



February 2018 • VOLUME 15 • ISSUE 2

The Cedars Post

Inside This Issue...

The world's most popular opera 2
The Metropolitan Opera—La Boheme

Beauty in the world shown in trees..... 8
Retrospective of 60 Years of Photography with John Neter

Vietnam from the largest cities to the smallest villages 9
Experiencing Vietnam Through Mission with Ricky Tripp

The Cedars Post is a monthly publication of The Cedars of Chapel Hill Club, Inc. • 100 Cedar Club Circle Chapel Hill NC 27517 • 919-259-7000

Snow and the Cedars

by Phil Purcell



photo by Bonnie Simms

SNOW! Yes, we have had more than our fair share in January: three inches early in the month and eleven inches in the middle of the month. Pretty stuff snow is, however, it brought Chapel Hill to a halt. But not The Cedars. Both times, our staff rose to the challenge and took superb care of us.

Let's look at the big snow and see what our Executive Director Sara Flynn-Loy and staff were able to do under extremely difficult conditions. Sara, the directors and many staff spent nights here so they would be ready to serve us at all times. Sleeping on the floor is tough, but they were here for us. Did you see Steve Nusbaum, our Director of Financial Services, walking Members' dogs in the snow? What a sight that was!

323 meals were delivered to the Members in independent living and the DuBose Health Center by the Directors and staff the first day and 313 the second day. Each day the menu was different and offered three entrees and two desserts plus a salad and beverage. The flourless chocolate cake was out of this world. Also, 150 meals (breakfast, lunch and dinner) were served to staff with buffets at the Clubhouse and DuBose. To be able to do all this, 17 Fine Dining staff and their director, Andrew Martinson, were among those sleeping here.



Transportation was even able to fight through the snowstorm to bring a Member home from UNC Hospital. Several home care aides spent the night with Members who were given bells to wake up the aides if need be. And on top of it all, when the phones died, Sara and the directors had to work on and be ready to implement a backup emergency plan should there be a complete power outage.

The grapevine tells me that some local CCRC's did not fare nearly as well as we did. We weren't just lucky, we had Sara and staff taking care of us. A huge thank you to all of them from all of us.

MAKE IT TO THE BUS ON TIME

Please call Laura Booker at 919-259-7944 on regular business days if you have signed up but are unable to attend these events:

Great Decisions Lectures

at UNC Carroll Hall
Tuesdays, February 6, 13 & 20, 6:30pm
Lobby

The Metropolitan Opera *L'Elisir d'Amore*

at Silverspot Cinema
Saturday, February 10, 11:15am Lobby

Carolina Ballet

Saturday, February 10, 1pm Lobby

PlayMakers Repertory Company

Sunday, February 11, 1:30pm Lobby

NC Symphony

at UNC Memorial Hall
Sunday, February 11, 6:45pm Lobby

Little Shop of Horrors

at Raleigh Little Theatre
Thursday, February 15, 6:45pm Lobby

PlayMakers Repertory Company

Sunday, February 18, 1:30pm Lobby

Chamber Orchestra

at St. Stephen's Church
Sunday, February 18, 2:15pm Lobby (note later departure time)

The Metropolitan Opera *La Boheme*

at Silverspot Cinema
Saturday, February 24, 11:45am Lobby

Beyond the Cedars

The Metropolitan Opera—*L'Elisir d'Amore*

at Silverspot Cinema

Saturday, February 10, 11:15am Lobby (note earlier depart time)

Pretty Yende debuts a new role at the Met with her first Adina opposite Matthew Polenzani, who enthralled Met audiences as Nemorino in 2013 with his ravishing “Una furtiva lagrima.” Bartlett Sher’s production is charming, with deft comedic timing, but also emotionally revealing. Domingo Hindoyan

conducts. Sign up at the Concierge Desk beginning February 1, deadline February 6.

Cost: \$29 for ticket and transportation.

Maximum 16 people.

The Met ropolitan Opera

The Metropolitan Opera

La Boheme

at Silverspot Cinema

Saturday, February 24, 11:45am Lobby (note earlier depart time)

The world’s most popular opera returns in Franco Zeffirelli’s classic production, with a series of exciting casts. Angel Blue, Anita Hartig, and Sonya Yoncheva share the role of the fragile Mimì, with Dmytro Popov, Russell Thomas, and Michael Fabiano alternating as the poet Rodolfo. Alexander Soddy and Marco Armiliato share conducting duties. Sign up at the Concierge Desk beginning February 1, deadline February 19. Cost: \$29 for ticket and transportation. Maximum 16 people.

Great Decisions Program

Great Decisions is America’s largest discussion program on world affairs. The name is shared by a national civic education program, briefing book and television series administered and produced by the Foreign Policy Association. The Great Decisions program highlights eight of the most thought provoking foreign policy challenges facing Americans each year. Great Decisions provides background information, current data and policy options for each issue and serves as the focal text for discussion groups. **The lectures will be held at Carroll Hall on the UNC campus, departing the Cedars at 6:30pm. Sign up at the Concierge Desk for each lecture you’d like to attend, deadline 48 hours before each lecture.** Cost: \$4 for transportation.

