



THE CEDARS
OF CHAPEL HILL
A Life Plan Community



The DUBOSE HEALTH CENTER

Our on-site health center is the centerpiece of a comprehensive care plan that gives you and your family the sense of security, well-being and peace of mind that come with knowing that virtually every conceivable healthcare need has been anticipated. From wellness, home care and assisted living to skilled nursing and Alzheimer's services, the care delivered by The DuBose Health Center is seamless, continuous and compassionate. All provided by an experienced team of physicians, nurses and medical personnel. And all backed by the extensive clinical capabilities and vast technological resources of UNC Hospitals and the UNC Division of Geriatric Care.

The WELLNESS CLINIC

This on-site Wellness Clinic is staffed by UNC-affiliated physicians and a nurse practitioner who are all part of the UNC Division of Geriatric Medicine. It's easy and convenient to become a patient of the clinic.

There is no fee to be a patient, and Members are not required to use the clinic, but Members must be a patient of the clinic to be seen by a provider. Should you decide you would like to take advantage of our on-campus healthcare, you will simply fill out a brief medical questionnaire and sign a release form allowing access to your medical records.

You will have seamless and continuous care from the clinic to our home care agency, The DuBose Health Center, and other UNC medical offices, if needed. We are part of the UNC medical record network, which means we have access to all UNC medical records.

OTHER SERVICES INCLUDE:

- Ability to contact your physician and review lab results through an online portal
- Close relationship with two nearby pharmacies; one of which will deliver to The Cedars
- UNC audiology, psychiatry and podiatry services
- Weekly clinical pharmacist visits
- Diabetes management, INR/Coumadin clinic, medication plans and review
- Nursing visits – dressing changes, blood pressure checks and lab work with orders from an outside physician



HOME CARE AGENCY

One of the features that sets The Cedars of Chapel Hill apart from other continuing care retirement communities is the ability of our Members to remain in their home for as long as possible through the services of our home care agency, on a fee-for-service basis. Listed below are some, but not all, of the services.

PERSONAL CARE AND NURSING CARE

- Unpacking Assistance
- Light Housekeeping
- Laundry
- Grocery
- Meal Preparation
- Transportation
- Pet Care
- Memory Care
- Personal Hygiene
- Medication Reminders
- Alzheimer's Care
- Assistance with Medical Equipment
- Accompanying to Doctor Visits

Home care can be received in increments of 15 minutes up to 24 hours a day.

	Weekday	Weekend
CNA (more than 3 hours/day)	\$25.00/hr.	\$26.00/hr.
(less than 3 hours/day)	\$35.00/hr.	\$36.00/hr.

Skilled Nursing Visit

RN	\$45.00/hr.
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Medication Management	\$65.00 weekly
Admission Assessment	\$65.00 (one-time charge to open a new case)
Case Management	\$65.00 weekly
Dressing Change	\$20.00

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ONTINUING CARE

The DuBose Health Center on The Cedars' campus is Medicare-certified and offers assisted living and skilled nursing care. The highly trained and professional staff provides progressive rehabilitation. These services include physical therapy, speech therapy, occupational therapy and aquatic therapy. The DuBose Health Center also provides an extensive array of healthcare services, including memory care, short-term recuperation, respite services and long-term care.

ASSISTED LIVING – Assisted living is for those who require assistance with some day-to-day activities such as dressing, bathing and meals.

MEMORY CARE – Memory care staff specialize in improving the quality of life of those with cognitive impairments such as dementia. Activities, dining and everyday living are geared toward understanding the challenges these Members face.

SKILLED CARE – Skilled care is designed to provide all necessary service to persons who do not require hospitalization, but are chronically ill or need 24-hour continuous care.

Assisted Living

<i>Suite</i>	<i>Per Diem</i>	<i>Member Rate</i>	<i>90 Free Days*</i>
Semi-Private	\$320.00	\$160.00	\$15.00
Private	\$355.00	\$195.00	\$50.00
Private W/ Full Bath	\$405.00	\$245.00	\$100.00
Double Occupancy Suite (per person)	\$480.00	\$320.00	\$175.00
Single Occupancy Suite	\$555.00	\$395.00	\$250.00

Skilled Nursing

<i>Suite</i>	<i>Per Diem</i>	<i>Member Rate</i>	<i>90 Free Days*</i>
Semi-Private	\$400.00	\$200.00	\$15.00
Private	\$435.00	\$235.00	\$50.00
Private W/ Full Bath	\$485.00	\$285.00	\$100.00
Double Occupancy Suite (per person)	\$560.00	\$360.00	\$175.00
Single Occupancy Suite	\$635.00	\$435.00	\$250.00

*Each Member of The Cedars is entitled to 90 prepaid days of care, which includes one meal per day. The cost of two meals per day is additional during that 90 day period. After 90-days, the member rate applies and includes three meals per day.

Rates effective January 1, 2022