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The Cedars Post

Inside This Issue...

A breathtaking documentary adventure 2
Pandas 3D at IMAX Theater and Lunch at Irregardless Café in Raleigh

This trio infuses new life into past traditions, creating a distinctive sound 4
World Acousticana with David DiGiuseppe, Accordionist; Danny Gotham, Guitarist and Jim Roberts, Percussionist

DuBose Art Gallery: Opening Reception

Expressions of Art: A Collection by Cedars Employees
Friday, June 1, 3-4pm



The DuBose Art Gallery is excited to announce the grand opening of its next exhibition, *Expressions of Art*, featuring the artistic talents of our Cedars Employees. The collection features photography, acrylics, crochet, crafts, and more. Come meet the talented artists at the grand opening reception. Shuttle service will be provided to and from the event. **Refreshments will be served.**

The Cedars Post is a monthly publication of The Cedars of Chapel Hill Club, Inc. • 100 Cedar Club Circle Chapel Hill NC 27517 • 919-259-7000

Alpacas Here, Alpacas There

by Kathy Burk

On May 11th, 11 Cedars Members, in a bus driven by Jose and accompanied by Laura, set off into Chatham County to visit the M&M Alpaca Farm. We enjoyed a fine spring day with Carolina blue skies and wildflowers blooming along the road.



Photo by Nancy Sewall

M&M Alpaca Farm has 92 alpacas including one baby, two weeks old. About half the herd is female with female alpacas weighing 130-180 pounds and their babies born at 15-20 pounds. They look like creatures in a fairy tale, with flat backs, straight necks, long slender legs, big eyes, and a questioning expression. There were Huacaya alpacas with shorter soft furry coats and Suri alpacas with long shiny wavy locks. This distinction is important because the main product of alpacas in the United States is the fiber from their shearing. Unlike sheep's wool, alpaca fiber does not have lanolin. Alpacas can be white, grey, brown, or tan (called fawn), with many shades in each color category. One of the M&M males, Titan, is a champion in his color classification.

They live outside with shelter available and some barn space for animals that need to be kept inside. Males live on one side of the road and females on the other. Guard dogs (Anatolian Shepherds and Great Pyrenees) share the pastures to protect the alpacas from coyotes, people, and deer. Barn cats control the vermin. These cats seem to like visitors; one of them was very available to be petted.

Although they look cuddly, the male alpacas sometimes fight. They grow fighting teeth that have to be removed to prevent severe injuries. In the pasture, males are grouped by age except for Titan who apparently likes his privacy and is in a separate enclosure.

M&M alpacas are all registered with known bloodlines. When a baby alpaca (called a cria) is born, it is registered and its pedigree validated by DNA testing. Interesting fact: when alpacas mate the male makes a sound called orgling. The sound of the orgling causes the female to release her egg. No orgling, no little alpaca. Unfortunately some male alpacas cannot orgle. So...M&M has a CD of orgling that they play when needed; a sort of alpaca mood music.



It was a very pleasant trip, generating more interesting facts than I can get into this article. M&M is well-kept and clean, and there is a whole gift store full of alpaca products to purchase—most of them handmade.

MAKE IT TO THE BUS ON TIME

Please call Laura Booker at 919-259-7944 on regular business days if you have signed up but are unable to attend these events:

Shen Wei Dance Arts at DPAC

Saturday, June 16, 6pm Lobby

Dining Out! Squids

Monday, June 18, 5:15pm Lobby

Don't Dress for Dinner

At the Raleigh Little Theatre
Thursday, June 21, 6:45pm Lobby

Pandas 3D at IMAX Theater and Lunch at Irregardless Café in Raleigh

Friday, June 22, 10am Lobby

Cedar Creek Gallery

Tuesday, June 26, 1:30pm Lobby

Kudos to...

- ☞ Dr. Wendell Rosse for his presentation *The Affaire of the Necklace of the Queen*
- ☞ Peggy Cooper for all her help each week at the Welcome Desk
- ☞ Stan Friedland and Bobby Gersten for their presentation of *Bobby G.: A Life Worth Celebrating*
- ☞ Pat Beyle and Rich Hendel for another great lecture series featuring NC authors

Beyond the Cedars

Dining Out! Squids

Monday, June 18, 5:15pm Lobby

Squid's, located in Chapel Hill, is famous for the area's best fresh seafood and a warm inviting oyster bar. For over 20 years Squid's has served the very freshest wood-grilled fillets, live Maine lobster, lightly breaded fried seafood, and unique weekly specials including Monday night discounted lobster dinners. Sign up at the Concierge Desk beginning June 1, deadline June 14. Cost: \$4 for transportation. Bring money for food and drinks. Minimum 6 people. Maximum 14 people.

Pandas 3D at IMAX Theater and Lunch at Irregardless Café in Raleigh

Friday, June 22, 10am Lobby

Pandas are beloved around the world, and now they are coming to the big screen in the IMAX® original film *Pandas*, a breathtaking documentary. At Chengdu Panda Base in China, scientists are dedicated to protecting the species by breeding adult Giant Pandas in order to introduce cubs into the wild. This film follows one such researcher, whose passion leads her to initiate a new technique inspired by a black bear program in rural New Hampshire. What starts as a cross-culture collaboration becomes a life-changing journey for an American biologist who crosses an ocean to join her; a scientist from Inner Mongolia; and a very curious female cub named Qian Qian, born in captivity. After the film we'll have lunch at the Irregardless Café. Sign up at the Concierge Desk beginning June 1, deadline June 17. Cost: \$30 for lunch, movie and transportation. Minimum 6 people. Maximum 15 people.