February 6.....*Russia’s Foreign Policy*

February 13.....*China and US Geopolitics*

February 20.....*Media and Foreign Policy*

March 6*Turkey*

March 20.....*US Global Military*

March 27.....*South America*

April 3.....*Global Health*



CEDARS FITNESS

Age Well Study: You're invited to positively impact our community!

Mather LifeWays Institute on Aging is partnering with Northwestern University to conduct the Age Well Study, a first-of-its-kind, five-year analysis of the health benefits of living in a Life Plan Community. Although residents of Life Plan Communities are routinely asked about their satisfaction with various aspects of their community, to date there has been no national study that has captured the larger impact of living in a Life Plan Community on health and well-being. There are a number of reasons to believe that impact is a positive one, most notably that Life Plan Communities offer an opportunity-rich environment with programs, amenities, services and health care that support wellness, sense of community, and opportunities to find fulfillment. This study will allow us to better understand the long-term impact Life Plan Communities are having on the health and well-being of residents.



Frequently asked questions about the Age Well Study

Who can participate? Independent living residents of a Life Plan Community. Each community will enlist at least 50 independent living residents to participate at the beginning of the study.

Why should residents participate? You will: have a chance to be part of an effort that can improve Life Plan Communities nationwide; receive annual reports that provide a better understanding of the impact of living in a Life Plan Community; and be entered into a raffle to win one of four \$25 gift cards each year. The Cedars will also provide incentives to participating Members.

What is the time frame for the study? Surveys will be available at participating communities in early February. Residents complete and return surveys by Thursday, March 15, 2018. In January 2019 the first annual reports will be published and distributed.

How much time do you anticipate it will take residents to complete a survey? We estimate about 30 to 40 minutes.

How will you maintain residents' privacy? We are following HIPAA regulations, which means that we take numerous steps to ensure the confidentiality of information. We will not share any resident information beyond our study team, which has documented training on HIPAA rules.

What if someone participates in the study initially and then is no longer able to participate? Anyone can leave the study at any time, for any reason. We would still use their data in the summary reports unless they ask us not to.

In what categories will you be reporting the data? We will be looking at multiple dimensions of health, attitudes, and perceptions.

Don't miss this exciting chance to become part of what will undoubtedly be groundbreaking research on Life Plan Communities. **For more information and to sign up contact Tara Pierce, Director of Programs, 919-537-0128 or tpierce@cedarsofchapelhill.com.** Your answers will be anonymous, all HIPPA regulations will be followed, and our community administrators will not see individual responses.



from Carolyn Taff

So much happening, so close by!

If you want to give or get a ride, use the bulletin board outside classroom.

DPAC

919-684-6402 • Durham
Temptations & The Four Tops,
Wed. 2/7, 7:30pm
Adam Trent magic show, Thurs.
2/15, 7:30pm
Diana Krall, Sat. 2/17, 8pm

UNC Memorial Hall

919-843-3333 • Chapel Hill
Chicago Symphony Orchestra
Stravinsky, Higdon Concerto for
Low Brass & more Fri. 2/16, 8pm
Verdi, Brahms Symphony #2 &
more, Sat. 2/17, 8pm

Duke Rubenstein Arts Center

919-968-4444 • Durham
Bedlam's *Hamlet* & George
Bernard Shaw's *Saint Joan* with
same 4 actors, *Hamlet* Thurs.
2/22, Sat. 2/24, Sun. 2/23,
varying times; *Saint Joan*, Fri.
2/23 7pm, Sat. 2/24, 2pm

Baldwin Auditorium

919-968-4444 • Durham
Smetana Trio, Shostakovich,
Mendelssohn & more, Sat.
2/17, 8pm

Carolina Theater

919-560-3030 • Durham
Aimee Mann, Fri. 2/2 8pm
Arlo Guthrie, Sat. 2/10, 8pm
Langston Hughes Project, Tues.
2/13, 8pm
International Championship of
Collegiate A Cappella, Sat.
2/17, 7pm
Dance Theatre of Harlem
Wed. 2/28, 8pm

February Birthdays

James Ackerman	2
Leona Whichard	3
Fred Councill	4
Nancy Meyer	4
Nancy Lebo	5
Huddy Cohen	7
John Neter	8
Ruby Coley	8
Carol Sikes	8
Linda Prillaman	8
Carma Burton	9
Donald Zehl	9
Ellen Herron	9
Adele Hagood	9
Chris Angus	12
Ray White	13
Frank Sheffield	14
Robert Bolton	15
Carla Jenkins	16
Norma Sims	17
George Huba	19
Herbert Cooper	21
Susan Ehringhaus	21
Molly Broad	22
Sally Sullivan	23
Robert Nenninger	24
Shirley Angus	24
Grace Maurer	25
Bhavani Sodhi	25
Ronald Link	27
Babette Blaug	27
Ross Baker	28
Shirley Rigsbee	28

We apologize to anyone whose birthday may have been omitted or is incorrect. If you would like to be included or removed from the birthday list please contact Sheila Kiliru at 919-537-0126.

Let's Celebrate



2017 Celebration of Life Service

Thursday, February 8, 3pm Ballroom

Please join us as we remember and celebrate Cedars Members that we lost in 2017.

Heart of Carolina A Cappella

Wednesday, February 14, 7:30pm Ballroom

Celebrate Valentine's Day with the sounds of Heart of Carolina A Cappella as they sing some of your favorite love songs and ballads.

