



February 2017 • VOLUME 14 • ISSUE 2

The Cedars Post

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Weezie Oldenburg: Busy as a Bee

by Stanley Peele

Weezie Oldenburg, our upstanding Chair of Members Council, grew up in Concord, NC. After attending Randolph Macon Women's College in Lynchburg, VA, she graduated from UNC Chapel Hill, where she met future husband Ted Oldenburg. He was finishing his UNC Dental School degree, and was headed for the Air Force at Hickam Field in Hawaii. They married during his last year in the Air Force as a Dental Officer, which allowed Weezie to enjoy Hawaii for seven months.

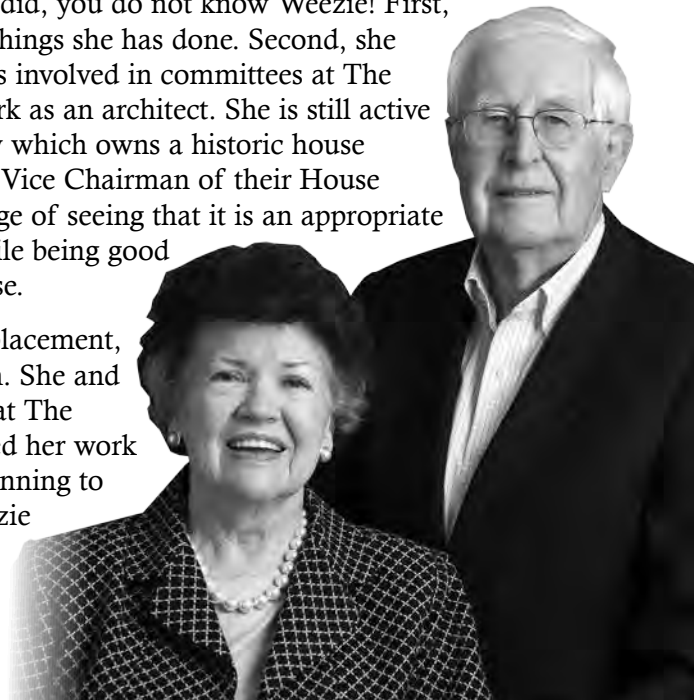
Returning to Chapel Hill for a Residency in Pediatric Dentistry, the Oldenburgs raised two children, Lawson and Caroline, who now live in Hillsborough. For most of their history, the family lived in the Laurel Hill National Historic District in a house built in the 1930's, which they enjoyed renovating over the years. This inspired Weezie's interest in historic houses, and led to her returning to school to earn a Masters in Architecture from N.C. State. She first worked with Joe Nassif when he was Mayor of Chapel Hill, then with Lucy Carol Davis before starting her own practice in the early '90's.

Ted took a professional sabbatical in Zurich, Switzerland for one year. The dynamic duo had a wonderful time! They tried to learn German, but were often desperate to find things to read in English. Ted got a lot of work done too.

She worked on town advisory boards such as the Historic District Commission and several other boards concerning architecture as well as The Design Review Board which reviews all plans going through the town. She remembers when the plans for The Cedars of Chapel Hill were submitted.

If you think that is all she did, you do not know Weezie! First, this is a partial list of the things she has done. Second, she ain't done yet. She remains involved in committees at The Cedars and does some work as an architect. She is still active with the Tri Delta Sorority which owns a historic house on Franklin Street. As the Vice Chairman of their House Corporation she is in charge of seeing that it is an appropriate home for the students, while being good stewards of a historic house.

In spite of a recent hip replacement, Weezie enjoys good health. She and Ted are in their 11th year at The Cedars. Weezie has enjoyed her work immensely—from the beginning to this moment. I asked Weezie "How would Ted describe you?" "Busy!" she replied. Her answer was beautifully concise and absolutely correct.



The Cedars Post is a monthly publication of The Cedars of Chapel Hill Club, Inc. • 100 Cedar Club Circle Chapel Hill NC 27517 • 919-259-7000

MAKE IT TO THE BUS ON TIME

Please call Laura Booker at 919-259-7944 on regular business days if you have signed up but are unable to attend these events:

Friday Favorites

at Meymandi Hall
Friday, February 3, 10:15am Lobby

Complete Piano Etudes by Philip Glass

at UNC's Hill Hall
Monday, February 6, 6:45pm Lobby

Great Decisions Lectures

at UNC Carroll Hall
Tuesdays, February 7, 14, 21 and 28, 6:30pm Lobby

Chamber Orchestra of the Triangle

at Carolina Theater
Sunday, February 19, 2pm Lobby

Friday Favorites

at Meymandi Hall
Friday, February 24, 10:15am Lobby

The Metropolitan Opera

Rusalka at Silverspot Cinema
Saturday, February 25, 12:15pm Lobby

NC Symphony

at UNC Memorial Hall
Saturday, February 25, 6:45pm Lobby

Arsenic & Old Lace— Dessert Theatre

at Hillsborough's Passmore Center
Sunday, February 26, 1pm Lobby

Vienna Philharmonic

at UNC Memorial Hall
Monday, February 27, 6:45pm Lobby

Beyond the Cedars



The Metropolitan Opera, *Rusalka*

at Silverspot Cinema
Saturday, February 25, 12:15pm Lobby

Kristine Opolais stars in the role that helped launch her international career, the mythical Rusalka, who sings the haunting “Song to the Moon.” Mary Zimmerman brings her wondrous theatrical imagination to Dvořák’s fairytale of love and longing, rejection and redemption. Brandon Jovanovich, Jamie Barton, Katarina Dalayman, and Eric Owens complete the all-star cast, and Mark Elder conducts. Sign up at the Concierge Desk beginning February 1, deadline February 19. Cost: \$27 for ticket and transportation. Minimum 6 people, maximum 16 people.