Cedar Creek Gallery

Tuesday, June 26, 1:30pm Lobby



Cedar Creek Gallery, located in Creedmoor, turns 50 in June. Sid and Pat Oakley started Cedar Creek Pottery and Gallery in 1968 on what used to be an old tobacco field. The Gallery has grown from one building into over ten since then. They are proud to offer the works of over 200 of America's most accomplished craftspeople.

Many of them have works in the permanent collections of the Smithsonian, The Corning Museum, The Mint Museum, and The Chrysler Museum. Sign up at the Concierge Desk beginning June 1, deadline June 24. Cost: \$7 for transportation. Bring money for shopping. Minimum 6 people. Maximum 20 people.



DERBY DAY HAT WINNERS



1st Place Shirley Emerson (above)



2nd Place Weslyn Strickland (left)



3rd Place Phyllis Hunter (right)



Trip to the NC Zoo

Sudoku Puzzle

Enter digits from 1 to 9 into the blank spaces. Every row must contain one of each digit. So must every column, as must every 3x3 square.

Puzzle rating: Easy

9		7		3	8			
2		8				9	3	4
	1	3					6	
	2	6	9					
7		5		4		6		1
					2	7	9	
	7					1	5	
1	5	2				3		6
			3	5		4		2

Puzzle by websudoku.com



from Carolyn Taff

So much happening, so close by!
If you want to give or get a ride, use the bulletin board outside classroom.

AMERICAN DANCE FESTIVAL

Reynolds Theater, Duke

Dayton Contemporary Dance Company, Thurs., 6/14, 7pm, Fri. 5/15, 8pm

ADF Alumni Return, Sat., 6/23, 7pm, Sun. 6/24, 2pm

Ronald K. Brown/Evidence
Thurs., 6/28, Fri. 6/29, 8pm

Durham Performing Arts Center

Pilobolus, Thurs. 6/21, Fri. 6/22, 8pm

Paul Taylor Dance Company
Tues. 6/26, Wed. 6/27, 8pm

ArtsCenter, Carrboro

Karla Bonoff, singer/songwriter from way back, Wed., 6/6, 8pm

Flyleaf Books, Chapel Hill

Boardinghouse Reach: Lost Stories of Southern Food & Powerful Women, Wed. 6/20, 5:30pm

Hemingway/Salinger: The Trauma Artists, by psychiatrist Andy Farah, Wed. 6/27, 5:30pm

Music In The Gardens, Duke
Dori Freeman, Wed. 6/13, 7pm

Lydia Loveless, Wed. 6/20, 7pm

The Sadies, Wed. 6/27, 7pm

June Birthdays

Alyce Bennett	1
Dorothy Bolton	1
Faye Kalman	3
Margaret Rook	4
Newland Oldham	5
Wendell Rosse	5
Malcolm Jackson	6
Gwen Clare	6
Martha Oxenfeldt	7
Sue Tiedeman	9
William Thompson	11
Dorothy Kreissman	12
Carol Stamm	13
Virginia Ostrander	15
Robert Paterson	20
Robert Wiser	20
Thomas Christy	22
Sally Orcutt	23
Rod Heine	28
Rod James	30

We apologize to anyone whose birthday may have been omitted or is incorrect. If you would like to be included or removed from the birthday list please contact Sheila Kiliru at 919-537-0126.

Let's Celebrate

David DiGiuseppe, Accordionist, Danny Gotham, Guitarist and Jim Roberts, Percussionist — World Acousticana

Monday, June 11, 3pm Ballroom

Accordionist David DiGiuseppe, guitarist Danny Gotham and percussionist Jim Roberts present a high-energy blend of songs and instrumental pieces. Their repertoire draws from many sources, including old time and bluegrass sounds of the American South, Brazilian choros, flourishing Parisian musettes, and other world-music sources. Combining a mastery of their instruments with a passion for their playing, they bring to the stage a deep knowledge of their roots, a love for their art and a fire in their fingers. This trio infuses new life into past traditions, creating a distinctive sound that is relevant and captivating. **Refreshments will be served.**



Popcorn and a Movie—The Greatest Showman

Friday, June 29, 3pm Ballroom

Hugh Jackman leads an all-star cast in this bold and original musical filled with infectious showstopping performances that will bring you to your feet time and time again. Inspired by the story of P.T. Barnum (Jackman), the film follows the visionary who rose from nothing to create a mesmerizing spectacle. This inspirational film also stars Zac Efron, Michelle Williams, Rebecca Ferguson and Zendaya. (2017)



Robert Griffin—Jazz Pianist
Thursdays, June 7 & 21, 5pm Dining Lobby



Richard Tazewell—Pianist
Friday, June 15, 5pm Dining Lobby

CEDARS FITNESS

Dancing Benefits the Brain

For centuries, dance manuals and other writings have lauded the health benefits of dancing, usually as physical exercise. Current research proves further health benefits of dancing, such as stress reduction and increased serotonin level, with its sense of well-being. Most recently we've heard of another benefit: **dancing also increases cognitive acuity at all ages.**

The New England Journal of Medicine reported on a 21-year study of senior citizens, 75 and older, that measured mental acuity in aging by monitoring rates of dementia. The study wanted to see what physical or cognitive recreational activities influenced mental acuity. The findings showed that dancing frequently produced a 76% reduced risk of dementia, the greatest risk reduction of any activity studied, cognitive or physical.

