



March 2020 • VOLUME 17 • ISSUE 3

# The Cedars Post

## Welcome to Cedars Connect: The New Member Portal

*Special Member Meetings*

Monday, March 9, 9am or 1pm Ballroom

We are excited to announce that the new Member portal, Cedars Connect, is almost ready to go live. Our website design team, Viibrant Solutions, will provide a full tour of the new website during these two Member meetings. You will learn about the exciting new features and receive your personal login information.

Further assistance is available at one of the support sessions listed below. If you would like to use a portable device such as an iPad, smart phone or laptop, please bring it with you.

### *Member Portal Support Sessions*

Monday, March 9, Ballroom

10-11am

11am-12pm

2-3pm

3-4pm



If you are unable to attend, further support sessions will be provided. Please check the weekly *Chit Chat* for additional dates and times.

*The Cedars Post* is a monthly publication of The Cedars of Chapel Hill Club, Inc. • 100 Cedar Club Circle Chapel Hill NC 27517 • 919-259-7000

## Love (almost) Walked By

by Karen Kilara

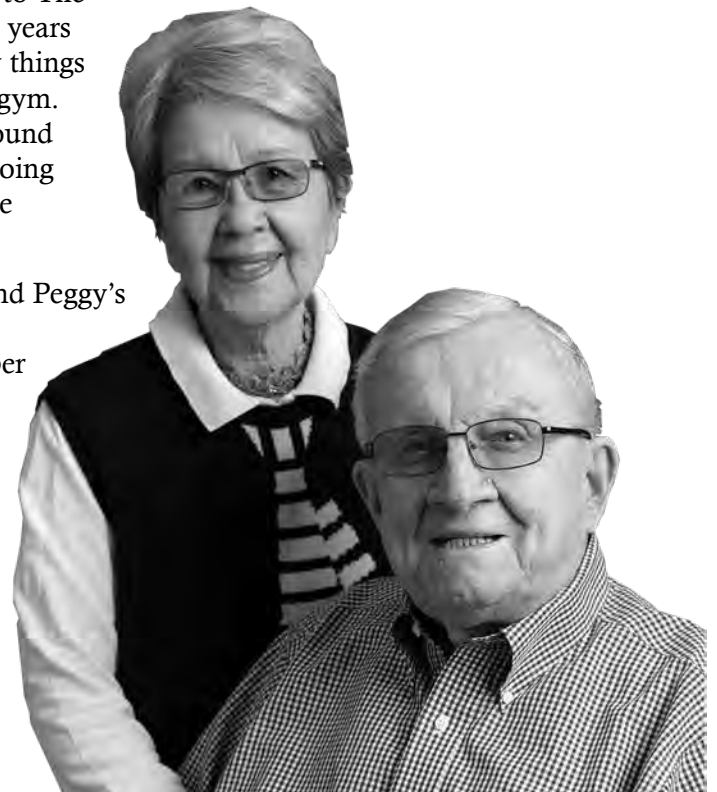
This is the story of an American soldier who was in the right place at the right time. William (Bill) Thompson was strolling down a street in Tokyo with his buddy. Standing outside her father's store talking with her girlfriend was Fusako Kumai. Bill was immediately taken with this very charming young lady. Though Fusako spoke no English at that time, Bill had been taking Japanese classes through the military and so the dialogue began.

Bill was soon sent back to the U.S. for further military schooling and a separation began. Two years later Bill was granted leave with permission to travel to Japan for purpose of marriage. It was a short leave and Bill had to return to his duty in Maryland while the necessary paperwork was completed for Fusako to travel to the U.S.

Six months later Bill was at the airport in Washington, D.C. when Fusako's plane arrived. To make life easier in the U.S. Fusako adopted the nickname "Peggy." Bill and Peggy then began a life of traveling and growth. Besides their time in Japan they lived in Maryland, California, Nebraska, Rhode Island, Michigan, Illinois, Austria, Germany, Saudi Arabia, Virginia, South Carolina and North Carolina. Their child, William Jr. was born in Maryland, daughter Cathy made her debut in Salzburg, Austria and third and last child, Thomas arrived in Joliet, Illinois.

Peggy and Bill moved to The Cedars one and a half years ago. Among the many things they enjoy here is the gym. They can usually be found there every morning doing cardio and working the machines.

Stop by and see Bill and Peggy's collection of Japanese treasures in the Member display case.



## MAKE IT TO THE BUS ON TIME

Please call Laura Booker at 919-259-7944 on regular business days if you have signed up but are unable to attend these events:

### PlayMakers

Sunday, March 8, 1:30pm Lobby

### Brain Matters: Putting the First Years First

at The Chelsea Theater  
Monday, March 9, 5pm Lobby

### The Metropolitan Opera *Der Fliegende Holländer*

at Silverspot Cinema  
Saturday, March 14, 12:15pm Lobby

### Carolina Ballet

Saturday, March 14, 1pm Lobby

### Great Decisions Lecture

at Carol Hall UNC  
Tuesday, March 17, 6:30pm Lobby

### Chamber Orchestra

Sunday, March 22, 2pm Lobby

### Great Decisions Lecture

at Carol Hall UNC  
Tuesday, March 24, 6:30pm Lobby

### Yayoi Kusama: *Open the Shape Called Love* and Toriawase: *A Special Installation of Modern Japanese Art and Ceramics*

at the Ackland Art Museum  
Thursday, March 25, 1:30pm Lobby

### American Ballet Theatre *Giselle*

at DPAC  
Saturday, March 28, 12pm Lobby

### NC Symphony

at UNC Memorial Hall  
Sunday, March 29, 6:45pm, Lobby

### Great Decisions Lecture

at Carol Hall UNC  
Tuesday, March 31, 6:30pm Lobby

# Beyond the Cedars

## Brain Matters: Putting the First Years First

at The Chelsea Theater  
Monday, March 9, 5pm Lobby

UNC Frank Porter Graham Child Development Institute and Carolina Public Humanities invite you to a screening of *Brain Matters: Putting the First Years First*.