Ansel Adams: Masterworks

at the North Carolina Museum of Art
Thursday, March 9, 1:15pm Lobby

In a career that spanned more than five decades, Ansel Adams (1902–84) became one of America’s most renowned photographers. *Ansel Adams: Masterworks* focuses on a collection of 48 photographs by Adams, a selection he made late in his life to serve as a succinct representation of what he deemed the best work of his career. Called “The Museum Set,” the featured photographs reveal the importance Adams placed on the awe-inspiring power and beauty of the natural world. Included are many of his most iconic images of majestic American landscapes, such as El Capitan and Half Dome in Yosemite National Park; the Golden Gate in San Francisco; Monument Valley in Arizona; and the Snake River in Grand Teton National Park, Wyoming. Sign up at the Concierge Desk beginning February 1, deadline February 9. **Indicate on the sign-up sheet if you are a museum member and include your membership number.** Cost for non-museum members is \$25 for docent tour and transportation. Cost for museum members is \$10 for docent tour and transportation. Maximum 15 people, minimum 6 people.



Art in Bloom

at the North Carolina
Museum of Art

Friday, March 31, 12:15pm Lobby

The Museum's third annual festival of flowers returns in March. *Art in Bloom* features over 50 floral interpretations of art in the Museum's permanent collection.

Sign up at the Concierge Desk beginning February 1, deadline February 26.

Indicate on the sign up sheet if you are a museum member and include your membership

number. Cost for non-museum members is \$30 for docent tour and transportation. Cost for museum members is \$25 for docent tour and transportation. Maximum 20 people, minimum 6 people.



Members get a tour of the new UNC Hospital in Hillsborough



Great Get-Aways

Southern Leisure Tours Presents

- ❖ "The Savannah Sipping Society" at Temple Theater, Sanford, NC March 2
- ❖ Virginia Highlands Maple Tour and Blackfriars Theater, Staunton, VA March 14-16, 2017
- ❖ Alabama March 20-26, 2017
- ❖ "The Andrews Brothers," Temple Theater, Sanford, NC April 7, 2017
- ❖ Tour and Lunch at Berry Hill Plantation, South Boston, VA April 25, 2017
- ❖ Norfolk Harbor Cruise, Botanical Gardens and the Virginia International Tattoo, Norfolk and Virginia Beach, VA April 26-28, 2017
- ❖ "Legally Blonde, The Musical" at Temple Theater, Sanford, NC May 11

Printed packets for these trips are located in the Cedars Clubhouse flyer holder next to the lower level elevator. Contact Steve Tuten at 919-471-6137 for trip details and pricing.



NEW MOVE IN

Dr. Vijaya Bapat
414 Cedar Berry Lane

February Birthdays

James Ackerman	2
Fred Council	4
Nancy Meyer	4
Nancy Lebo	5
Frankie Patton	6
Huddy Cohen	7
John Neter	8
Ruby Coley	8
Carol Sikes	8
Carma Burton	9
Donald Zehl	9
Ellen Herron	9
Adele Hagood	9
Martin Silberberg	12
Christopher Angus	12
Ray White	13
Robert Bolton	15
Carla Jenkins	16
Norma Sims	17
Rita Kahr	18
George Huba	19
Diana Houston	19
Herbert Cooper	21
Susan Ehringhaus	21
Molly Broad	22
Robert Nenninger	24
Shirley Angus	24
Grace Maurer	25
Bhavani Sodhi	25
Ronald Link	27
Babette Blaug	27
Shirley Rigsbee	28

We apologize to anyone whose birthday may have been omitted or is incorrect. If you would like to be included or removed from the birthday list please contact Sheila Kiliru (919-537-0126).

Let's Celebrate



2016 Celebration of Life Service

Friday, February 3, 3pm Ballroom

Please join us as we remember and celebrate Cedars Members that we lost in 2016.

Heart of Carolina Men's A Capella Chorus

Tuesday, February 14, 7:30pm
Ballroom

Celebrate Valentine's Day with the sounds of Heart of Carolina Chorus as they sing some of your favorite love songs and ballads. Heart of Carolina Chorus is an a capella singing group based in Durham with members all over the Triangle. The chorus was founded in 2004 and became a member of the Barbershop Harmony Society in the Carolinas District. They sing many styles of music ranging from barbershop to classical to jazz. They were named the 2015 District Champions of the Carolinas District, as well as AA Plateau Champions in 2015 and 2016.