Heart of Carolina is an a cappella singing group based in Durham with members from all over the Triangle. The chorus was founded in 2004 and became a member of the Barbershop Harmony Society in the Carolinas District. They sing many styles of music ranging from barbershop to classical to jazz. They were named the 2015 District Champions of the Carolinas District, as well as AA Plateau Champions in 2015 and 2016.



UNC Drama Department Performance

Excerpts from The Importance of Being Earnest

Thursday, February 15, 7:30pm Ballroom



The Importance of Being Earnest is Oscar Wilde's hilarious send up to the late Victorian Era in which he lived. It is both a light-hearted, fanciful comedy and a social satire. Wilde utilized the play to humorously comment on social issues of the day, namely marriage, courtship, and the disparity between the upper and lower classes. The play is famously infused with ironic dialogue, deliciously absurd plot twists, and an utterly entertaining, eccentric cast of characters.

Popcorn and a Movie—*Victoria and Abdul*

Monday, February 19, 3pm Ballroom

The extraordinary true story of an unlikely friendship in the later years of Queen Victoria's (Judi Dench) remarkable rule. When Abdul Karim (Ali Fazal), a young clerk, travels from India to participate in the Queen's Golden Jubilee, he is surprised to find favor with the Queen herself. As the Queen

questions the constrictions of her long-held position, the two forge an unlikely and devoted alliance with a loyalty to one another that her household and inner circle all attempt to destroy. As the friendship deepens, the Queen begins to see a changing world through new eyes and joyfully reclaims her humanity.



Exhibits

A Glimpse of Some Cedars Members' Treasures—How It Happens

When you've stopped to look at the items on display in the nook by the fireplace, you've been treated to a series of eclectic groupings of "collectibles" from our neighbors. The start of the New Year brings a new opportunity for more of you, especially our newer Members, to share in developing the exhibits for the pleasure of all of us. It's easy to be a part of this, if you have beautiful things that you are happy to have displayed for four or five weeks, just call or text Kit Bick at 910-512-5347 or email her at kitbick@gmail.com. If you have questions about the whole process, call or get in touch with Laura Booker or Kit; either of us will be happy to fill you in. And don't be surprised if you get a call from Kit out of the blue.

Robert Griffin—Jazz Pianist
Thursdays, February 1 & 15, 5pm Dining Lobby



Richard Tazewell—Pianist
Friday, February 9, 5pm Dining Lobby



New Year's Eve Casino Party



Kudos to...

- ❧ New Year's Eve casino winners! First place: John Neter; Second place: Chris Shull (guest of Selma Mayer); Third place: Joy Metelits and Karen Cooper
- ❧ John Neter for his talk on *Beauty in the World: Retrospective of 60 Years of Photography*
- ❧ Ray and Betty White for inviting their daughter Karen White to speak to us as part of our NC author series

February 2018

CALENDAR KEY

sign-up required
B Ballroom
BR Billiards Room
CL Classroom
CR Cardroom

DL Dining Lobby
DR Dining Room
ER Exercise Room
GL Great Lawn
L Library

LB Lobby
MR Magnolia Room
P Pool
PD Private Dining
S Studio

2/1 Thursday

8am Art Open Studio **S**
8:45am Cardio and Core **B**
9:45am Sit and Be Fit **B**
11am Cedars University **B**
11:30am Aquatic Therapy **P**
1pm Bocce **GL**
4pm Scrabble **CR**
5pm Robert Griffin—Jazz Pianist **DL**

2/2 Friday

8:45am Water Exercise **P**
9am Ping Pong **B**
9:45am Water Exercise **P**
10:30am Great Decisions Discussion **CR**
11am TGIF **B**
11:30am Aquatic Therapy **P**
1pm Party Bridge **CR**
3pm 2018 North Carolina HIP Music Festival with Dr. Jonathan Kramer **B**
4:30pm Happy Hour **Bar**
7:45pm Cedars Cinema CHANNEL 24

2/3 Saturday

9am Ping Pong **B**
10am Cribbage **CL**
3pm & 7:45pm Cedars Cinema CHANNEL 24

2/4 Sunday

3pm & 7:45pm Cedars Cinema CHANNEL 24

2/5 Monday

8am Art Open Studio **S**
8:45am Water Exercise **P**
9am Ping Pong **B**
9am Library Workday **L**
9:45am Water Exercise **P**
10:30am Knit & Stitch **CR**
11am Cardio and Core **B**
11:30am Tai Chi **B**
11:30am Aquatic Therapy **P**
1pm Poker **CR**

1:30pm Play Group **CL**

2pm 2017 Satisfaction Survey Results **B**

2/6 Tuesday

8:45am Cardio and Core **B**
9:45am Sit and Be Fit **B**
11am Fairy Tale Series with Jane Hauser **B**
11:30am Bible Study **MR**
11:30am Aquatic Therapy **P**
1pm Golf Croquet **GL**
2pm Mah Jongg **CR**
2pm Meditation **CL**
4:30pm Line Dancing **B**
6:30pm Great Decisions Lecture **LB**
7:45pm Cedars Cinema CHANNEL 24