Through interviews with cutting-edge researchers, scientists, economists, families and educators, *Brain Matters* explores the so-called “miracle years,” a critical period of our lives that no one remembers, in a profound new way—emphasizing how the first few years are the greatest opportunity we have to give children the best start in life. Free popcorn and drinks will be served. Sign up at the Concierge Desk, deadline March 5. Cost: \$7 for transportation, no charge for the film.



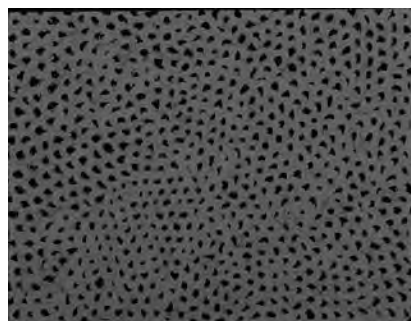
## The Metropolitan Opera—*Der Fliegende Holländer*

at Silverspot Cinema  
Saturday, March 14, 12:15pm Lobby

François Girard, whose revelatory 2013 take on *Parsifal* set the recent Met standard for Wagner stagings, now unveils a spellbinding new vision of the composer’s tale of a cursed sea captain doomed to sail the open ocean for eternity. With sweeping sets by John Macfarlane, Girard’s new production turns the Met stage into a rich, layered tableau reminiscent of a vast oil painting. Valery Gergiev conducts a brilliant cast that includes the gifted German soprano Anja Kampe, making her Met debut as the devoted Senta, whose selfless love is what the Dutchman seeks. Bass Franz-Josef Selig is her father, Daland, and tenor Sergey Skorokhodov is her deserted former lover, Erik. Sign up at the Concierge Desk beginning March 2, deadline March 11. Cost: \$29 for ticket and transportation. Maximum 14 people.

## Yayoi Kusama: *Open the Shape Called Love* and Toriawase: *A Special Installation of Modern Japanese Art and Ceramics*

at the Ackland Art Museum  
Thursday, March 25, 1:30pm Lobby



Yayoi Kusama is one of the most admired of all contemporary artists. Her “Infinity Rooms,” mirrored and specially lit environments, have recently been a premier attraction for art lovers all over the world. This exhibition presents the distinguished collection of James Keith Brown ’84 and Eric Diefenbach to explore other aspects of her oeuvre, with a special concentration on the early works on paper of the 1950s, a full range of intimate “dot paintings” and “net paintings,” examples of her provocative sculpture and multi-media work, and one tabletop mirror box.

Toriawase is a Japanese concept that loosely means to choose and combine objects with exquisite care. This special installation approaches the combination of modern art and ceramics in this spirit, aiming less for a historical or scholarly approach and more for an intuitive, experiential orchestration of relationships and correspondences. Modern and contemporary Japanese painting and sculpture are not often displayed or considered alongside ceramics of the same period. Member Carol Stamm will be our docent for this tour. Sign up at the Concierge Desk beginning March 2, deadline March 22. Cost: \$4 for transportation. Minimum 6 people, maximum 15 people.



### Great Decisions Program

Great Decisions is America's largest discussion program on world affairs. The name is shared by a national civic education program, briefing book and television series administered and produced by the Foreign Policy Association. The Great Decisions program highlights eight of the most thought provoking foreign policy challenges facing Americans each year. Great Decisions provides background information, current data and policy options for each issue and serves as the focal text for discussion groups. **The lectures will be held at Carroll Hall on the UNC campus, departing the Cedars at 6:30pm. Sign up at the Concierge Desk for each lecture you'd like to attend, deadline 48 hours before each lecture. Cost: \$4 for transportation.**

- Climate Change and the Global Order .....March 17
- Red Sea Security .....March 24
- China's Road into Latin America .....March 31
- U.S. Relations with the Northern Triangle .....April 7



**SAVE THE DATE!**

### Cedars Spring Home Tour

Sunday, April 19, 2-5pm

We have always said that our Members make this the beautiful community that it is, but what about their homes?

With over 30 different floor plans to choose from, our Members have created some lovely places to call home, but few of us have seen what can be done in the different spaces. From beautifully appointed furnishings to artwork that some museums would love to have as part of their collections—come see what some of our Members have done to make their Villa, Veranda or Cottage a home. Tours will be guided and transportation provided if needed. More information to come!



From  
Carolyn  
Taff

*So much happening, so close-by!  
A few on-your-own suggestions:*

#### Friday Center

919-962-1134, Chapel Hill  
(across 54 from The Cedars)  
**Holocaust Cantata** Cantata based on research of original music sung by incarcerated inmates. Choral Society of Durham. Music alternating with readings from prisoners' writings. Reception afterwards. Sun. 3/29, 4-6pm

#### Hill Hall, Moeser Auditorium, UNC

919-843-3333, Chapel Hill  
**Prose, Poetry, and Music from Across the Centuries** German actor/writer Hanns Zischler w/ Stefan Litwin, piano. Talking Music Series Sun. 3/1, 7:30pm

**Chapel Hill Philharmonia**  
Hindemith, C. M. von Weber, Elgar Sun. 3/8, 3pm

**Contours** New multimedia work w/music by Brooks de Wetter-Smith, Matthew McClure and more Thurs. 3/19, 7:30pm

**Jon Nakamatsu, piano** 1997 Cliburn Gold Medalist Thurs. 3/26, 6pm

#### DPAC

919-684-6402, Durham

#### Postmodern Jukebox

**Inventive.** Reworks of modern songs into different throwback genres, i.e. jazz, Motown, Beatles. Musicians, dancers, costumes, lighting, decor

**Les Miserables** Tues. 3/10-Sun. 3/15. Varying times

**The Color Purple** Fri. 3/20-Sun. 3/22. Varying times

**The Choir Of Man** Tues. 3/24, 7:30pm

#### PNC Arena

919-929-2787, Raleigh

**Michael Buble** Fri. 3/20, 8pm

#### Carolina Theater

919-560-3030, Durham

**An Evening With Amy Grant** Sat. 3/14, 8pm

## March Birthdays

Ann Kennedy	1
Ken Hoffman	2
Caroline Ward	2
Eleanor Bell	2
Jerry Guyer	3
Brent Elmore	5
Joy Douglass	8
Dolores Bilangi	11
Susan Nelson	11
Betsy Pratt	12
Ary Reichman	14
William Reppy	14
Ann Christy	15
Annette Martin	16
Myron Liptzin	17
Eleanor Lamb	20
Glenda J. Gleckner	21
Peter Page	25
Bette Israel	26
Charlotte Cooney	27
Dorothy Lavine	28
Robert Rechholtz	29

We apologize to anyone whose birthday may have been omitted or is incorrect. If you would like to be included or removed from the birthday list please contact Sheila Kiliru at 919-537-0126.