Popcorn and a Movie—*Deepwater Horizon*

Thursday, February 16, 3pm Ballroom



Replaying the catastrophic explosion of the Deepwater Horizon oil rig in 2010, this tense drama recounts the horrific experiences of the 126 crew members onboard and the numerous acts of courage that saved

untold lives. Starring Mark Wahlberg, Kurt Russell and John Malkovich.

UNC Undergraduate Drama Department Performance

Excerpts from The Existential Imagination: ROOMS

Sunday, February 19, 2pm Ballroom

ROOMS is an evening-length dance-theatre piece choreographed and conceived of by Heather Tatreau to explore gender, race, and creativity. In DRAM 255 Heather and her students will be re-staging and creating several modern dances based upon Feminist literature using novels and theoretical writings to create the script that will weave the dances together into one cohesive production.



Robert Griffin—Jazz Pianist

Thursdays, February 9 & 23, 5pm Dining Lobby

Richard Tazewell—Pianist

Friday, February 17, 5pm Dining Lobby

CEDARS FITNESS

Try Tai Chi to Improve Balance, Avoid Falls

Tai Chi

Originally developed in ancient China for self-defense, tai chi has evolved into a self-paced system of physical exercise and

stretching that's now used for fall prevention and stress reduction. Studies have shown tai chi to reduce falls in seniors by up to 45%. A recent study in *The New England Journal of Medicine* found the program particularly effective for balance in people with Parkinson's disease.

Tai chi helps improve balance because it targets all the physical components needed to stay upright—leg strength, flexibility, range of motion and reflexes—all of which tend to decline with age.

Interestingly, one of tai chi's biggest benefits to stability isn't physical, but emotional.

"Anyone who's had a fall or who has instability has what we call a 'fear of falling,'" says Dr. Peter Wayne, research director of the Osher Center for Integrative Medicine at Brigham and Women's Hospital and Harvard Medical School. "Ironically, a fear of falling is one of the biggest predictors of a fall." By making you firmer on your feet, tai chi takes away that fear, he says.

Tai chi is offered at The Cedars each Monday at 11:30am in the Ballroom. The classes are led by Nina Maier, an instructor with 17 years of experience teaching tai chi at many area wellness centers and retirement communities. Participants can sit or stand while performing the movements. There are no sign-ups or fees and everyone, regardless of fitness level, is welcome.



from Carolyn Taff

So much happening, so close by!
A few on-your-own suggestions:

UNC Moeser Auditorium
Hill Hall, Chapel Hill
Chapel Hill Philharmonia
Schumann Piano Concerto,
Janacek Sinfonietta & more,
Sun 2/12, 3pm

Durham Performing Arts Center
919-680-2787 • Durham
Jay Leno, Fri 2/17, 7:30pm
Tony Bennett, Sun 2/19,
7:30pm

The ArtsCenter
919-929-2787 • Carrboro
Lucy Kaplansky, Sat 2/11, 8pm
Alash, (throat singing,
traditional & modern
influences), Thu 2/16, 8pm

Chapel Hill High School
World History: Key
Civilizations Lecture Series
Thu 2/9–3/9, 7-8:30pm

Carolina Theater
919-560-3030 • Durham
Keller Williams & Leo Kottke,
Thu 2/16, 8pm

Duke Chapel
919-684-3898 • Durham
Estonian Philharmonic
Chamber Choir, Tchaikovsky,
Sibelius & more, Fri 2/10, 8pm

February 2017



CALENDAR KEY

 sign-up required
B Ballroom
BR Billiards Room
CL Classroom
CR Cardroom



DL Dining Lobby
DR Dining Room
ER Exercise Room
GL Great Lawn
L Library

LB Lobby
MR Magnolia Room
P Pool
PD Private Dining
S Studio





2/1 Wednesday

8:45am Water Exercise **P**
9am Ping Pong **B**
9:45am Water Exercise **P**
11am Balance Challenge **B**
11:30am Balance Basics **B**
11:30am Aquatic Therapy **P**  
12:45pm Duplicate Bridge **CR**
7:45pm Cedars Cinema CHANNEL 24

2/2 Thursday

8am Art Open Studio **S**
8:45am Cardio and Core **B**
9:45am Sit and Be Fit **B**
11am Cedars University **B**
11:30am Aquatic Therapy **P**  
4pm Scrabble **CR**

2/3 Friday

8:45am Water Exercise **P**
9am Ping Pong **S**
9:45am Water Exercise **P**
10:15am Friday Favorites **LB** 
10:30am Great Decisions Discussion **CR** 
11am TGIF Class **B**
11:30am Aquatic Therapy **P**  
1pm Party Bridge **CR**
3pm 2016 Celebration of Life Services **B**
4:30pm Happy Hour **Bar**
7:45pm Cedars Cinema CHANNEL 24

2/4 Saturday




9am Ping Pong **B**
3pm & 7:45pm Cedars Cinema CHANNEL 24

2/5 Sunday




3pm & 7:45pm Cedars Cinema CHANNEL 24

2/6 Monday



8am Art Open Studio **S**
8:45am Water Exercise **P**
9am Ping Pong **B**

9am Library Workday **L**
9:45am Water Exercise **P**
10:30am Knit & Stitch **CR**
11am Cardio and Core **B**
11:30am Tai Chi **B**
11:30am Aquatic Therapy **P**  
1:30pm Play Group **CL**
2pm Poker **CR**
6:45pm Philip Glass at UNC **LB** 