What could cause these significant cognitive benefits? Participation in mentally engaging activities cause the brain's cerebral cortex and hippocampus, which are remarkably plastic, to rewire themselves and create new neural paths for retaining information. Dancing integrates several brain functions at once—kinesthetic, rational, musical and emotional—further increasing neural connectivity.

—Richard Powers, Stanford University Dance



Dancing at The Cedars

Dancing is a great way to socialize, and there are several options to enjoy here at The Cedars. Our instructor, Bruce Gillooly, has over 60 years of dance experience. All classes are held in the Ballroom, with no fees or sign-ups required.

Line Dancing ■ Tuesdays, 4:30pm Ballroom

Many musical genres are played and no partner is needed. Improve your memory and stamina while having a wonderful time.

Ballroom Dancing ■ 2nd and 4th Tuesdays, 5:30pm Ballroom

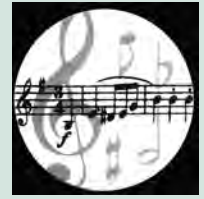
Learn the Waltz, Foxtrot, Tango, Samba, Shag, Lindy Hop, and more. In addition to these classes, this group practices their Ballroom skills on the first Monday of each month at the Pittsboro Roadhouse. Join them for fitness and fun!

Introduction to Tap Dancing Workshops ■ Fridays, June 8 & 15, 11am Ballroom

It's never too late to start tappin'! Bruce will introduce basic tap steps set to a variety of music. Learn dance sequences that will help with strength, balance, flexibility, and coordination. No experience necessary and everyone is welcome.

ANNOUNCEMENTS

2018/19 Classical Concert Series



Have you subscribed to the 2018-2019 Cedars Classical Concert Series? We promise another outstanding season and a real bargain. Where else can you hear seven performances by such talented musicians for less than \$15 per concert? AND, for those of you fortunate enough to have family nearby, you may bring guests 18 and under at no cost. Please complete and return your form to the "ballot box" located in the fireplace area of the Clubhouse Lobby. Your subscription will be billed to your Cedars account. Please call Connie Eby at 919-259-7808 or Babette Blaug at 919-967-5013 if you have questions.

Thanks to Rich Hendel for designing the 2018/19 Classical Concert Series cover sheet.


Young Artists Concert Series

*Presented by The Cedars
Classical Concert Series
Thursday, June 14, 7:30pm Ballroom*

We are pleased to announce that Akiko Yamazaki, pianist and teacher, will be featuring Bach, Beethoven, Chopin, and Auerbach in a free concert open to all Members. Doors open at 7pm. Questions? Call Kani Hurov at 919-933-5366.

June 2018



CALENDAR KEY

 sign-up required
B Ballroom
BR Billiards Room
CL Classroom
CR Cardroom

DL Dining Lobby
DR Dining Room
ER Exercise Room
GL Great Lawn
L Library

LB Lobby
MR Magnolia Room
P Pool
PD Private Dining
S Studio

6/1 Friday

8:45am Water Exercise **P**
9am Ping Pong **B**
9:45am Water Exercise **P**
11am TGIF Class **B**
11:30am Aquatic Therapy **P**  
1pm Party Bridge **CR**
4:30pm Happy Hour **Bar**
7:45pm Cedars Cinema **CHANNEL 24**




6/2 Saturday

9am Ping Pong **B**
9am Cribbage **CL**
11am Accessing UNC Libraries
3pm & 7:45pm Cedars Cinema **CHANNEL 24**


6/3 Sunday

3pm & 7:45pm Cedars Cinema **CHANNEL 24**

6/4 Monday



8am Art Open Studio **S**
8:45am Water Exercise **P**
9am Ping Pong **B**
9am Library Workday **L**
9:45am Water Exercise **P**
10am Stained Glass with Jennifer Austin
S 
10:30am Knit & Stitch **CR**
11am Cardio and Core **B**
11:30am Aquatic Therapy **P**  
11:30am Tai Chi **B**
1pm Poker **CR**
1:30pm Play Group **CL**
3pm NC Author Series with Margaret Maron **B**

6/5 Tuesday

8:45am Cardio and Core **B**
9am Golf Croquet **GL**
9:45am Sit and Be Fit **B**
11:30am Bible Study **MR**
11:30am Aquatic Therapy **P**  
2pm Mah Jongg **CR**

3pm Bobby G.: A Live Worth Celebrating with Stan Friedland **B**
7:45pm Cedars Cinema **CHANNEL 24**



6/6 Wednesday

8:45am Water Exercise **P**
9:45am Water Exercise **P**
11am Balance Challenge **B**
11:30am Balance Basics **B**
11:30am Aquatic Therapy **P**  
12:45pm Duplicate Bridge **CR**
7:45pm Cedars Cinema **CHANNEL 24**