## Great Get-Aways

- ❖ Beaufort, Parris Island and St. Helena Island, SC  
March 17-20, 2020
- ❖ Callaway Gardens—Pine Mountain, GA  
March 31-April 3, 2020
- ❖ Music in the Mountains—Flat Rock Playhouse and Brevard Music Festival Concert  
August 1-3, 2020

Printed packets for these trips are located in the Cedars Clubhouse flyer holder next to the lower level elevator. Contact Steve Tuten at 919-471-6137 for trip details and pricing.

# Let's Celebrate

## Midnight Movie Madness

*A Fish Called Wanda*  
Monday, March 2, 7:30pm Ballroom

Please join us for our next Midnight Movie, Cedars style. "A tale of murder, lust, greed, revenge and seafood." *A Fish Called Wanda* is a side-splittingly funny 1988 heist comedy with a wicked edge. It stars John Cleese, Jamie Lee Curtis and Michael Palin, with an Academy Award-winning performance by Kevin Klein. It's about a gang of criminals who team up to commit a diamond robbery in London, then double-cross each other for the loot. One critic said of *Wanda*, "If you see it and don't laugh, check your pulse."



## Gregory Taff, Vocals and Piano

Friday, March 6, 3pm Ballroom

Gregory Taff, son of Louis and Carolyn Taff, has performed in Eastern and Western Europe, Scandinavia, the Bahamas, and the U.S. You'll hear his smooth melodic vocals and rich piano harmonies. Some of the songs will be new to you, while others will be familiar favorites. He is looking forward to playing for his favorite audience!

## Yale Out of the Blue A Cappella

Thursday, March 19, 7:30pm Ballroom



Out of the Blue is Yale University's award-winning contemporary a cappella group, known for its tight vocals and electric performance style. Founded in 1986 by a group of eight students determined to create a new brand of "Yale a cappella," Out of the Blue has evolved into Yale's most dynamic vocal group,

entertaining audiences near and far with an eclectic repertoire of current and classic pop, rock, R&B, jazz, and dubstep.

## Robert Griffin—Jazz Pianist

Thursdays, March 12 & 26,  
5pm Dining Lobby



## Richard Tazewell—Pianist

Friday, March 27, 5pm  
Dining Lobby

## Lenore Raphael, Jazz Pianist and Steve Hobbs, Vibraphonist

Friday, March 20, 3pm Ballroom

Internationally renowned Steinway artist jazz pianist Lenore Raphael joins musical forces with Steve Hobbs for an exciting performance featuring the music of the great American composers Gershwin, Porter, and Rogers and Hart. Lenore has recorded 12 critically acclaimed CDs. Some of her recordings have reached Top 10 airplay and her 2006 recording "Invitation" and 2012 recording "Lovely" were up for Grammy nominations. Steve Hobbs, a virtuoso vibraphonist, has taught master classes at Duke University, Yale University, Cincinnati Conservatory, and many more. **Wine and appetizers will be served in a jazz club setting.**



## Popcorn and a Movie

### *A Beautiful Day in the Neighborhood*

Monday, March 23, 2pm Ballroom

Two-time Oscar®-winner Tom Hanks portrays Mister Rogers in *A Beautiful Day in the Neighborhood*, a timely story of kindness triumphing

over cynicism, based on the true story of a real-life friendship between Fred Rogers and journalist Tom Junod. After a jaded magazine writer (Emmy winner Matthew Rhys) is assigned a profile of Fred Rogers, he overcomes his skepticism, learning about empathy, kindness, and decency from America's most beloved neighbor. (2019)

## Sudoku Puzzle

Enter digits from 1 to 9 into the blank spaces. Every row must contain one of each digit. So must every column, as must every 3x3 square.

Puzzle rating: Medium

		8	9		3	1		
1		7		4			8	
	4					5	2	
	1				7			
8	7			3			1	5
			2				9	
	9	4					6	
	3			9		2		8
		6	7		5	9		

Puzzle by websudoku.com

## ANNOUNCEMENTS

### Jewelry Repair with Eva Mogenson

Friday, March 13, 1-2pm Art Studio

### Cynthia's Taylor Shop Services

Wednesdays, 9-9:30am Art Studio

Cynthia Lennon provides quality and affordable alterations.

### Rehab Service Wellness/ Fitness Fair

with the Rehab Staff

Thursday, March 19, 2-4pm Ballroom

### Walk with a Doc

Saturday, March 21, 10am, UNC Wellness Center at Meadowmont

Gather at the UNC Wellness Center to take a 1-mile walk around the trails or, if raining, around the indoor track. A doctor from the Thurston Arthritis Research Center will give a brief talk on a health related topic before joining walkers to answer questions about their health. For more information contact Kirsten Ambrose at 919-966-7209.

### Living with Loss: Grief Support with Mitzi Quint

Monday, March 23, 1pm Classroom

### Chapel Hill Garden Tour

April 25 & 26, 2020

New this year, The Cedars bus will take you to several gardens! Garden tour



tickets will be sold April 3 & 4, 4-6pm in the Upstairs Lobby. Tickets for The Cedars bus and tour on Saturday, April 25 are \$30. For more information contact Sue Tiedeman at [sztiedeman@gmail.com](mailto:sztiedeman@gmail.com).