2/7 Tuesday

8:45am Cardio and Core **B**
9:45am Sit and Be Fit **B**
11:30am Bible Study **MR**
11:30am Aquatic Therapy **P**  
11:30am Stories and Stanzas with Jane Hauser **B**
1pm Golf Croquet **GL**
2pm Mah Jongg **CR**
2pm Meditation **PD**
4:30pm Line Dancing **B**
6:30pm Great Decisions Lecture **LB** 
7:45pm Cedars Cinema CHANNEL 24

2/8 Wednesday

8:45am Water Exercise **P**
9am Ping Pong **B**
9:45am Water Exercise **P**
11am Balance Challenge **B**
11:30am Balance Basics **B**
11:30am Aquatic Therapy **P**  
12:45pm Duplicate Bridge **CR**
7:45pm Cedars Cinema CHANNEL 24

2/9 Thursday

8am Art Open Studio **S**
8:45am Cardio and Core **B**
9:45am Sit and Be Fit **B**
11am Cedars University **B**
11:30am Aquatic Therapy **P**  
2pm Rehab Lecture with Sandy Friday **B**

4pm Scrabble **CR**
5pm Robert Griffin—Jazz Pianist **DL**

2/10 Friday

8:45am Water Exercise **P**
9am Ping Pong **S**
9:45am Water Exercise **P**
10:30am Great Decisions Discussion **CR**
11am TGIF Class **B**
11:30am Aquatic Therapy **P**  
2:30pm Open Discussion with Jewelry Designer Eva Mogensen **S**
4:30pm Happy Hour **Bar**
7:45pm Cedars Cinema CHANNEL 24



2/11 Saturday

9am Ping Pong **B**
11am Accessing UNC Libraries
3pm & 7:45pm Cedars Cinema CHANNEL 24

2/12 Sunday

3pm & 7:45pm Cedars Cinema CHANNEL 24
3pm Classical Concert Series **B** 

2/13 Monday

8am Art Open Studio **S**
8:45am Water Exercise **P**
9am Ping Pong **B**
9am Library Workday **L**
9:45am Water Exercise **P**
10:30am Knit & Stitch **CR**
11am Cardio and Core **B**
11:30am Tai Chi **B**
11:30am Aquatic Therapy **P**  
2pm Poker **CR**
3pm Great Books Club **CL**
3pm Greece and Turkey with Bonnie Simms **B**

2/14 Tuesday

Happy Valentine's Day!
8:45am Cardio and Core **B**
9:45am Sit and Be Fit **B**
11:30am Bible Study **MR**
11:30am Aquatic Therapy **P**  
1pm Golf Croquet **GL**
2pm Mah Jongg **CR**
2pm Meditation **PD**
4:30pm Line Dancing **B**
6:30pm Great Decisions Lecture **LB** 