2/7 Wednesday

8:45am Water Exercise **P**
9am Ping Pong **B**
9:45am Water Exercise **P**
11am Balance Challenge **B**
11:30am Balance Basics **B**
11:30am Aquatic Therapy **P**
12:45pm Duplicate Bridge **CR**
7:45pm Cedars Cinema CHANNEL 24

2/8 Thursday

8am Art Open Studio **S**
8:45am Cardio and Core **B**
9:45am Sit and Be Fit **B**
11am Cedars University **B**
11:30am Aquatic Therapy **P**
1pm Bocce **GL**
3pm Celebration of Life Service **B**
4pm Scrabble **CR**

2/9 Friday

8:45am Water Exercise **P**
9am Ping Pong **B**
9:45am Water Exercise **P**
10:30am Great Decisions Discussion **CR**
11:30am Aquatic Therapy **P**

1pm Jewelry Repair **S**
4:30pm Happy Hour **Bar**
3pm Beauty in the World: Retrospective of 60 Years of Photography with John Neter **B**
5pm Richard Tazewell—Pianist **DL**
7:45pm Cedars Cinema CHANNEL 24

2/10 Saturday

9am Ping Pong **B**
10am Cribbage **CL**
11am Accessing UNC Libraries
11:15am The Met Opera—L'Elisir d'Amore **LB**
1pm Carolina Ballet **LB**
3pm & 7:45pm Cedars Cinema CHANNEL 24

2/11 Sunday

3pm & 7:45pm Cedars Cinema CHANNEL 24
1:30pm PlayMakers **LB**
6:45pm NC Symphony at UNC **LB**

2/12 Monday

8am Art Open Studio **S**
8:45am Water Exercise **P**
9am Ping Pong **B**
9am Library Workday **L**
9:45am Water Exercise **P**
10:30am Knit & Stitch **CR**
11am Cardio and Core **B**
11:30am Tai Chi **B**
11:30am Aquatic Therapy **P**
1pm Poker **CR**
2pm Great Books **CL**
3pm NC Author Series with Karen White **B**

2/13 Tuesday

8:45am Cardio and Core **B**
9:45am Sit and Be Fit **B**
11am Fairy Tale Series with Jane Hauser **B**
11:30am Bible Study **MR**
11:30am Aquatic Therapy **P**
1pm Golf Croquet **GL**
2pm Mah Jongg **CR**
2pm Meditation **CL**
4:30 Line Dancing **B**
6:30pm Great Decisions Lecture **LB**
7:45pm Cedars Cinema CHANNEL 24

2/14 Wednesday

Valentine's Day

8:45am Water Exercise **P**
9:45am Water Exercise **P**
11am Balance Challenge **B**
11:30am Balance Basics **B**
11:30am Aquatic Therapy **P** 📖 ♣️
12:45pm Duplicate Bridge **CR**
7:30pm *Heart of Carolina A Cappella* **B**
7:45pm Cedars Cinema CHANNEL 24



2/15 Thursday

8am Art Open Studio **S**
8:45am Cardio and Core **B**
9:45am Sit and Be Fit **B**
11am Cedars University **B**
11:30am Aquatic Therapy **P** 📖 ♣️
1pm Bocce **GL**
4pm Scrabble **CR**
5pm *Robert Griffin—Jazz Pianist* **DL**
6:45pm *Little Shop of Horrors* **LB** 📖
7:30pm *UNC Drama Department* **B**

2/16 Friday

8:45am Water Exercise **P**
9am Ping Pong **B**
9:45am Water Exercise **P**
10:30am *Great Decisions Discussion* **CR** 📖
11am Retro Dance **B**
11:30am Aquatic Therapy **P** 📖 ♣️
1pm Party Bridge **CR**
3pm *Vietnam Mission with Ricky Tripp* **B**
4:30pm Happy Hour **Bar**
7:45pm Cedars Cinema CHANNEL 24

2/17 Saturday

9am Ping Pong **B**
10am Cribbage **CL**
3pm & 7:45pm Cedars Cinema CHANNEL 24

2/18 Sunday

1:30pm *PlayMakers* **LB** 📖
2:15pm *Chamber Orchestra* **LB** 📖
3pm & 7:45pm Cedars Cinema CHANNEL 24

2/19 Monday

8am Art Open Studio **S**
8:45am Water Exercise **P**
9am Ping Pong **B**

9am Library Workday **L**
9:45am Water Exercise **P**
10:30am Knit & Stitch **CR**
11am Cardio and Core **B**
11:30am Tai Chi **B**
11:30am Aquatic Therapy **P** 📖 ♣️
1pm Poker **CR**
1:30pm Play Group **CL**
3pm *Popcorn & Movie—Victoria and Abdul* **B**

2/20 Tuesday

8:45am Cardio and Core **B**
9:45am Sit and Be Fit **B**
11:30am Bible Study **MR**
11:30am Aquatic Therapy **P** 📖 ♣️
1pm Golf Croquet **GL**
2pm Mah Jongg **CR**
2pm Meditation **CL**
4:30 Line Dancing **B**
6:30pm *Great Decisions Lecture* **LB** 📖
7:45pm Cedars Cinema CHANNEL 24