# March 2020

## CALENDAR KEY

 sign-up required  
**B** Ballroom  
**BR** Billiards Room  
**CL** Classroom  
**CR** Cardroom



**DL** Dining Lobby  
**DR** Dining Room  
**ER** Exercise Room  
**GL** Great Lawn  
**L** Library

**LB** Lobby  
**MR** Magnolia Room  
**P** Pool  
**PD** Private Dining  
**S** Studio

### 3/1 Sunday

3pm & 7:45pm Cedars Cinema CHANNEL 24



### 3/2 Monday

8am Art Open Studio **S**  
8:45am Water Exercise **P**  
9am Library Workday **L**  
9:45am Water Exercise **P**  
10:30am Knit & Stitch **CR**  
11am Cardio and Core **B**  
11:30am Aquatic Therapy **P**    
1pm Poker **CR**  
1:30pm Play Reading Group **CL**  
7:30pm Midnight Movie Madness—*A Fish Called Wanda* **B**



### 3/3 Tuesday

*Election Day*





8:45am Bones, Brains and Balance **B**  
9:45am Sit and Be Fit **B**  
11:30am Aquatic Therapy **P**    
1pm Golf Croquet **GL**  
2pm *Presidential Politics with Walter Mears* **B**  
4:30pm Line Dancing **B**  
7:45pm Cedars Cinema CHANNEL 24

### 3/4 Wednesday



8:45am Water Exercise **P**  
9am Ping Pong **B**  
9:45am Water Exercise **P**  
11am Balance Challenge **B**  
11:30am Balance Basics **B**  
11:30am Aquatic Therapy **P**    
12:45pm Duplicate Bridge **CR**  
7:45pm Cedars Cinema CHANNEL 24

### 3/5 Thursday

8am Art Open Studio **S**  
8:45am Bones, Brains and Balance **B**  
9:45am Sit and Be Fit **B**  
11am Cedars University **B**  
11:30am Aquatic Therapy **P**    
1pm Bocce **GL**

4pm Scrabble **CR**

### 3/6 Friday


8:45am Water Exercise **P**  
9am Ping Pong **B**  
9:45am Water Exercise **P**  
11am Pilates Strength and Stretch Class **B**  
11:30am Aquatic Therapy **P**    
1pm Party Bridge **CR**  
3pm *Gregory Taff, Vocals and Piano* **B**  
4:30pm Happy Hour **BAR**  
7:45pm Cedars Cinema CHANNEL 24

### 3/7 Saturday

9am Ping Pong **B**  
9am Cribbage **CL**  
11am Accessing UNC Libraries **L**  
3pm & 7:45pm Cedars Cinema CHANNEL 24


### 3/8 Sunday

*Daylight Saving Time Begins*



1:30pm *PlayMakers* **LB**   
3pm Classical Concert Series **B**   
3pm & 7:45pm Cedars Cinema CHANNEL 24



### 3/9 Monday



8am Art Open Studio **S**  
8:45am Water Exercise **P**  
9am Ping Pong **B**  
9am Library Workday **L**  
9:45am Water Exercise **P**  
10:30am Knit & Stitch **CR**  
11:30am Tai Chi **B**  
11:30am Aquatic Therapy **P**    
1pm Poker **CR**  
2pm Great Books **CL**  
5pm *Brain Matters/Chelsea Theater* **LB** 

### 3/10 Tuesday

8:45am Bones, Brains and Balance **B**  
9:45am Sit and Be Fit **B**  
11:30am Aquatic Therapy **P**    
1pm Golf Croquet **GL**  
2pm Mah Jongg **CR**

7:45pm Cedars Cinema CHANNEL 24


### 3/11 Wednesday

8:45am Water Exercise **P**  
9am Ping Pong **B**  
9:45am Water Exercise **P**  
11am Balance Challenge **B**  
11:30am Balance Basics **B**  
11:30am Aquatic Therapy **P**    
12:45pm Duplicate Bridge **CR**  
7:45pm Cedars Cinema CHANNEL 24



### 3/12 Thursday

8am Art Open Studio **S**  
8:45am Bones, Brains and Balance **B**  
9:45am Sit and Be Fit **B**  
11am Cedars University **B**  
11:30am Aquatic Therapy **P**    
1pm Bocce **GL**  
2pm *Let's Talk Cinema—Once Upon a Time in Hollywood* **B**  
4pm Scrabble **CR**  
5pm *Robert Griffin—Jazz Pianist* **DL**

### 3/13 Friday

8:45am Water Exercise **P**  
9am Ping Pong **B**  
9:45am Water Exercise **P**  
11am TGIF Class **B**  
11:30am Aquatic Therapy **P**    
1pm Jewelry Repair **S**  
4:30pm Happy Hour **BAR**  
7:45pm Cedars Cinema CHANNEL 24

### 3/14 Saturday

9am Ping Pong **B**  
9am Cribbage **CL**  
12:15 *The Met Opera* **LB**   
1pm *Carolina Ballet* **LB**   
3pm & 7:45pm Cedars Cinema CHANNEL 24

### 3/15 Sunday

3pm *van Gogh's Letters Concert with Gustavo S. Montana, Dr. Sue T. Klausmeyer and Michael Boley* **B**  
3pm & 7:45pm Cedars Cinema CHANNEL 24

### 3/16 Monday

8am Art Open Studio **S**  
8:45am Water Exercise **P**  
9am Ping Pong **B**  
9am Library Workday **L**

9:45am Water Exercise **P**  
10:30am Knit & Stitch **CR**  
11am Cardio and Core **B**  
11:30am Tai Chi **B**  
11:30am Aquatic Therapy **P** 📖 ♣️  
1pm Poker **CR**  
1:30pm Play Reading Group **CL**  
3pm *Play It Again Sam with Stan Friedland* **B**

### 3/17 Tuesday

8:45am Bones, Brains and Balance **B**  
9:45am Sit and Be Fit **B**  
11:30am Aquatic Therapy **P** 📖 ♣️  
1pm Golf Croquet **GL**  
2pm Mah Jongg **CR**  
4:30pm Line Dancing **B**  
6:30pm *Great Decisions Lecture/UNC* **LB** 📖  
7:45pm Cedars Cinema **CHANNEL 24**