6/7 Thursday

8am Art Open Studio **S**
8:45am Cardio and Core **B**
9am Bocce **GL**
9:45am Sit and Be Fit **B**
11am Cedars University **B**
11:30am Aquatic Therapy **P**  
3pm Current Event Discussion Group with Ken Zogry **B**
4pm Scrabble **CR**
5pm Robert Griffin—Jazz Pianist **DL**

6/8 Friday

8:45am Water Exercise **P**
9am Ping Pong **B**
9:45am Water Exercise **P**
11am Tap Class with Bruce **B**
11:30am Aquatic Therapy **P**  
1pm Jewelry Repair **S**
4:30pm Happy Hour **Bar**
7:45pm Cedars Cinema **CHANNEL 24**




6/9 Saturday

9am Ping Pong **B**
9am Cribbage **CL**
3pm & 7:45pm Cedars Cinema **CHANNEL 24**



6/10 Sunday

3pm & 7:45pm Cedars Cinema **CHANNEL 24**



6/11 Monday

8am Art Open Studio **S**
8:45am Water Exercise **P**
9am Ping Pong **B**
9am Library Workday **L**
9:45am Water Exercise **P**
10am Stained Glass with Jennifer Austin
S 
10:30am Knit & Stitch **CR**
11am Cardio and Core **B**
11:30am Tai Chi **B**
11:30am Aquatic Therapy **P**  
1pm Poker **CR**
2pm Great Books **CL**
3pm David DiGiuseppe, Accordionist, Danny Gotham, Guitarist and Jim Roberts, Percussionist—World Acousticana **B**



6/12 Tuesday

8:45am Cardio and Core **B**
9am Golf Croquet **GL**
9:45am Sit and Be Fit **B**
11:30am Bible Study **MR**
11:30am Aquatic Therapy **P**  
2pm Mah Jongg **CR**
4:30pm Line Dancing **B**
7:45pm Cedars Cinema **CHANNEL 24**

6/13 Wednesday

8:45am Water Exercise **P**
9am Ping Pong **B**
9:45am Water Exercise **P**
11am Balance Challenge **B**
11:30am Balance Basics **B**
11:30am Aquatic Therapy **P**  
12:45pm Duplicate Bridge **CR**
7:45pm Cedars Cinema **CHANNEL 24**

6/14 Thursday

8am Art Open Studio **S**
8:45am Cardio and Core **B**
9am Bocce **GL**
9:45am Sit and Be Fit **B**
11am Cedars University **B**
11:30am Aquatic Therapy **P**  
3pm Current Event Discussion Group with Ken Zogry **B**
4pm Scrabble **CR**
7:30pm Young Artist Series **B**

6/15 Friday

8:45am Water Exercise **P**

9am Ping Pong **B**
9:45am Water Exercise **P**
11am Tap Class with Bruce **B**
11:30am Aquatic Therapy **P** 📖 ♣️
1pm Party Bridge **CR**
2pm Rehab Lecture with Sandy Friday **B**
4:30pm Happy Hour **Bar**
5pm Richard Tazewell—Pianist **DL**
7:45pm Cedars Cinema **CHANNEL 24**

6/16 Saturday

9am Ping Pong **B**
9am Cribbage **CL**
11am Accessing UNC Libraries
3pm & 7:45pm Cedars Cinema **CHANNEL 24**

6/17 Sunday

Happy Father's Day!
3pm & 7:45pm Cedars
Cinema **CHANNEL 24**



6/18 Monday

8am Art Open Studio **S**
8:45am Water Exercise **P**
9am Ping Pong **B**
9am Library Workday **L**
9:45am Water Exercise **P**
10am Stained Glass with Jennifer Austin
S 📖
10:30am Knit & Stitch **CR**
11am Cardio and Core **B**
11:30am Aquatic Therapy **P** 📖 ♣️
11:30am Tai Chi **B**
1pm Poker **CR**
1:30pm Play Group **CL**
5:15pm Dining Out! Squids **DL** 📖

6/19 Tuesday

8:45am Cardio and Core **B**
9am Golf Croquet **GL**
9:45am Sit and Be Fit **B**
11:30am Bible Study **MR**
11:30am Aquatic Therapy **P** 📖 ♣️
2pm Mah Jongg **CR**
3pm *The Affaire of the Necklace of the Queen with Dr. Wendell Rosse* **B**
4:30pm Line Dancing **B**
7:45pm Cedars Cinema **CHANNEL 24**

6/20 Wednesday

8:45am Water Exercise **P**
9am Ping Pong **B**

9:45am Water Exercise **P**
11am Balance Challenge **B**
11:30am Balance Basics **B**
11:30am Aquatic Therapy **P** 📖 ♣️
12:45pm Duplicate Bridge **CR**
7:45pm Cedars Cinema **CHANNEL 24**

6/21 Thursday

8am Art Open Studio **S**
8:45am Cardio and Core **B**
9am Bocce **GL**
9:45am Sit and Be Fit **B**
11am Cedars University **B**
11:30am Aquatic Therapy **P** 📖 ♣️
3pm *Current Event Discussion Group with Ken Zogry* **B**
4pm Scrabble **CR**
5pm Robert Griffin—Jazz Pianist **DL**
6:45pm *Don't Dress for Dinner* **LB** 📖