7:30pm Heart of Carolina Men's A Capella Chorus **B**

7:45pm Cedars Cinema CHANNEL 24

2/15 Wednesday

9am Ping Pong **B**

11:30am Aquatic Therapy **P** 📖 ♣️

12:45pm Duplicate Bridge **CR**

7:45pm Cedars Cinema CHANNEL 24

2/16 Thursday

8am Art Open Studio **S**

8:45am Cardio and Core **B**

9:45am Sit and Be Fit **B**

11am Cedars University **B**

11:30am Aquatic Therapy **P** 📖 ♣️

3pm Popcorn and a Movie—Denial **B**

4pm Scrabble **CR**

2/17 Friday

8:45am Water Exercise **P**

9am Ping Pong **B**

9:45am Water Exercise **P**

10:30am Great Decisions Discussion **CR**

11am Retro Dance Class **B**

11:30am Aquatic Therapy **P** 📖 ♣️

1pm Party Bridge **CR**

4:30pm Happy Hour **Bar**

5pm Richard Tazewell—Piano **DL**

7:45pm Cedars Cinema CHANNEL 24

2/18 Saturday

9am Ping Pong **B**

3pm & 7:45pm Cedars Cinema CHANNEL 24

2/19 Sunday

2pm Chamber Orchestra **LB** 📖

2pm UNC Undergrad Students **B**

3pm & 7:45pm Cedars Cinema CHANNEL 24

2/20 Monday

8am Art Open Studio **S**

8:45am Water Exercise **P**

9am Ping Pong **B**

9am Library Workday **L**

9:45am Water Exercise **P**

10:30am Knit & Stitch **CR**

11am Cardio and Core **B**

11:30am Tai Chi **B**

11:30am Aquatic Therapy **P** 📖 ♣️

2pm Poker **CR**

2/21 Tuesday

8:45am Cardio and Core **B**

9:45am Sit and Be Fit **B**

11:30am Bible Study **MR**

11:30am Aquatic Therapy **P** 📖 ♣️

1pm Golf Croquet **GL**

2pm Mah Jongg **CR**

2pm Meditation **PD**

4:30pm Line Dancing **B**

6:30pm Great Decisions Lecture **LB** 📖

7:45pm Cedars Cinema CHANNEL 24

2/22 Wednesday

8:45am Water Exercise **P**

9am Ping Pong **B**

9:45am Water Exercise **P**

11am Balance Challenge **B**

11:30am Balance Basics **B**

11:30am Aquatic Therapy **P** 📖 ♣️

12:45pm Duplicate Bridge **CR**

7:45pm Cedars Cinema CHANNEL 24

2/23 Thursday

8am Art Open Studio **S**

8:45am Cardio and Core **B**

9:45am Sit and Be Fit **B**

11am Cedars University **B**

11:30am Aquatic Therapy **P** 📖 ♣️

2pm Members Meeting **B**

4pm Scrabble **CR**

5pm Robert Griffin—Jazz Pianist **DL**

2/24 Friday

8:45am Water Exercise **P**

9am Ping Pong **B**

9:45am Water Exercise **P**

10:15am Friday Favorites **LB** 📖

10:30am Great Decisions Discussion **CR**

11:30am Aquatic Therapy **P** 📖 ♣️

4:30pm Happy Hour **Bar**

7:45pm Cedars Cinema CHANNEL 24

2/25 Saturday

9am Ping Pong **B**

11am Accessing UNC Libraries

12:15pm The Met Opera **LB** 📖

6:45pm NC Symphony at UNC **LB** 📖

3pm & 7:45pm Cedars Cinema CHANNEL 24

2/26 Sunday

1pm Arsenic and Old Lace—Dessert Theatre **LB** 📖

3pm & 7:45pm Cedars Cinema CHANNEL 24

2/27 Monday

8am Art Open Studio **S**

8:45am Water Exercise **P**

9am Ping Pong **B**

9am Library Workday **L**

9:45am Water Exercise **P**

10:30am Knit & Stitch **CR**

11am Cardio and Core **B**

11:30am Tai Chi **B**

11:30am Aquatic Therapy **P** 📖 ♣️

2pm Poker **CR**

6:45pm Vienna Philharmonic at UNC **LB** 📖

2/28 Tuesday

8:45am Cardio and Core **B**

9:45am Sit and Be Fit **B**

11:30am Bible Study **MR**

11:30am Aquatic Therapy **P** 📖 ♣️

1pm Golf Croquet **GL**

2pm Mah Jongg **CR**

2pm Meditation **CL**

4:30pm Line Dancing **B**

6:30pm Great Decisions Lecture **LB** 📖

7:45pm Cedars Cinema CHANNEL 24

♣️ Pool closed weekdays 11:30–2:00
for Aquatic Therapy



**Cedars
University**
LECTURES ON DVD

**Great American Music:
Broadway Musicals**

*Taught by Professor Bill
Messenger, The Peabody
Institute of the John Hopkins
University*

Thursdays, February 2-May 4, 11am
Ballroom

“Give my regards to Broadway...” Is it possible to read those lyrics, let alone hear them, without mentally filling in: “Remember me to Herald Square”? Have you begun to hum or sing it to yourself, with the words and notes carrying you back in time to the Broadway of George M. Cohan and the heyday of Tin Pan Alley? For most people who’ve grown up with and shared America’s musical heritage, such a phrase opens the floodgates to a wealth of memories and feelings because, after all, that’s what great songs do. What a delight, then, to be able to promise you the same experience in an entire course. For in Professor Bill Messenger’s *Great American Music: Broadway Musicals*, you get the story and the music, as well—and not only in the examples expertly played by Professor Messenger at the piano to illustrate insights, techniques, or subtleties of composition.

**LEARNING
OPPORTUNITIES**

**Stories and Stanzas with
Jane Hauser**

Tuesday, February 7, 11:30am Ballroom

Do you like to listen to a good story? In this session, Jane Hauser will make her real-life experiences come to life. The stories range from a yard sale to her award-winning story about the Ku Klux Klan, and one about the Mafia in Rhode Island called “Mobsters and Lobsters.” So be forewarned long-time Members, you may have heard some of these (but not all) before. Included in the program will be a few short performance poems. Hope to see you in the Ballroom where we will laugh and shake our heads at life’s realities.

“There have been great societies that did not use the wheel, but there have been no societies that did not tell stories.”
—Ursula LeGuin

**Open Discussion with
Jewelry Designer
Eva Mogensen**

Friday, February 10, 2:30pm Art Studio

In this discussion with Eva Mogensen, we will explore the opportunity for holding jewelry making classes here at The Cedars. Eva has been designing and selling jewelry for over 19 years. She presently teaches at Carolina Meadows and Carol Woods



communities. She will explain the various types of classes and formats possible. Classes will be designed based on interest for those that would like to learn as well as for those that already are familiar with this art form.