### 3/18 Wednesday

8:45am Water Exercise **P**  
9am Ping Pong **B**  
9:45am Water Exercise **P**  
11am Balance Challenge **B**  
11:30am Balance Basics **B**  
11:30am Aquatic Therapy **P** 📖 ♣️  
12:45pm Duplicate Bridge **CR**  
7:45pm Cedars Cinema **CHANNEL 24**

### 3/19 Thursday

8am Art Open Studio **S**  
8:45am Bones, Brains and Balance **B**  
9:45am Sit and Be Fit **B**  
11am Cedars University **B**  
11:30am Aquatic Therapy **P** 📖 ♣️  
1pm Bocce **GL**  
2pm *Rehab Lecture* **B**  
4pm Scrabble **CR**  
7:30pm *Yale Out of the Blue A Cappella* **B**

### 3/20 Friday

8:45am Water Exercise **P**  
9:45am Water Exercise **P**  
10am *Great Decisions Discussion* **CR** 📖  
10:30pm Shadowboxing Class **B**  
11:30am Aquatic Therapy **P** 📖 ♣️  
1pm Party Bridge **CR**  
3pm *Lenore Raphael, Jazz Pianist and Steve Hobbs, Vibraphonist* **B**  
4:30pm Happy Hour **BAR**  
7:45pm Cedars Cinema **CHANNEL 24**

### 3/21 Saturday

9am Ping Pong **B**  
9am Cribbage **CL**  
11am Accessing UNC Libraries **L**  
3pm & 7:45pm Cedars Cinema **CHANNEL 24**

### 3/22 Sunday

2pm *Chamber Orchestra* **LB** 📖  
3pm & 7:45pm Cedars Cinema **CHANNEL 24**

### 3/23 Monday

8am Art Open Studio **S**  
8:45am Water Exercise **P**  
9am Ping Pong **B**  
9am Library Workday **L**  
9:45am Water Exercise **P**  
10:30am Knit & Stitch **CR**  
11am Cardio and Core **B**  
11:30am Tai Chi **B**  
11:30am Aquatic Therapy **P** 📖 ♣️  
1pm Poker **CR**  
1pm *Grief Support with Mitzi Quint* **CL**  
2pm *Popcorn and a Movie—A Beautiful Day in the Neighborhood* **B**

### 3/24 Tuesday

8:45am Bones, Brains and Balance **B**  
9:45am Sit and Be Fit **B**  
11:30am Aquatic Therapy **P** 📖 ♣️  
1pm Golf Croquet **GL**  
2pm Mah Jongg **CR**  
6:30pm *Great Decisions Lecture/UNC* **LB** 📖  
7:45pm Cedars Cinema **CHANNEL 24**

### 3/25 Wednesday

8:45am Water Exercise **P**  
9am Ping Pong **B**  
9:45am Water Exercise **P**  
11am Balance Challenge **B**  
11:30am Balance Basics **B**  
11:30am Aquatic Therapy **P** 📖 ♣️  
12:45pm Duplicate Bridge **CR**  
1:30pm *Kusama and Toriavase/Ackland* **LB** 📖  
7:45pm Cedars Cinema **CHANNEL 24**

### 3/26 Thursday

8am Art Open Studio **S**  
8:45am Bones, Brains and Balance **B**  
9:45am Sit and Be Fit **B**  
11am Cedars University **B**  
11:30am Aquatic Therapy **P** 📖 ♣️

1pm Bocce **GL**  
2pm Members Meeting **B**  
4pm Scrabble **CR**  
5pm *Robert Griffin—Jazz Pianist* **DL**

### 3/27 Friday

8:45am Water Exercise **P**  
9am Ping Pong **B**  
9:45am Water Exercise **P**  
10am *Great Decisions Discussion* **CR** 📖  
11am Pilates Strength and Stretch Class **B**  
11:30am Aquatic Therapy **P** 📖 ♣️  
4:30pm Happy Hour **BAR**  
5pm *Richard Tazewell—Pianist* **DL**  
7:45pm Cedars Cinema **CHANNEL 24**

### 3/28 Saturday

9am Ping Pong **B**  
9am Cribbage **CL**  
12pm *American Ballet Theatre Giselle* **LB** 📖  
3pm & 7:45pm Cedars Cinema **CHANNEL 24**

### 3/29 Sunday

3pm & 7:45pm Cedars Cinema **CHANNEL 24**  
3pm Classical Concert Series **B** 📖  
6:45pm *NC Symphony at UNC* **LB** 📖

### 3/30 Monday

8am Art Open Studio **S**  
8:45am Water Exercise **P**  
9am Ping Pong **B**  
9am Library Workday **L**  
9:45am Water Exercise **P**  
10:30am Knit & Stitch **CR**  
11am Cardio and Core **B**  
11:30am Tai Chi **B**  
11:30am Aquatic Therapy **P** 📖 ♣️  
1pm Poker **CR**  
3pm *Scambusters/BBB Eastern NC* **B**

### 3/31 Tuesday

8:45am Bones, Brains and Balance **B**  
9:45am Sit and Be Fit **B**  
11:30am Aquatic Therapy **P** 📖 ♣️  
1pm Golf Croquet **GL**  
2pm Mah Jongg **CR**  
3pm *Impact of North Carolina Activists with Lou Zeller and Robert Epting* **B**  
6:30pm *Great Decisions Lecture/UNC* **LB** 📖  
7:45pm Cedars Cinema **CHANNEL 24**

♣️ Pool closed weekdays 11:30–2:00 for Aquatic Therapy



## Great Presidents

*Taught by Professor Allan J. Lichtman, Ph.D., American University*

Thursdays through June 11, 11am Ballroom

The formal constitutional authority of the president has changed only modestly since 1787. But presidential practice, congressional legislation, and judicial interpretations have altered the powers and role of the presidency enormously.

However, it is also important to understand, Professor Lichtman stresses, that there have been new restrictions and new limitations on the exercise of presidential power. Thus the presidency is still changing even while remaining one of the pillars of the American Republic.

Perhaps as a schoolchild you had the misfortune to learn of the presidents as boring, godlike figures in a dry textbook. Now you can see at last the human beings who deserve their mantles of greatness, through narratives as compelling as an historical novel.