6/22 Friday

8:45am Water Exercise **P**
9am Ping Pong **B**
9:45am Water Exercise **P**
10am *Pandas 3D IMAX Trip* **LB** 📖
11am Retro Dance **B**
11:30am Aquatic Therapy **P** 📖 ♣️
4:30pm Happy Hour **Bar**
7:45pm Cedars Cinema **CHANNEL 24**

6/23 Saturday

9am Ping Pong **B**
9am Cribbage **CL**
3pm & 7:45pm Cedars Cinema **CHANNEL 24**

6/24 Sunday

3pm & 7:45pm Cedars Cinema **CHANNEL 24**

6/25 Monday

8am Art Open Studio **S**
8:45am Water Exercise **P**
9am Ping Pong **B**
9am Library Workday **L**
9:45am Water Exercise **P**
10am *Stained Glass with Jennifer Austin* **S** 📖
10:30am Knit & Stitch **CR**
11am Cardio and Core **B**
11:30am Aquatic Therapy **P** 📖 ♣️
11:30am Tai Chi **B**
1pm Poker **CR**
2pm *Let's Talk Cinema—Harry and*

Snowman **B**

6/26 Tuesday

8:45am Cardio and Core **B**
9am Golf Croquet **GL**
9:45am Sit and Be Fit **B**
11:30am Bible Study **MR**
11:30am Aquatic Therapy **P** 📖 ♣️
1:30pm *Cedar Creek Gallery* **LB** 📖
2pm Mah Jongg **CR**
4:30pm Line Dancing **B**
7:45pm Cedars Cinema **CHANNEL 24**

6/27 Wednesday

8:45am Water Exercise **P**
9am Ping Pong **B**
9:45am Water Exercise **P**
11am Balance Challenge **B**
11:30am Balance Basics **B**
11:30am Aquatic Therapy **P** 📖 ♣️
12:45pm Duplicate Bridge **CR**
7:45pm Cedars Cinema **CHANNEL 24**

6/28 Thursday

8am Art Open Studio **S**
8:45am Cardio and Core **B**
9am Bocce **GL**
9:45am Sit and Be Fit **B**
11am Cedars University **B**
11:30am Aquatic Therapy **P** 📖 ♣️
3pm *Current Event Discussion Group with Ken Zogry* **B**
4pm Scrabble **CR**

6/29 Friday

8:45am Water Exercise **P**
9am Ping Pong **B**
9:45am Water Exercise **P**
11am TGIF Class **B**
11:30am Aquatic Therapy **P** 📖 ♣️
3pm *Popcorn and a Movie—The Greatest Showman* **B**
4:30pm Happy Hour **Bar**
7:45pm Cedars Cinema **CHANNEL 24**

6/30 Saturday

9am Ping Pong **B**
9am Cribbage **CL**
11am Accessing UNC Libraries
3pm & 7:45pm Cedars Cinema **CHANNEL 24**

♣️ Pool closed weekdays
11:30–2:00 for
Aquatic Therapy



Plant

**Science: An
Introduction to Botany**

*Taught by Professor Catherine
Kleier, Ph.D., Regis University*

Thursdays thru July 5, 11am Ballroom

These lectures invite us into the uniquely satisfying world of plants, and the joy of celebrating and learning from the secrets of living nature. As Dr. Kleier shares her depth of knowledge with contagious excitement for her subject—supported by fascinating graphics and in-studio demonstrations—she emphasizes the “stories” of plants themselves: Without neglecting genetics or cell microbiology, or larger ecosystems and habitats, her primary emphasis is always on how plants we see all around us live and adapt. Dr. Kleier shares with you the pleasures of being able to identify and understand the workings of that tree just outside your window – and of any other plant you may encounter.

With almost 400,000 known species and thousands more identified every year, the variety of plant life is almost overwhelming—from the microscopic to the largest organism on Earth. You will explore the astonishing adaptations that allow plants to live in an enormous variety of ecosystems, from deserts and the ocean floor to thousands of feet above sea level and on every continent.

LEARNING OPPORTUNITIES

Stained Glass Workshop

with Jennifer Austin

Mondays, June 4-July 9, 10am Art Studio

In Jennifer’s introductory stained glass workshop, *Glass on Glass Mosaics*, students will take a refreshing departure from the sometimes tedious nature of stained glass crafting to try their hand at a contemporary spin on mosaics which pairs the allure of illuminated colored glass with the ancient art of picture building with tesserae (small tiles). Tesserae will be created from stained glass in varying shapes and sizes and mounted with clear adhesive onto a substrate of clear glass and then framed for hanging (approx. 6” x 6”). A darkened grout sets off the design much like lead lines in a traditional stained glass



window. This workshop is suitable for all skill levels. Materials fee: \$35. Sign up at the Concierge Desk, deadline June 2. Minimum 6 people. Maximum 8 people.

NC Author Series

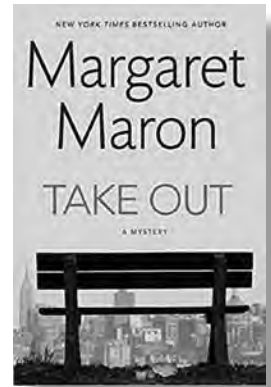
Take Out

with Margaret Maron

Monday, June 4, 3pm Ballroom

Margaret Maron is the author of 30 novels and two collections of short stories. Winner of several major American awards for mysteries (Edgar, Agatha, Anthony,

Macavity), her works are on the reading lists of various courses in contemporary Southern literature and have been translated into 16 languages. She has served as president of Sisters in Crime, the American Crime Writers League, and Mystery Writers of America. Margaret will read from her latest book *Take Out*. Books will be available for purchase, please bring cash or checks.