**Armchair Travel with
Bonnie Simms**

Greece and Turkey

Monday, February 13, 3pm Ballroom (rescheduled from November)



Witness wonders of the ancient world from my 2014 Tauck Tours trip with my two granddaughters, from a rooftop dinner overlooking the Acropolis at sunset, experiencing the Parthenon up close, viewing the salvaged marbles at the Acropolis Museum, and watching the changing of the guard at the Presidential Mansion. We travelled to the ruins of the ancient cities of Mycenae and Epidaurus, and the picturesque seaside town of Nafplio before boarding our Windstar sailing ship, which would be our home for the following week. Our ship visited the Greek Islands of Mykonos, the ruins on the island of Delos, then on to Santorini with its glorious views of the dormant volcanic crater. Our final stop was in the fascinating city of Istanbul where we visited the Hagia Sophia Museum and the Blue Mosque. An exciting boat trip to Asia, across the Bosphorus, completed our trip. **We will conclude our Armchair Travel with a sampling of Chef Rusty’s Greek hors d’oeuvres and wine.**

Great Decisions Program

Great Decisions is America's largest discussion program on world affairs. The name is shared by a national civic education program, briefing book and television series administered and produced by the Foreign Policy Association. The Great Decisions program highlights eight of the most thought provoking foreign policy challenges facing Americans each year. Great Decisions provides background information, current data and policy options for each issue and serves as the focal text for discussion groups. The lectures will be held at Carroll Hall on the UNC campus, departing the Cedars at 6:30pm. Sign up at the Concierge Desk, deadline 48 hours before each lecture. Cost: \$4 for transportation.



- February 7Latin America's Political Pendulum
- February 14Conflict in the South China Sea
- February 21Saudi Arabia in Transition
- February 28U.S. Foreign Policy and Petroleum
- March 7Trade and Politics
- March 21Prospects for Afghanistan and Pakistan
- March 28Nuclear Security



Medical Emergencies at The Cedars Program

Friday, March 3, 2pm Ballroom

Join your Cedars staff and visitors in learning about the resources available at The Cedars to respond to Member's medical emergencies.

The presentations and the Q & A session will review when you should activate your PERS and/or call 911, what you should do while waiting, and who responds when you need help. The program will also give us the opportunity to recognize and thank those who are standing by to respond to our emergency needs 24 hours a day, 7 days a week, 365 days a year.

Sudoku Puzzle

Enter digits from 1 to 9 into the blank spaces. Every row must contain one of each digit. So must every column, as must every 3x3 square.

Puzzle rating: Easy

7	1		5		6	4	8	
		9			1	3	2	
4		3		9				6
	7	5	4					8
9					8	6	7	
8				5		7		4
	2	7	6			8		
	4	6	9		7		1	2

Puzzle by websudoku.com

ANNOUNCEMENTS

Open House

with Sandy Friday

Thursday, February 9, 2pm Ballroom

For more information contact Sandy Friday, Rehab Manager, at 919-259-7907.

Classical Concert Series

Sunday, February 12, 3pm Ballroom

Subscribers, our February concert will feature the husband and wife team of violinist Nicholas DiEugenio and pianist Mimi Solomon. Mr. DiEugenio, Assistant Professor of Violin at UNC and Ms. Solomon, a dedicated chamber musician, have performed together locally and world-wide.

Don't forget your yellow pass. Doors open at 2:30pm. Question? Call Connie Eby at 919-259-7808 or email cteby@mindspring.com.



Walk with a Doc

Saturday, February 18, 10am, UNC Wellness Center at Meadowmont

Gather at the UNC Wellness Center to take a one-mile walk around the trails or, if raining, around the indoor track. For more information contact Kirsten Ambrose at 919-966-7209.

Cynthia's Taylor Shop Services

Wednesdays, 9-9:30am Art Studio

Cynthia Lennon will provide quality and affordable alterations for Members.

Jewelry Repair with

Eva Mogenson

Friday, February 10, 1-2pm Art Studio



• • • • • CEDARS *Cinema* • • • • •

Tuesdays, Wednesdays, Fridays & Saturdays, 7:45pm Channel 24
Saturday and Sunday Matinees, 3pm Channel 24

One Flew Over the Cuckoo's Nest

Wednesday, February 1 & Friday, February 3, 7:45pm • Saturday, February 4, 3pm • R
While serving time for insanity at a state mental hospital, rabble-rouser Randle Patrick McMurphy inspires his fellow patients to rebel against the authoritarian rule of head nurse Ratched. Milos Forman's masterpiece won all five major Oscars. Starring Jack Nicholson. (1975) SUBTITLES NOT PROVIDED

The Secret Life of Pets

Tuesday, February 7 & Saturday, February 11, 7:45pm • Sunday, February 12, 3pm • PG
Living an easy life, happy terrier Max sees his world upended when his owner brings home Duke, a mongrel Max regards as a loser. But the two find themselves allied against a horde of abandoned pets looking to turn the tables on humans. (2016)

The Magnificent Seven

Wednesday, February 8 & Friday, February 10, 7:45pm • Saturday, February 11, 3pm • PG-13
In this remake of the rousing 1960 Western, a motley group of gunslingers comes together to protect the residents of a mining town, terrorized by a ruthless gold tycoon and his gang of thugs. Starring Denzel Washington, Chris Pratt and Ethan Hawke. (2016)