## LEARNING OPPORTUNITIES

### Presidential Politics and Impeachment

*with Walter Mears*

Tuesday, March 3, 2pm Ballroom

Walter Mears reported on government and national politics for The Associated Press for more than 45 years. He reported on the House, the Senate and the White House. Presidential politics was his specialty. He covered 11 presidential campaigns between 1960 and 2000, winning the Pulitzer Prize for national reporting for his coverage of the 1976 campaign. This Cedars Member will speak about his career and experience, comparing that to the current situation in Washington.



### Let's Talk Cinema—*Once Upon a Time in Hollywood*

*Discussion led by Linda Luftig*

Thursday, March 12, 2pm Ballroom

Nominated for ten Academy Awards, the film is about Rick Dalton, a faded Hollywood star and his stunt double, Cliff Booth. Their relationship is at the core of this movie; they are both struggling in a Hollywood that finds them irrelevant. It's 1969, during the final years of Hollywood's Golden Age. *Once Upon a Time* is Tarrantino's nostalgic, fairy-tale of a film about Hollywood in that era: the movies, the television, the vintage cars and the famous restaurants, with the Manson Gang and Sharon Tate

thrown in for good measure. Written and directed by Quentin Tarrantino. Starring Leonardo di Caprio, Brad Pitt and Margot Robbie. (2019) 2 hours and 40 minutes.

### Vincent van Gogh's Letters: A Concert of Songs

*with Gustavo S. Montana, Dr. Sue T. Klausmeyer and Michael Boley*  
Sunday, March 15, 3pm Ballroom

Vincent van Gogh is a truly admired artist who used color creatively and with passion. His painting strokes and composition were spontaneous and unique. He was a self-taught artist who, in a period of ten years and under the most adverse personal and artistic circumstances, created and bequeathed to the world an extraordinary and immense art legacy. The paintings range from simple pencil sketches to watercolors and master oil paintings. His paintings convey messages of untold beauty and emotion. He is one of the great painters of all times.

Vincent was a prolific and insightful letter writer. He had a special lifelong relationship and correspondence with his brother Theo that began at an early age and lasted until his death. Theo supported Vincent emotionally, professionally and financially during his life as an artist. Vincent's letters attest to his character, his compassion and understanding of others and the failures, disappointments and struggles he endured throughout life.

Six songs composed by Dr. Sue T. Klausmeyer, inspired by a letter Vincent wrote to Theo in 1880 while in Cuesmes, the Borinage region of Belgium, will be sung by Michael Boley.



## Play It Again Sam

with Stan Friedland

Monday, March 16, 3pm Ballroom

How did basketball become America's most popular indoor sport? And when? And who?

Stan Friedland's book, *Play It Again Sam*, is smack on this topic, and it also was made into a documentary film! Stan will speak about his book AND show the film. It's a guaranteed WIN!



## Scambusters®

Presented by Better Business Bureau of Eastern North Carolina

Monday, March 30, 3pm Ballroom

Scambusters® is a unique presentation developed by BBB of Eastern NC to teach groups how to recognize and avoid scams. According to CNBC, over 15 million people were scammed in 2016, losing more than \$16 billion. Other estimates have the losses as high as \$50 billion. There is no doubt that scams are a major problem. Scambusters® is both educational and entertaining, using a game format to convey its important messages.

## The Pivotal Impact of North Carolina Activists on Nuclear Power and Nuclear Waste Policy in the United States

with Lou Zeller and Robert Epting  
Tuesday, March 31, 3pm Ballroom

This talk features Robert Epting, who represented the Coalition for Alternatives to Shearon Harris in their legal fight, and Louis Zeller, a community organizer for Blue Ridge Environmental Defense League who worked in many communities opposing nuclear dumps. The Coalition for Alternatives to Shearon Harris (CASH) was an organization founded in 1986, in the aftermath of the Chernobyl disaster, to oppose the opening of Carolina Power and Light Company's Shearon Harris Nuclear Power Plant in Wake County. The work of CASH succeeded in preventing three of the four proposed nuclear reactors. The Blue Ridge Environmental Defense League (BREDL) was founded in 1984 by mountain people who opposed the creation of sacrifice zones for radioactive waste, first in the Southern Appalachians and eventually nationwide. As a result, Congress altered the law and abandoned all the proposed eastern dumpsites. Today BREDL has projects in NC and five other states.



## Kudos to...

- ☞ Carol Stamm for being our docent for the Kusama and Toriawase exhibit at the Ackland
- ☞ Peggy Cooper for all she does for us at the Welcome Desk each week
- ☞ The Midnight Movie Madness committee for *A Fish Called Wanda*
- ☞ Walter Mears for his presentation *Presidential Politics and Impeachment*
- ☞ Stan Friedland for *Play It Again Sam*
- ☞ Linda Luftig for Let's Talk Cinema
- ☞ Gus Montana for Vincent van Gogh's Letters: A Concert of Songs with Dr. Sue T. Klausmeyer and Michael Boley



Mark your calendars for two exciting concerts in March. On **Sunday, March 8**, we will hear the new-to-us **Cello Forum**, playing music originally composed for four cellos, along with their own arrangements of classics. On **Sunday, March 29**, we will welcome the popular **Chanterelle Trio** (Nicholas DiEugenio, violin; Hannah Collins, cello; and Mimi Solomon, piano) back to our stage. You won't want to miss either of these concerts. Subscribers, don't forget your blue pass. Ballroom doors open at 2:30pm for both concerts. Questions? Contact Connie Eby at [cteby@mindspring.com](mailto:cteby@mindspring.com) or 919-259-7808. **Please note that specially-priced subscriptions are available for the last three concerts in this year's series.** Call Connie Eby for additional information.