2/21 Wednesday

8:45am Water Exercise **P**
9am Ping Pong **B**
9:45am Water Exercise **P**
11am Balance Challenge **B**
11:30am Balance Basics **B**
11:30am Aquatic Therapy **P** 📖 ♣️
12:45pm Duplicate Bridge **CR**
7:45pm Cedars Cinema CHANNEL 24

2/22 Thursday

8am Art Open Studio **S**
8:45am Cardio and Core **B**
9:45am Sit and Be Fit **B**
11am Cedars University **B**
11:30am Aquatic Therapy **P** 📖 ♣️
1pm Bocce **GL**
2pm Members Meeting **B**
4pm Scrabble **CR**

2/23 Friday

8:45am Water Exercise **P**
9am Ping Pong **B**
9:45am Water Exercise **P**
10:30am *Great Decisions Discussion* **CR** 📖
11am TGIF **B**
11:30am Aquatic Therapy **P** 📖 ♣️

4:30pm Happy Hour **Bar**
7:45pm Cedars Cinema CHANNEL 24

2/24 Saturday

9am Ping Pong **B**
10am Cribbage **CL**
11am Accessing UNC Libraries
11:45am *The Met Opera* **LB** 📖
3pm & 7:45pm Cedars Cinema CHANNEL 24

2/25 Sunday

3pm & 7:45pm Cedars Cinema CHANNEL 24
3pm *Classical Concert Series* **B** 📖

2/26 Monday

8am Art Open Studio **S**
8:45am Water Exercise **P**
9am Ping Pong **B**
9am Library Workday **L**
9:45am Water Exercise **P**
10:30am Knit & Stitch **CR**
11am Cardio and Core **B**
11:30am Tai Chi **B**
11:30am Aquatic Therapy **P** 📖 ♣️
1pm Poker **CR**
2pm *Let's Talk Cinema—The Beguiled* **B**

2/27 Tuesday

8:45am Cardio and Core **B**
9:45am Sit and Be Fit **B**
11:30am Bible Study **MR**
11:30am Aquatic Therapy **P** 📖 ♣️
1pm Golf Croquet **GL**
2pm Mah Jongg **CR**
2pm Meditation **CL**
4:30 Line Dancing **B**
7:45pm Cedars Cinema CHANNEL 24

2/28 Wednesday

8:45am Water Exercise **P**
9am Ping Pong **B**
9:45am Water Exercise **P**
11am Balance Challenge **B**
11:30am Balance Basics **B**
11:30am Aquatic Therapy **P** 📖 ♣️
12:45pm Duplicate Bridge **CR**
7:45pm Cedars Cinema CHANNEL 24

♣️ Pool closed weekdays
11:30–2:00 for
Aquatic Therapy

Tech Time—Get Connected with Jake

Thursdays, February 1-22, 1-3pm Classroom

Did you get a new gadget or portable device this holiday season? Do you have questions about your iPhone, iPad, iWatch, fit bit, Bluetooth speakers or any other portable device? Jake Parrott from Computer Service Partners will do his best to find a solution that works for you.

Here are just a few things Jake can help you with:

- Syncing bluetooth devices to your phone
- Connecting to Clubhouse Wi-fi
- Downloading a book
- Deleting mass emails
- Organizing your contacts
- And, a host of other tips and tricks...

Cedars University

LECTURES ON DVD



**From Monet to Van Gogh:
A History of Impressionism**
Taught by Professor Richard Brettell, Ph.D., The University of Texas, Dallas

Thursdays thru April 5, 11am Ballroom

They appeared in a period of upheaval. They saw the rebuilding of Paris, the rise of industrialism, the ruin of the Franco-Prussian war. They displayed their startling and shocking works in a series of exhibitions from 1874 to 1886. And by the 1890s, this “loose coalition” of artists who rebelled against the formality of the French Academy had created the most famous artistic movement in history. “They” were the Impressionists.

LEARNING OPPORTUNITIES



2018 North Carolina HIP Music Festival

with Dr. Jonathan Kramer

Friday, February 2, 3pm Ballroom

Historical performance practices or HIP, is the presentation of music in a style we believe is representative of how a work was heard at the time it was written. The 2018 NC HIP Music Festival will present musical performances and events centered around these practices with period instruments from the Baroque and Renaissance periods. Dr. Jonathan Kramer, Teaching Professor in the Music Department at North Carolina State University and Adjunct Professor of Ethnomusicology at Duke University, will speak about the HIP movement in the last 30 years. He will reveal the differences between historical and modern performance, how standards of early music performance are determined (since we have no musical recordings from the 17th century) and the development of musical instruments from Renaissance to the 19th century.

Fairy Tale Series

with Jane Hauser

Tuesdays, February 6 & 13, 11am Ballroom

Our award-winning storyteller, Jane Hauser, will continue her series of fairy tales followed by interpretation and discussion.

Beauty in the World: Retrospective of 60 Years of Photography

with John Neter

Friday, February 9, 3pm Ballroom

In this retrospective, beauty in the world is shown in trees. From California’s magnificent sequoia trees to Japan’s delicate cherry blossom trees; in gardens from the sunken Butchart Gardens in Vancouver Island to the topiary garden in Kendal, England; in a baby hummingbird being fed by a parent to a great blue heron stalking and swallowing a fish; in fields of thousands of tulips in Holland to the carpet of spring beauty flowers in the Great Smokies; in a long sunset over the Pacific Ocean at Carmel to spectacular sunsets right here at The Cedars; in the Gothic architecture of the Cologne Cathedral to the Frank Lloyd Wright architecture of the Greek Orthodox Church in Milwaukee; and in a rainbow over Italy’s Lake Como to a rainbow in Tierra del Fuego in Argentina.



