Seymour Center
- Shared Learning Association
- UNC Wellness Center

Each organization will make a brief presentation of their programs followed by time to visit individual tables for more in-depth information. **Refreshments will be served. See you there!**

DOLLAR BILL FOLDING

with Barbara Pearl
Tuesday, June 20, 1pm Art Studio

Come join the fun in this hands-on workshop with award winning educator and author. Discover the art of dollar bill folding from butterflies to bowties. Entertain family and friends, display or give as one-of-a-kind gifts, or tips. Learn the magic of Japanese paper folding. Transform an ordinary "peace" of paper into the extraordinary. You are welcome to bring your own crisp dollar bills or play money will be provided to practice. No experience required. **Register on Cedars Connect beginning June 1, deadline June 18. Maximum 10 people.**



SPRING IN THE GARDENS



Thank you Bonnie Sampsell for organizing The Cedars Garden Boxes Open House!



Beautiful morning for a guided walking tour of Sara P. Duke Gardens.



Spring flowers and vegetables of our resident gardeners.



SUDOKU PUZZLE

Enter digits from 1 to 9 into the blank spaces. Every row must contain one of each digit. So must every column, as must every 3x3 square.

Puzzle rating: Evil

		4	2					7
	5						3	
3		1		5		4	9	
					7	2	1	
	9	5	8					
	1	7		3		5		8
	8						7	
9					5	3		

Puzzle by websudoku.com

REGULAR GROUP ACTIVITIES CONTACT INFORMATION

Chess Club	Carol Downs	703-282-6191
Classic Canasta	Sally Sullivan	919-489-6446
Cribbage	Malcolm Jackson	919-951-7626
Duplicate Bridge	Betty White	919-967-4064
Early Birds	Joan Bingham	919-968-3213
Golf Croquet	Joe Murphy	843-957-0674
Interdenominational Service	Nancy Cobey	919-259-7048
Knit & Stitch	Margaret Rook	919-292-1497
Library Workday	Nancy Lebo	919-259-7330
Mah Jongg	Norma Kupersmidt	919-724-9070
Memoir Writing Group.....	Nancy Lebo	919-259-7330
Mexican Train Dominos	Sally Sullivan	919-489-6446
Modern American.....	Bonnie Farb	561-613-7509
Open Door Bible Study ...	Nancy Cobey	919-259-7048
Ping Pong	Pat Kelley	919-489-0053
Play Reading Group...	Sue Bielawski	919-933-4428
Poker.....	Richard Orcutt	919-259-7533
Pole Walking.....	Joan Ontjes	919-219-5128

FITNESS ARTICLE

MUSCLE STRENGTH LINKED TO BIOLOGICAL AGE

Two 75-year-olds, despite living the same number of years, may have different biological ages – meaning that a host of factors have caused them to age at varying paces with different levels of risk for disease and early death. Lifestyle choices, such as diet and smoking, and illness all contribute to accelerating biological age beyond one's chronological age. Now researchers at Michigan Medicine have found that muscle weakness marked by grip strength, a proxy for overall strength capacity, is also associated with accelerated biological age. Specifically, the weaker your grip strength, the older your biological age, according to a recent study.

The researchers modeled the relationship between the biological age and grip strength of 1,274 midlife and older adults and after 8-10 years of follow-up, results revealed that both older men and women showed an association between lower grip strength and biological age acceleration. This suggests that if you maintain your muscle strength across the lifespan, you may be able to protect against many common age-related diseases. Smoking, for example, can be a powerful predictor of disease and mortality, but now it seems that muscle weakness could be the new smoking.

Opportunities for strength training at The Cedars include group exercise classes in the ballroom and exercise videos on Channel 1340 and Zoom, as well as using weight machines and free weights in the fitness room. Contact Julie Hardison at 919-259-7922 with questions.

Source: The Journal on Active Aging



The Cedars Club, Inc.

100 Cedar Club Circle, Chapel Hill NC 27517

Editor..... Laura Booker, 919-259-7944
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Concierge 919-259-7937
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Spa & Salon..... 919-259-7940
Dining Reservations 919-259-7932
Work Orders 919-259-7918
Security 919-883-7666
Transportation..... 919-259-7740



Having fun at our Kentucky Derby party!



11th Annual Cedars' Pet Biscuit Day

The Cedars Post is published monthly for the purpose of advertising on and off campus activities.