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**CEDARS** *Cinema*  
 • • • • •

Tuesdays, Wednesdays, Fridays & Saturdays, 7:45pm Channel 24  
 Saturday and Sunday Matinees, 3pm Channel 24

***Ford v Ferrari***

Tuesday, March 3 & Saturday, March 7, 7:45pm  
 Sunday, March 8, 3pm · PG-13  
 Fed up with Ferrari's domination of the Le Mans race, Henry Ford II works to build a car that can defeat the Italians. Starring Christian Bale and Matt Damon. (2019)

***Frida***

Wednesday, March 4 & Friday, March 6, 7:45pm  
 Saturday, March 7, 3pm · R  
 Biopic of painter Frida Kahlo, focusing on her relationship with husband Diego Rivera and her controversial political and sexual reputation (she was a communist and openly bisexual). Starring Salma Hayek and Alfred Molina. (2002)

***Spy Game***

Tuesday, March 10 & Saturday, March 14, 7:45pm  
 Sunday, March 15, 3pm · R  
 On the verge of retiring from the CIA, Nathan Muir takes on the most dangerous mission of his career when he learns that his close friend is a political prisoner sentenced to die in China. Starring Robert Redford and Bradd Pitt. (2001)

***Pain and Glory***

Wednesday, March 11 & Friday, March 13, 7:45pm  
 Saturday, March 14, 3pm · R  
 This drama centers on filmmaker Salvador Mallo, looking to recapture the creative spirit. As he surveys his life, Salvador is haunted by memories of his first love. Starring Antonio Banderas and Leonardo Sbaraglia. (2019)

***Joker***

Tuesday, March 17 & Saturday, March 21, 7:45pm  
 Sunday, March 22, 3pm · R  
 This origin story of DC Comics' archvillain chronicles the tale of a stand-up comedian whose failure drives him to criminal madness. Starring Joaquin Phoenix and Robert De Niro. (2019)

***True Lies***

Wednesday, March 18 & Friday, March 20, 7:45pm  
 Saturday, March 21, 3pm · R  
 Harry Tasker (Arnold Schwarzenegger) is a top spy, but his wife (Jamie Lee Curtis) thinks he's a computer salesman. When Harry's identities collide, they fight to save their marriage and their lives. (1994)

***Parasite***

Tuesday, March 24 & Saturday, March 28, 7:45pm  
 Sunday, March 29, 3pm · R  
 The Park family, the picture of aspirational wealth and the Kim family, rich in street smarts but not much else are brought together and the Kims sense a golden opportunity. Soon, a symbiotic relationship forms between the two families. (2019)

***Knives Out***

Wednesday, March 25 & Friday, March 27, 7:45pm  
 Saturday, March 28, 3pm · PG-13  
 When crime novelist Harlan Thrombey is found dead, Detective Benoit Blanc investigates, sifting through a web of red herrings to uncover the truth. Starring Daniel Craig, Jamie Lee Curtis and Christopher Plummer. (2019)

***Downton Abbey***

Tuesday, March 31 & Saturday, April 4, 7:45pm  
 Sunday, April 5, 3pm · PG  
 The Crawleys and their staff prepare for a royal visit from the King and Queen of England. Starring Hugh Bonneville and Jim Carter. (2019).

***Jojo Rabbit***

Wednesday, April 1 & Friday, April 3, 7:45pm  
 Saturday, April 4, 3pm · PG-13  
 A lonely German boy has his world view turned upside down when he discovers his single mother is hiding a young Jewish girl in their attic. In spite of his idiotic imaginary friend, Adolf Hitler, Jojo confronts his blind nationalism. (2019)

## Regular Group Activities

location key B=Ballroom BR=Billiards  
Room BS=Bird Sanctuary CR=Cardroom  
CL=Classroom DL=Dining Lobby  
ER=Exercise Room FV-DR=Fountain  
View Dining Room GL=Great Lawn  
L=Library LB=Lobby MR=Magnolia Room  
P=Pool PD=Private Dining Room S=Studio

### Balance Basics

Wed 11:30 **B**

Julie Hardison 919-259-7922

### Balance Challenge

Wed 11:00 **B**

Julie Hardison 919-259-7922

### Ballroom Dance Group

1st & 3rd Tue 5:30 **B**

Betty White 919-967-4064

### Bocce

Thu 1:00 **GL**

Ellen Herron 252-646-2930

### Bones, Brains and Balance

Tue Thur 8:45 **B**

Julie Hardison 919-259-7922

### Cardio and Core

Mon 11:00 **B**

Julie Hardison 919-259-7922

### Canasta

Fri 3:00 **CR**

Sally Sullivan 919-489-6446

### Caregivers Support Group

1st Wed 2:30 **PD**

### Cribbage

Sat 9:00 **CL**

Malcolm Jackson 919-951-7626

### Duplicate Bridge

Wed 12:45 **CR**

Betty White 919-967-4064

Ginny Page 919-259-7119

### Garden Plots

Duane Bartholomew 808-395-3317

### Gin Rummy

Thu 1:00 **CR**

Jim Allen 919-259-7599

### Golf Croquet

Tue 1:00 **GL**

Rhonda Innes

919-259-7150

### Great Books Club

2nd Mon 2:00 **CL**

### Happy Hour

Fri 4:30 **Bar**

### Interdenominational Service

Sun 11:00 **B**

Nancy Cobey 919-259-7048

### Knit & Stitch

Mon 10:30 **CR**

Margaret Rook 919-292-1497

### Library Workday

Mon 9:00 **L**

Nancy Lebo 919-259-7330

### Line Dancing

1st & 3rd Tue 4:30 **B**

Julie Hardison 919-259-7922

### Mah Jongg

Tue 2:00 **CR**

Sarah Kittner 919-969-6822

### Mexican Train Dominos

Fri 1:00 **FV-DR**

Sally Sullivan 919-489-6446

### Party Bridge

1st, 3rd & 5th Fri 1:00 **CR**

### Pickelball

Thu (Ephesus Park)

Stan Friedland 919-259-7089

### Ping Pong

Mon, Wed, Fri, Sat 9:00 **B**

Stan Friedland 919-259-7089

### Play Reading Group

1st & 3rd Mon 1:30 **CL**

Sue Bielawski 919-933-4428

### Poker

Mon 1:00 **CR**

### Scrabble

Thu 4:00 **CR**

Esther Lederman 919-259-7778

### Sit and Be Fit

Tue Thu 9:45 **B**

Julie Hardison 919-259-7922

### Tai Chi

Mon 11:30 **B**

Julie Hardison 919-259-7922

### Tech Support Group

Mon-Fri 8:00-4:30

Call Concierge: 919-259-7937

### The Open Door Bible Group

Wed 9:30 & 10:45 **CR**

Julie Allen 919-606-2581

### Water Exercise

Mon Wed Fri 8:45 & 9:45 **P**

Julie Hardison 919-259-7922

### Water Walkers

Mon Wed Fri 10:30 **P**

Julie Hardison 919-259-7922

## Get Involved

### Accessing UNC Libraries

Saturdays, March 7 & 21, 11am Library

Want to borrow books from UNC Libraries? Contact Nancy Lebo with questions at 919-259-7330.