Bobby G.: A Life Worth Celebrating

with Stan Friedland

Tuesday, June 5, 3pm Ballroom

A first for The Cedars, a biography about a Cedars Member, written by a Cedars Member! *Bobby G.: A Life Worth Celebrating* is the life story of Bobby Gersten as written by Stan Friedland. He was only 5’7” at his tallest. So how did he win “the best athlete” awards not only of his high school, but also of his graduating class at the University of North Carolina, as well? Better yet, how did he help to found one of the best junior colleges in the entire country? Better still, how did he spend 92 years as the central figure in developing and maintaining one of the very best sports camps in the country, one that has impacted the lives of over 20,000 young people? There’s still more in his incredible resume! **Come join us for the “world debut” of this book where Stan and Bobby will discuss the book, answer your questions and autograph one for you if you wish to make a purchase. Bring cash or checks. Cost of book: \$17.**

Free Speech at the Cedars: Open Discussions about Current Events

with Dr. Kenneth Zogry

Thursdays, June 7-28, 3pm Ballroom

Join a lively open discussion with your neighbors on topics in current events with Dr. Kenneth Zogry (he spoke at the Cedars in March on his new book, *Print News and Raise Hell: The Daily Tar Heel and the Evolution of a Modern University*.) Dr. Zogry is a lecturer at UNC and holds an MA and PhD in American history from Carolina and a BA in political science from NCSU.

The first session will center around what it means to be an American citizen in the Obama-Trump era. Topics explored will be recent events regarding race and citizenship, including the fight over removal of “Silent Sam” on the UNC campus, the Starbucks’ incident where an employee called the police about two African American men waiting in the store for a friend, the Colorado incident where the mother of a prospective student on a university tour called police because two of the other people on the tour, who happened to be Native American, made her “nervous,” and a broader discussion about immigration, DACA, and building a wall between the United States and Mexico. At the first session, participants will be asked to suggest topics for the following three discussions.

The Affaire of the Necklace of the Queen

with Dr. Wendell Rosse

Tuesday, June 19, 3pm Ballroom

The necklace was a gaudy thing, consisting of 647 of the best diamonds weighing 2,700 carats and worth \$14,000,000. It was probably ordered by Louis XV for Madame du Barry. In 1785 it went missing and a great scandal evolved involving the richest man



in France, a weird astrologer, the court jewelers, a wily adventuress, a talented forger, a compliant prostitute and, ultimately, Queen Marie Antoinette and the French Court. How the scam came about and its consequences is the story of the decline and fall of the Ancien Regime in France and the beginnings of the French Revolution.

Let's Talk Cinema

Harry and Snowman

Monday, June 25, 2pm Ballroom

Join us for a discussion of provocative, award-winning films from a variety of genres led by Linda Luftig. The Snowman of Ron Davis's documentary is a horse that melts the heart. Purchased in the 1950s for \$80 off a truck bound for the slaughterhouse, Snowman became a champion show jumper. And that was only one surprise in the long friendship that began when this scruffy white gelding locked eyes with Harry de Leyer. In the film, a student of Mr. de Leyer's recalls some of his advice: “Throw your heart over the top, and your horse will follow.” (2016)



Great Get-Aways

Southern Leisure Tours Presents

- ❖ The Beauty and Culture of the NC Mountains Featuring the Roan Mountain Rhododendron Gardens
June 12-14
- ❖ The Barter Theater, Abingdon, VA and Storytelling, Jonesborough, TN
June 21-23
- ❖ Brunch at Berryhill Plantation and “Red, White and Broadway” at the Prizery, South Boston, VA
July 8
Historic Richmond and Petersburg, Va
July 21-23
- ❖ Music in the Mountains
Brevard Music Festival Finale and the Flat Rock Playhouse
August 4-6
- ❖ The North Rim of the Grand Canyon and Zion and Bryce Canyon National Parks
August 20-25

Printed packets for these trips are located in the Cedars Clubhouse flyer holder next to the lower level elevator. Contact Steve Tuten at 919-471-6137 for trip details and pricing.



New Move Ins

Karen Kilara

321 Cedar Club Circle



• • • • • CEDARS *Cinema* • • • • •

Tuesdays, Wednesdays, Fridays & Saturdays, 7:45pm Channel 24
Saturday and Sunday Matinees, 3pm Channel 24

42

Tuesday, June 5 & Saturday, June 9, 7:45pm
Sunday, June 10, 3pm • PG-13

This biopic focuses on the relationship between Jackie Robinson and Brooklyn Dodgers general manager Branch Rickey, who made him the first black Major League Baseball player of the modern era. Starring Chadwick Boseman and Harrison Ford. (2013)

Bombshell: The Hedy Lamarr Story

Wednesday, June 6 & Friday, June 8, 7:45pm
Saturday, June 9, 3pm • NR

Remembered as one of the most ravishing stars of her day, Hedy Lamarr had brains and beauty, on full display in this documentary that spotlights her coinvention of wireless communication forms. (2017)