Love Story

Tuesday, February 14 & Saturday, February 18, 7:45pm • Sunday, February 19, 3pm • PG
Privileged Oliver Barrett IV (Ryan O'Neal) sparks the anger of his father (Ray Milland) by falling in love with plebeian Jennifer Cavalleri (Ali MacGraw), who cuts off his inheritance. After graduation, Oliver lands a job with a prominent law firm, and the blissful couple has the world by the tail,—until tragedy intervenes. (1970)

Bridget Jones's Baby

Wednesday, February 15 & Friday, February 17, 7:45pm • Saturday, February 18, 3pm • R
In this third chapter of Bridget's madcap existence, she unexpectedly finds herself pregnant at the age of 43. But with two suitors in her life, which one is the father? Starring Renee Zellweger, Colin Firth and Patrick Dempsey. (2016)

Snowden

Tuesday, February 21 & Saturday, February 25, 7:45pm • Sunday, February 26, 3pm • R
CIA technical expert Edward Snowden stunned the world by revealing a stolen trove of classified U.S. government documents. This drama tells the story of the bold theft that exposed secret NSA mass surveillance programs. Starring Joseph Gordon-Levitt. (2016) SUBTITLES NOT PROVIDED

The Dressmaker

Wednesday, February 22 & Friday, February 24, 7:45pm • Saturday, February 25, 3pm • R
Driven away when she was young, Tilly Dunnage returns to Australia after years of working as a dressmaker in Paris, and she's ready to make waves in her conservative hometown not only with her haute couture but a hidden agenda. Starring Kate Winslet and Judy Davis. (2016)

Sully

Tuesday, February 28 & Saturday, March 4, 7:45pm
Sunday, March 5, 3pm • PG-13
Viewers around the world were astonished in 2009 when airline pilot Chesley Sullenberger safely landed an Airbus 320 on the Hudson River after both engines were disabled. This fact-based drama illuminates Sullenberger's life and heroic achievement. Starring Tom Hanks and Aaron Eckhart. (2016)

Regular Group Activities

location key B=Ballroom BR=Billiards Room
CR=Cardroom CL=Classroom DL=Dining
Lobby ER=Exercise Room GL=Great Lawn
L=Library LB=Lobby MR=Magnolia Room
P=Pool PD=Private Dining Room S=Studio

Art Open Studio

Mon & Thu all day **S**

Balance Basics

Wed 11:30 **B**

Julie Hardison 919-259-7922

Balance Challenge

Wed 11:00 **B**

Julie Hardison 919-259-7922

Ballroom Dance Group

Betty White 919-967-4064

The Bible Class

Tue 11:30 **MR**

Mary Ann Van Kampen
919-493-1789

Bocce

Thu 1:00 **GL**

Cardio and Core

Mon 11:00 Tue Thur 8:45 **B**

Julie Hardison 919-259-7922

Caregivers Support Group

1st Wed 3:00 **PD**

Ashley Beale 919-259-7735

Cedars Cinema

Tue, Wed, Fri & Sat 7:45, Sat & Sun

3:00 **Channel 24**

Duplicate Bridge

Wed 12:45 **CR**

Betty White 919-967-4064

Ginny Page 919-259-7119

Wendell Rosse 919-489-3585

George Reichman 919-259-7125

Garden Plots

Kit Bick 919-259-7088

Gin Rummy

Thu 1:00 **CR**

Jim Allen 919-259-7599

Golf Croquet

Tue 1:00 **GL**

Norman and Rhonda Innes

919-259-7150

Great Books Club

2nd Mon 3:00 **CL**

Alice Maniloff 919-942-6992

Happy Hour

Fri 4:30 **Bar**

Interdenominational Service

Sun 11:00 **B**

Nancy Cobey 919-259-7048

Knit & Stitch

Mon 10:30 **CR**

Margaret Rook 919-292-1497

Library Workday

Mon 9:00 **L**

Nancy Lebo 919-259-7330

Line Dancing

Tue 4:30 **B**

Julie Hardison 919-259-7922

Mah Jongg

Tue 2:00 **CR**

Sarah Kittner 919-969-6822

Meditation

Tue 2:00 **PD**

Suzanne Bullock 919-381-7795

Members Meeting

last Thu 2:00 **B**

Weezie Oldenburg 919-942-6994

Parkinson's Support Group

2nd Wed 10:00 **CL**

Carol Fox 804-370-5740

Party Bridge

1st & 3rd Fri 1:00 **CR**

Lofi Hirschman 919-259-7015

Ping Pong

Mon, Wed, Fri, Sat 9:00 **B**

Bart Bielawski 919-933-4428

Play Group

1st & 3rd Mon 1:30 **CL**

Pat Beyle 919-942-1281

Poker

Mon 2:00 **CR**

Bob Paterson 919-259-7060

Scrabble

Thu 4:00 **CR**

Esther Lederman 919-259-7778

Sit and Be Fit

Tue Thu 9:45 **B**

Julie Hardison 919-259-7922

Tai Chi

Mon 11:30 **B**

Julie Hardison 919-259-7922

TGIF (*The Goal Is Fitness*)

Alternating Fri 11:00 **B**

Julie Hardison 919-259-7922

UNC Libraries

alternate Sat 11:00

Lynne Morris 919-967-4885

Water Exercise

Mon Wed Fri 8:45 & 9:45 **P**

Julie Hardison 919-259-7922

Kudos to...