### Great Books

Monday, March 9, 2pm Classroom

*If You Sing Like That for Me*  
by Akhil Sharma



### Member Technology Support Group

A few technically inclined Members have volunteered to help residents with lightweight technical support for troubles with computers, printers, cell phones, tablets, TVs and their controls, other home electronics (Alexa, Google, stereos, etc.) and other small electronics. They can help with computer software such as Word, Excel, and Adobe Reader, and with Internet and browsers: Chrome, Firefox, Edge, Safari, Internet Explorer, Channel 24. Call the Cedars Concierge, 919-259-7937, Monday thru Friday, 8am-4:30pm with a brief description of the problem. A Technology Support Group member will contact you.

### Channel 24 Replays Schedule

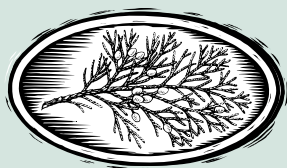
- ☞ Mondays 10am, exercise program; 12:30pm, recent lectures
- ☞ Tuesdays 10am, exercise program
- ☞ Wednesdays 10am, exercise program; 12:30pm, Members Meeting
- ☞ Thursdays 10am, exercise program
- ☞ Fridays 10am, exercise program



#### New Move Ins

Jerry and Sondra VanSant  
742 Cedar Club Circle

Joe and Carol Murphy  
419 Cedar Club Circle



In-House TV	CHANNEL 24
Reception .....	919-259-7000
Concierge .....	919-259-7937
Fax .....	919-259-7001
Spa & Salon .....	919-259-7940
Dining Reservations .....	919-259-7932
Work Orders .....	919-259-7918
Security .....	919-883-7666

Editor .....

Laura Booker  
919-259-7944

Graphic Designer .....

Debb Hepp  
919-260-4495

# CALENDAR *at a Glance*

<i>date</i>	<i>day</i>	<i>activity</i>	<i>time</i>	<i>location</i>
3/2	Monday	Midnight Movie Madness <i>A Fish Called Wanda</i>	7:30pm	Ballroom
3/3	Tuesday	<i>Presidential Politics and Impeachment</i> with Walter Mears	2pm	Ballroom
3/5	Thursday	Cedars University <i>Great Presidents</i>	11am	Ballroom
3/6	Friday	Gregory Taff, Vocals and Piano	3pm	Ballroom
3/8	Sunday	PlayMakers	1:30pm	Lobby
3/8	Sunday	2019/20 Classical Concert Series	3pm	Ballroom
3/9	Monday	<i>Brain Matters: Putting the First Years First</i> at The Chelsea Theater	5pm	Lobby
3/12	Thursday	Cedars University <i>Great Presidents</i>	11am	Ballroom
3/12	Thursday	Let's Talk Cinema <i>Once Upon a Time in Hollywood</i>	2pm	Ballroom
3/12	Thursday	Robert Griffin—Jazz Pianist	5pm	Dining Lobby
3/14	Saturday	The Metropolitan Opera <i>Der Fliegende Holländer</i>	12:15pm	Lobby
3/14	Saturday	Carolina Ballet	1pm	Lobby
3/15	Sunday	<i>Vincent van Gogh's Letters: A Concert of Songs</i> with Gustavo S. Montana, Dr. Sue T. Klausmeyer and Michael Boley	3pm	Ballroom
3/16	Monday	<i>Play It Again Sam</i> with Stan Friedland	3pm	Ballroom
3/17	Tuesday	Great Decisions Lecture at UNC	6:30pm	Lobby
3/19	Thursday	Cedars University <i>Great Presidents</i>	11am	Ballroom
3/19	Thursday	Yale Out of the Blue A Cappella	7:30pm	Ballroom
3/20	Friday	Great Decisions Discussion	10:30am	Cardroom
3/20	Friday	Lenore Raphael, Jazz Pianist and Steve Hobbs, Vibraphonist	3pm	Ballroom
3/22	Sunday	Chamber Orchestra	2pm	Lobby
3/23	Monday	Popcorn and a Movie <i>A Beautiful Day in the Neighborhood</i>	2pm	Ballroom
3/24	Tuesday	Great Decisions Lecture at UNC	6:30pm	Lobby
3/25	Thursday	Kusama and Toriawase at the Ackland Art Museum	1:30pm	Lobby
3/26	Thursday	Cedars University <i>Great Presidents</i>	11am	Ballroom
3/26	Thursday	Members Meeting	2pm	Ballroom
3/26	Thursday	Robert Griffin—Jazz Pianist	5pm	Dining Lobby
3/27	Friday	Great Decisions Discussion	10:30am	Cardroom
3/27	Friday	Richard Tazewell—Pianist	5pm	Dining Lobby
3/28	Saturday	American Ballet Theatre Giselle at DPAC	12pm	Lobby
3/29	Sunday	2019/20 Classical Concert Series	3pm	Ballroom
3/29	Sunday	NC Symphony at UNC Memorial Hall	6:45pm	Lobby
3/30	Monday	<i>Scambusters®</i> Presented by Better Business Bureau of Eastern North Carolina	3pm	Ballroom
3/31	Tuesday	<i>The Pivotal Impact of North Carolina</i> <i>Activists on Nuclear Power and Nuclear Waste Policy in the United States</i> with Lou Zeller and Robert Epting	3pm	Ballroom
3/31	Tuesday	Great Decisions Lecture at UNC	6:30pm	Lobby