Please Stand By

Tuesday, May 12 & Saturday, May 16, 7:45pm
Sunday, May 17, 3pm • PG-13

Intent on submitting her script to a writing competition, autistic young Wendy sneaks away and heads for Hollywood. In pursuit is her caregiver, who inspired Wendy to begin writing. Starring Dakota Fanning and Toni Collette. (2018)
SUBTITLES NOT PROVIDED

Molly's Game

Wednesday, June 13 & Friday, June 15, 7:45pm
Saturday, June 16, 3pm • R

Based on the true story of Molly Bloom, an Olympic-class skier who ran an exclusive high-stakes poker game before being arrested by the FBI. Her players included Hollywood royalty, sports stars, business titans and finally, unbeknownst to her, the Russian mob. Starring Jessica Chastain, Idris Elba and Kevin Costner. (2017)

Robin Hood: Prince of Thieves

Tuesday, June 19 & Saturday, June 23, 7:45pm
Sunday, June 24, 3pm • NR

Kevin Costner stars as the outlaw hero in this classic tale of intrigue, romance and pageantry. When the Sheriff of Nottingham (Alan Rickman) murders Robin's father, the archer vows vengeance with a band of exiled villagers. Also starring Morgan Freeman and Mary Elizabeth Mastrantonio. (1991)

Lady Macbeth

Wednesday, June 20 & Friday, June 22, 7:45pm
Saturday, June 23, 3pm • R

Stifled by her arranged marriage, Katherine begins an affair with a groom who works on the estate. When scandal erupts, she's prepared to take drastic steps. Starring Florence Pugh and Cosmo Jarvis. (2017) SUBTITLES NOT PROVIDED

Summer Stock

Tuesday, June 26 & Saturday, June 30, 7:45pm
Sunday, July 1, 3pm • NR

Jane Falbury (Judy Garland) thinks she's doing her sister, Abigail (Gloria DeHaven), a favor by allowing her troupe of summer stock actors to use her barn as a theater. But when Jane meets her sister's fiancé (Gene Kelly), she finds herself falling for him in this 1950 musical, which was Garland's last with Kelly. (1950)
SUBTITLES NOT PROVIDED

The Post

Wednesday, June 27 & Friday, June 29, 7:45pm
Saturday, June 30, 3pm • PG-13

When *The Washington Post* agrees to publish the leaked Pentagon Papers, the Nixon administration tries to block publication, setting off an epic legal and political battle. Starring Tom Hanks and Meryl Streep. (2017)

Regular Group Activities

location key B=Ballroom BR=Billiards Room CR=Cardroom CL=Classroom DL=Dining Lobby ER=Exercise Room FV-DR=Fountain View Dining Room GL=Great Lawn L=Library LB=Lobby MR=Magnolia Room P=Pool PD=Private Dining Room S=Studio

Balance Basics

Wed 11:30 **B**

Julie Hardison 919-259-7922

Balance Challenge

Wed 11:00 **B**

Julie Hardison 919-259-7922

Ballroom Dance Group

2nd & 4th Tue 5:30 **B**

Betty White 919-967-4064

The Bible Class

Tue 11:30 **MR**

Mary Ann Van Kampen 919-493-1789

Bocce

Thu 9:00 **GL**

Ellen Herron 252-646-2930

Cardio and Core

Mon 11:00 Tue Thur 8:45 **B**

Julie Hardison 919-259-7922

Caregivers Support Group

1st Wed 2:30 **PD**

Tara Pierce 919-537-0128

Cribbage

Sat 9:00 **CL**

Malcolm Jackson 919-951-7626

Duplicate Bridge

Wed 12:45 **CR**

Betty White 919-967-4064

Ginny Page 919-259-7119

Garden Plots

Kit Bick 910-512-5347

Gin Rummy

Thu 1:00 **CR**

Jim Allen 919-259-7599

Golf Croquet

Tue 9:00 **GL**

Rhonda Innes

919-259-7150

Great Books Club

2nd Mon 2:00 **CL**

Happy Hour

Fri 4:30 **Bar**

Interdenominational Service

Sun 11:00 **B**

Nancy Cobey 919-259-7048

Knit & Stitch

Mon 10:30 **CR**

Margaret Rook 919-292-1497

Library Workday

Mon 9:00 **L**

Nancy Lebo 919-259-7330

Line Dancing

Tue 4:30 **B**

Julie Hardison 919-259-7922

Mah Jongg

Tue 2:00 **CR**

Sarah Kittner 919-969-6822

Mexican Train Dominos

Fri 1:00 **FV-DR, CR**

Sally Sullivan 919-489-6446

Party Bridge

1st & 3rd Fri 1:00 **CR**

Pickelball

Thu (Ephesus Park)

Stan Friedland 919-259-7089

Ping Pong

Mon, Wed, Fri, Sat 9:00 **B**

Stan Friedland 919-259-7089

Play Group

1st & 3rd Mon 1:30 **CL**

Sue Bielawski 919-933-4428

Poker

Mon 1:00 **CR**

Bob Paterson 919-259-7060

Scrabble

Thu 4:00 **CR**

Esther Lederman 919-259-7778

Sit and Be Fit

Tue Thu 9:45 **B**

Julie Hardison 919-259-7922

Tai Chi

Mon 11:30 **B**

Julie Hardison 919-259-7922

The Open Door Bible Group

Wed 10:00 **CR**

Julie Allen 919-606-2581

Water Exercise

Mon Wed Fri 8:45 & 9:45 **P**

Julie Hardison 919-259-7922

Get Involved

Accessing UNC Libraries

Saturdays, June 2, 16 & 30, 11am Library

Want to borrow books from UNC Libraries? Contact Lynne Morris with questions at 919-967-4885.