In these and other settings, you will no doubt find remembrances of your own of beauty in this world.

NC Author Series

with Karen White

Monday, February 12, 3pm Ballroom

Karen White, daughter of Ray and Betty White, has been narrating audio books since 1999, with more than 250 to her credit. She has often been included in *AudioFile Magazine’s* Best Voices, a two-time



Audie finalist and earned multiple awards for her work. *Publishers Weekly* says of *Nothing to Envy* by Barbara Demick, “Karen White delivers a stunning reading, her character

interpretations are confident and well-rounded, and she forges a strong bond with the audience.”

Experiencing Vietnam Through Mission

with *Ricky Tripp*

Friday, February 16, 3pm Ballroom

Experience Vietnam from the largest cities to the smallest villages through the eyes of two mission teams from North Carolina churches. Hear about how two Vietnam Vets decided to go back to reach these people with the gospel. Ricky will share how they have seen changes through the years and the great need that remains, especially in the villages where just being allowed in can be difficult.

Let’s Talk Cinema *The Beguiled*

Monday, February 26, 2pm Ballroom

Join us for Let’s Talk Cinema, featuring outstanding, provocative, award-winning films from a variety of genres led by Member Linda Luftig. We welcome you if you enjoy talking about movies or if you prefer just to listen. Written and directed by Sofia Coppola, this atmospheric thriller tells the tale of what happens at a girls’ boarding school in Virginia during the Civil War when the unexpected arrival of a handsome, wounded Union soldier leads to jealousy and betrayal. Starring Colin Farrell, Nicole Kidman and Kirsten Dunst. (2017)



ANNOUNCEMENTS

When the Beat Is Irregular: A-fib with Sandy Friday

Thursday, February 8, 2pm Ballroom

For more information contact Sandy Friday, Rehab Manager, at 919-259-7907.

Jewelry Repair with Eva Mogenson

Friday, February 9, 1-2pm Art Studio

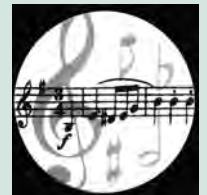
Walk with a Doc

Saturday, February 17, 10am, UNC Wellness Center at Meadowmont

Gather at the UNC Wellness Center to take a 1-mile walk around the trails or, if raining, around the indoor track. A doctor from the Thurston Arthritis Research Center will give a brief talk on a health-related topic before joining walkers to answer questions about their health. For more information contact Kirsten Ambrose at 919-966-7209.

2017/18 Classical Concert Series

Sunday, February 25,
3pm Ballroom



Clara Yang, pianist, and Peng Li, cellist, will present our February program. Subscribers, please remember to bring your green pass. Ballroom doors open at 2:30pm. Questions, Contact Connie Eby at 919-259-7808 or cteby@mindspring.com.

Cynthia’s Tailor Shop Services

Wednesdays, 9-9:30am Art Studio

Cynthia Lennon provides quality and affordable alterations.

Sudoku Puzzle

Enter digits from 1 to 9 into the blank spaces. Every row must contain one of each digit. So must every column, as must every 3x3 square.

Puzzle rating: Easy

7	1		5		6	4	8	
		9			1	3	2	
4		3		9				6
	7	5	4					8
9					8	6	7	
8				5		7		4
	2	7	6			8		
	4	6	9		7		1	2

Puzzle by websudoku.com



• • • • • CEDARS Cinema • • • • •

Tuesdays, Wednesdays, Fridays & Saturdays, 7:45pm Channel 24
Saturday and Sunday Matinees, 3pm Channel 24

All Saints

Tuesday, February 6 & Saturday, February 10,
7:45pm • Sunday, February 11, 3pm • PG

In this uplifting true story, pastor Michael Spurlock receives a directive to close tiny All Saints Church, which can't pay its mortgage. Instead, he turns to a group of Southeast Asian refugees to help create a working farm that will pay the bills. Starring John Corbett and Cara Buono. (2017)

Rebel in the Rye

Wednesday, February 7 & Friday, February 9,
7:45pm • Saturday, February 10, 3pm • PG-13

This is a profile of the brilliant but reclusive novelist J.D. Salinger, from his early years through the World War II experiences that led him to pen his masterpiece, *The Catcher in the Rye*. Starring Nicholas Hoult and Kevin Spacey. (2017) SUBTITLES NOT PROVIDED

The King's Speech

Tuesday, February 13 & Saturday, February 17,
7:45pm • Sunday, February 18, 3pm • R

Britain's King George VI struggles with an embarrassing stutter until he seeks help from unorthodox Australian speech therapist Lionel Logue. Starring Colin Firth, Geoffrey Rush and Helena Bonham Carter. (2010) SUBTITLES NOT PROVIDED

Casablanca

Wednesday, February 14 & Friday, February 16,
7:45pm • Saturday, February 17, 3pm • PG