- 🌸 Bonnie Simms for her Armchair Travel presentation to Greece and Turkey
- 🌸 Jane Hauser for her Stories and Stanzas in the Ballroom
- 🌸 Karen Cooper, Davis Bingham and Sarah Kittner for participating in the 2016 Celebration of Life Service

Get Involved

Accessing UNC Libraries

Saturdays, February 11 & 25, 11am Library

Want to borrow books from UNC Libraries? Contact Lynne Morris with questions at 919-967-4885.



Great Books Club

2nd Mondays, 3pm Classroom

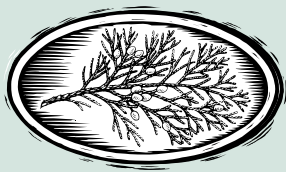
A Room of One's Own
by Virginia Woolf

Channel 24 Replays Schedule

- ☞ Mondays 10am, exercise program; 12:30pm, recent lectures
- ☞ Tuesdays 10am, exercise program
- ☞ Wednesdays 10am, exercise program; 12:30pm, Members Meeting
- ☞ Thursdays 10am, exercise program
- ☞ Fridays 10am, exercise program

Exhibits

If you are willing to share your collection by displaying it in the Clubhouse Lobby, please contact Laura Booker at 919-259-7944 or Tara Pierce at 919-537-0128.



- In-House TV..... Channel 24
- Reception..... 919-259-7000
- Concierge..... 919-259-7937
- Fax..... 919-259-7001
- Spa & Salon..... 919-259-7940
- Dining Reservations..... 919-259-7932
- Work Orders..... 919-259-7918
- Security..... 919-883-7666

- Editor..... Laura Booker
919-259-7944
- Graphic Designer..... Debb Hepp
919-260-4495

CALENDAR *at a Glance*

<i>date</i>	<i>day</i>	<i>activity</i>	<i>time</i>	<i>location</i>
2/2	Thursday	Cedars University <i>Great American Music: Broadway Musicals</i>	11am	Ballroom
2/3	Friday	Friday Favorites at Meymandi Hall	10:15am	Lobby
2/3	Friday	Great Decisions Discussion	10:30am	Cardroom
2/3	Friday	2016 Celebration of Life Services	3pm	Ballroom
2/6	Monday	Philip Glass at UNC Hill Hall	6:45pm	Lobby
2/7	Tuesday	Stories and Stanzas with Jane Hauser	11:30am	Ballroom
2/7	Tuesday	Great Decisions Lecture	6:30pm	Lobby
2/9	Thursday	Cedars University <i>Great American Music: Broadway Musicals</i>	11am	Ballroom
2/9	Thursday	Robert Griffin—Jazz Pianist	5pm	Dining Lobby
2/10	Friday	Great Decisions Discussion	10:30am	Cardroom
2/10	Friday	Open Discussion with Jewelry Designer Eva Mogensen	2:30pm	Art Studio
2/12	Sunday	2016-17 Classical Concert Series	3pm	Ballroom
2/13	Monday	Armchair Travel with Bonnie Simms <i>Greece and Turkey</i>	3pm	Ballroom
2/14	Tuesday	Great Decisions Lecture	6:30pm	Lobby
2/14	Tuesday	Heart of Carolina Men's A Capella Chorus	7:30pm	Ballroom
2/16	Thursday	Cedars University <i>Great American Music: Broadway Musicals</i>	11am	Ballroom
2/16	Thursday	Popcorn and a Movie— <i>Denial</i>	3pm	Ballroom
2/17	Friday	Richard Tazewell—Pianist	5pm	Dining Lobby
2/17	Friday	Great Decisions Discussion	10:30am	Cardroom
2/19	Sunday	Chamber Orchestra	2pm	Lobby
2/19	Sunday	UNC Student Drama Performance	2pm	Ballroom
2/21	Tuesday	Great Decisions Lecture	6:30pm	Lobby
2/23	Thursday	Cedars University <i>Great American Music: Broadway Musicals</i>	11am	Ballroom
2/23	Thursday	Members Meeting	2pm	Ballroom
2/23	Thursday	Robert Griffin—Jazz Pianist	5pm	Dining Lobby
2/24	Friday	Friday Favorites at Meymandi Hall	10:15am	Lobby
2/24	Friday	Great Decisions Discussion	10:30am	Cardroom
2/25	Saturday	The Metropolitan Opera— <i>Rusalka</i>	12:15pm	Lobby
2/25	Saturday	NC Symphony at UNC Memorial Hall	6:45pm	Lobby
2/26	Sunday	<i>Arsenic and Old Lace</i> —Dessert Theatre	1pm	Lobby
2/27	Monday	Vienna Philharmonic at UNC	6:45pm	Lobby
2/28	Tuesday	Great Decisions Lecture	6:30pm	Lobby