Great Books

Monday, June 11, 2pm Classroom

Seven Deadly Sins Sampler by Great Books Foundation
Mory Postgate by Rudyard Kipling
Hairball by Margaret Atwood

ANNOUNCEMENTS

Jewelry Repair with

Eva Mogenson

Friday, June 8, 1-2pm Art Studio

Hydration and You

with Sandy Friday

Friday, June 15, 2pm Ballroom

For more information contact Sandy Friday, Rehab Manager, at 919-259-7907.

Walk with a Doc

Saturday, June 16, 10am, UNC Wellness Center at Meadowmont

Gather at the UNC Wellness Center to take a 1-mile walk around the trails or, if raining, around the indoor track. A doctor from the Thurston Arthritis Research Center will give a brief talk on a health-related topic before joining walkers to answer questions about their health. For more information contact Kirsten Ambrose at 919-966-7209.

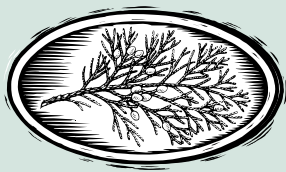
Cynthia's Tailor Shop Services

Wednesdays, 9-9:30am Art Studio

Cynthia Lennon provides quality and affordable alterations.

Channel 24 Replays Schedule

- ☞ Mondays 10am, exercise program; 12:30pm, recent lectures
- ☞ Tuesdays 10am, exercise program
- ☞ Wednesdays 10am, exercise program; 12:30pm, Members Meeting
- ☞ Thursdays 10am, exercise program
- ☞ Fridays 10am, exercise program



In-House TV..... Channel 24
 Reception..... 919-259-7000
 Concierge..... 919-259-7937
 Fax..... 919-259-7001
 Spa & Salon..... 919-259-7940
 Dining Reservations..... 919-259-7932
 Work Orders..... 919-259-7918
 Security..... 919-883-7666

Editor..... Laura Booker
 919-259-7944

Graphic Designer.....Debb Hepp
 919-260-4495

CALENDAR *at a Glance*

<i>date</i>	<i>day</i>	<i>activity</i>	<i>time</i>	<i>location</i>
6/4	Monday	Stained Glass with Jennifer Austin	10am	Art Studio
6/4	Monday	NC Author Series <i>Take Out</i> with Margaret Maron	3pm	Ballroom
6/5	Tuesday	<i>Bobby G.: A Life Worth Celebrating</i> with Stan Friedland	3pm	Ballroom
6/7	Thursday	Cedars University <i>Plant Science: An Intro to Botany</i>	11am	Ballroom
6/7	Thursday	Current Event Discussion Group with Ken Zogry	3pm	Ballroom
6/7	Thursday	Robert Griffin—Jazz Pianist	5pm	Dining Lobby
6/11	Monday	Stained Glass with Jennifer Austin	10am	Art Studio
6/11	Monday	World Acousticana	3pm	Ballroom
6/14	Thursday	Cedars University <i>Plant Science: An Intro to Botany</i>	11am	Ballroom
6/14	Thursday	Current Event Discussion Group with Ken Zogry	3pm	Ballroom
6/14	Thursday	Young Artists Concert Series	7:30pm	Ballroom
6/15	Friday	Richard Tazewell—Pianist	5pm	Dining Lobby
6/17	Sunday	Father's Day		
6/18	Monday	Stained Glass with Jennifer Austin	10am	Art Studio
6/18	Monday	Dining Out! Squids	5:15pm	Lobby
6/19	Tuesday	<i>The Affaire of the Necklace of the Queen</i> with Dr. Wendell Rosse	3pm	Ballroom
6/21	Thursday	Cedars University <i>Plant Science: An Intro to Botany</i>	11am	Ballroom
6/21	Thursday	Current Event Discussion Group with Ken Zogry	3pm	Ballroom
6/21	Thursday	Robert Griffin—Jazz Pianist	5pm	Dining Lobby
6/21	Thursday	<i>Don't Dress for Dinner</i> at the Raleigh Little Theatre	6:45pm	Lobby
6/22	Friday	<i>Pandas 3D</i> at IMAX Theater and Lunch at Irregardless Café in Raleigh	10am	Lobby
6/25	Monday	Stained Glass with Jennifer Austin	10am	Art Studio
6/25	Monday	Let's Talk Cinema— <i>Harry and Snowman</i>	2pm	Ballroom
6/26	Tuesday	Cedar Creek Gallery	1:30pm	Lobby
6/28	Thursday	Cedars University <i>Plant Science: An Intro to Botany</i>	11am	Ballroom
6/28	Thursday	Current Event Discussion Group with Ken Zogry	3pm	Ballroom
6/29	Friday	Popcorn and a Movie <i>The Greatest Showman</i>	3pm	Ballroom