American expat Rick Blaine (Humphrey Bogart) plays host to gamblers, thieves and refugees at his Moroccan nightclub during World War II...but he never expected Ilsa (Ingrid Bergman), the woman who broke his heart, to walk through that door. Ilsa hopes that with Rick's help, she and her fugitive husband (Paul Henreid) can escape to America. But the spark that brought

the lovers together still burns brightly. (1942)

Loving Vincent

Tuesday, February 20 & Saturday, February 24,
7:45pm • Sunday, February 25, 3pm • PG-13

This animated biopic recounts the life and last days of tormented Dutch artist Vincent van Gogh, with each frame of the film consisting of an oil painting executed in the master's style and a plot based on letters he penned. Starring Douglas Booth and Jerome Flynn. (2017) SUBTITLES NOT PROVIDED

The Lost City of Z

Wednesday, February 21 & Friday, February 23,
7:45pm • Saturday, February 24, 3pm • PG-13

The Lost City of Z tells the incredible true story of British explorer Percy Fawcett, who journeys into the Amazon at the dawn of the 20th century and discovers evidence of a previously unknown, advanced civilization that may have once inhabited the region. Despite being ridiculed by the scientific establishment who regard indigenous populations as "savages," the determined Fawcett, supported by his devoted wife, son and aide de camp returns time and again to his beloved jungle in an attempt to prove his case, culminating in his mysterious disappearance in 1925. Starring Charlie Hunnam and Robert Pattinson. (2017)

Dunkirk

Tuesday, February 27 & Saturday, March 3, 7:45pm
Sunday, March 4, 3pm • PG-13

This historical drama chronicles the epic battle to evacuate more than 300,000 Allied soldiers who find themselves trapped on the beaches of Northern France during the 1940 invasion by Adolf Hitler's Nazi forces. Starring Fionn Whitehead and Tom Glynn-Carney. (2017)

Regular Group Activities

location key B=Ballroom BR=Billiards
Room CR=Cardroom CL=Classroom
DL=Dining Lobby ER=Exercise Room
FV-DR=Fountain View Dining Room
GL=Great Lawn L=Library LB=Lobby
MR=Magnolia Room P=Pool PD=Private
Dining Room S=Studio

Balance Basics

Wed 11:30 **B**

Julie Hardison 919-259-7922

Balance Challenge

Wed 11:00 **B**

Julie Hardison 919-259-7922

Ballroom Dance Group

Betty White 919-967-4064

The Bible Class

Tue 11:30 **MR**

Mary Ann Van Kampen 919-493-1789

Bocce

Thu 1:00 **GL**

Ellen Herron 252-646-2930

Cardio and Core

Mon 11:00 Tue Thur 8:45 **B**

Julie Hardison 919-259-7922

Caregivers Support Group

1st Wed 2:30 **PD**

Tara Pierce 919-537-0128

Cribbage

Sat 10:00 **CL**

Malcolm Jackson 919-951-7626

Duplicate Bridge

Wed 12:45 **CR**

Betty White 919-967-4064

Ginny Page 919-259-7119

Garden Plots

Kit Bick 910-512-5347

Gin Rummy

Thu 1:00 **CR**

Jim Allen 919-259-7599

Golf Croquet

Tue 1:00 **GL**

Norman and Rhonda Innes
919-259-7150

Great Books Club

2nd Mon 2:00 **CL**

Happy Hour

Fri 4:30 **Bar**

Interdenominational Service

Sun 11:00 **B**

Nancy Cobey 919-259-7048

Knit & Stitch

Mon 10:30 **CR**

Margaret Rook 919-292-1497

Library Workday

Mon 9:00 **L**

Nancy Lebo 919-259-7330

Line Dancing

Tue 4:30 **B**

Julie Hardison 919-259-7922

Mah Jongg

Tue 2:00 **CR**

Sarah Kittner 919-969-6822

Meditation

Tue 2:00 **PD**

Suzanne Bullock 919-381-7795

Mexican Train Dominos

Fri 1:00 **FV-DR**

Sally Sullivan 919-489-6446

Party Bridge

1st & 3rd Fri 1:00 **CR**

Pickelball

Thu (Ephesus Park)

Stan Friedland 919-259-7089

Ping Pong

Mon, Wed, Fri, Sat 9:00 **B**

Stan Friedland 919-259-7089

Play Group

1st & 3rd Mon 1:30 **CL**

Sue Bielawski 919-933-4428

Poker

Mon 1:00 **CR**

Bob Paterson 919-259-7060

Scrabble

Thu 4:00 **CR**

Esther Lederman 919-259-7778

Sit and Be Fit

Tue Thu 9:45 **B**

Julie Hardison 919-259-7922

Tai Chi

Mon 11:30 **B**

Julie Hardison 919-259-7922

The Open Door Bible Group

Wed 10:00 **CR**

Julie Allen 919-606-2581

Water Exercise

Mon Wed Fri 8:45 & 9:45 **P**

Julie Hardison 919-259-7922

Get Involved

Accessing UNC Libraries

Saturdays, February 10 & 24, 11am Library

Want to borrow books from
UNC Libraries? Contact Lynne
Morris with questions at
919-967-4885.

Great Books

2nd Mondays, 2pm Classroom

Exit West

by Mohsin Hamid

Great Get-Aways

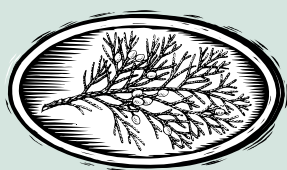
Southern Leisure Tours Presents

- ❖ *The Odd Couple*, Temple Theater,
Sanford, NC
February 1
- ❖ Cajun Culture and Mardi Gras,
Lafayette, LA
February 12-16
- ❖ The Sea Islands of Georgia
February 19-23
- ❖ The Natural Wonders of Northern
Lights of Iceland
March 3-11
- ❖ *Church Basement Ladies*
Temple Theater, Sanford, NC
March 15
- ❖ North Carolina Lighthouse Tour
March 19-23
- ❖ Historic Homes and Gardens of
Charleston, SC
March 27-30
- ❖ Texas Bluebonnet Trails
April 3-6

Printed packets for these trips
are located in the Cedars
Clubhouse flyer holder next to
the lower level elevator. Contact
Steve Tuten at 919-471-6137 for
trip details and pricing.

Channel 24 Replays Schedule

- ☞ Mondays 10am, exercise program; 12:30pm, recent lectures
- ☞ Tuesdays 10am, exercise program
- ☞ Wednesdays 10am, exercise program; 12:30pm, Members Meeting
- ☞ Thursdays 10am, exercise program
- ☞ Fridays 10am, exercise program



In-House TV..... Channel 24
 Reception..... 919-259-7000
 Concierge..... 919-259-7937
 Fax..... 919-259-7001
 Spa & Salon..... 919-259-7940
 Dining Reservations..... 919-259-7932
 Work Orders..... 919-259-7918
 Security..... 919-883-7666

Editor..... Laura Booker
 919-259-7944

Graphic Designer.....Debb Hepp
 919-260-4495

CALENDAR *at a Glance*

date	day	activity	time	location
2/1	Thursday	Cedars University <i>From Monet to Van Gogh: A History of Impressionism</i>	11am	Ballroom
2/1	Thursday	Robert Griffin—Jazz Pianist	5pm	Dining Lobby
2/2	Friday	Great Decisions Discussion	10:30am	Cardroom
2/2	Friday	2018 North Carolina HIP Music Festival with Dr. Jonathan Kramer	3pm	Ballroom
2/5	Monday	2017 Satisfaction Survey Results	2pm	Ballroom
2/6	Tuesday	<i>Fairy Tale Series</i> with Jane Hauser	11am	Ballroom
2/6	Tuesday	Great Decisions Lecture	6:30pm	Lobby
2/8	Thursday	Cedars University <i>From Monet to Van Gogh: A History of Impressionism</i>	11am	Ballroom
2/8	Thursday	2017 Celebration of Life Service	3pm	Ballroom
2/9	Friday	Great Decisions Discussion	10:30am	Cardroom
2/9	Friday	<i>Beauty in the World: Retrospective of 60 Years of Photography</i> with John Neter	3pm	Ballroom
2/9	Friday	Richard Tazewell—Pianist	5pm	Dining Lobby
2/10	Saturday	The Met Opera— <i>L’Elisir d’Amore</i>	11:15am	Lobby
2/10	Saturday	Carolina Ballet	1pm	Lobby
2/11	Sunday	PlayMakers Repertory Company	1:30pm	Lobby
2/11	Sunday	NC Symphony at UNC Memorial Hall	6:45pm	Lobby
2/12	Monday	NC Author Series with Karen White	3pm	Ballroom
2/13	Tuesday	Great Decisions Lecture	6:30pm	Lobby
2/14	Wednesday	Happy Valentine’s Day		
2/14	Wednesday	Heart of Carolina A Cappella	7:30pm	Ballroom
2/15	Thursday	Cedars University <i>From Monet to Van Gogh: A History of Impressionism</i>	11am	Ballroom
2/15	Thursday	Robert Griffin—Jazz Pianist	5pm	Dining Lobby
2/15	Thursday	<i>Little Shop of Horrors</i> at Raleigh Little Theatre	6:45pm	Lobby
2/15	Thursday	UNC Drama Performance Excerpts from <i>The Importance of Being Earnest</i>	7:30pm	Ballroom
2/16	Friday	Great Decisions Discussion	10:30am	Cardroom
2/16	Friday	<i>Experiencing Vietnam Through Mission</i> with Ricky Tripp	3pm	Ballroom
2/18	Sunday	PlayMakers Repertory Company	1:30pm	Lobby
2/18	Sunday	Chamber Orchestra	2:15pm	Lobby
2/19	Friday	Popcorn and a Movie— <i>Victoria and Abdul</i>	3pm	Ballroom
2/20	Tuesday	Great Decisions Lecture	6:30pm	Lobby
2/22	Thursday	Cedars University <i>From Monet to Van Gogh: A History of Impressionism</i>	11am	Ballroom
2/22	Thursday	Members Meeting	2pm	Ballroom
2/23	Friday	Great Decisions Discussion	10:30am	Cardroom
2/24	Saturday	The Metropolitan Opera— <i>La Boheme</i>	11:45am	Lobby
2/25	Sunday	2017/18 Classical Concert Series	3pm	Ballroom
2/26	Thursday	Let’s Talk Cinema— <i>The Beguiled</i>	2pm	Ballroom