

The Cedars Post

March 2015

Volume 12 Issue 3



Season Tickets Renewal

It's time to renew your arts season tickets for 2015/16. You'll receive your renewal packets from the North Carolina Symphony, Carolina Ballet, Chamber Orchestra of the Triangle and Playmakers Repertory Company to which we provide transportation. We want to remind you *not to renew* your tickets until you have secured a seat on our bus if you are depending on transportation to these events.

Inserted into this issue of *The Cedars Post* is a sheet that explains the transportation that we provide to these venues. Please read it carefully and follow the sign up instructions to secure your seat on the bus. Sign up at the Concierge Desk beginning March 2. It's important that you do this promptly before all bus seats are taken.

North Carolina Symphony staff will assist you with your ticketing needs on Thursday, March 5, 10–11:30am, in the Cedars Cardroom. Renewing your tickets at this time will waive processing fees.

The Cedars Post is a monthly publication of The Cedars of Chapel Hill Club, Inc. • 100 Cedar Club Circle Chapel Hill NC 27517 • 919-259-7000

Pat's Musical Journey and Beyond

by Jean Wolff

You might remember 2009 as a special year, with many new Members joining our community. Among them were Thad and Pat Beyle of Chapel Hill. Years ago, their four children played on the DuBose farm property. Somehow it seemed only fitting that they return to its beautifully developed transformation, The Cedars of Chapel Hill.



Pat Beyle was born in Chicago and grew up in Syracuse, NY. She began piano lessons at age five and gave a solo recital at 16. Concurrently, she played the cello, wanting to be a part of the school orchestra, which she enjoyed from 4th through 12th grades. Her love of music took her only a few steps away from home to Syracuse University, where she pursued a B.A. in Piano and Music Education. Eventually, she also earned her Master's Degree in Piano and Music Education there. In 1957, she married Thad, a childhood friend and college sweetheart. One of her first positions was teaching in an inner middle school in Syracuse. This experience led her, in later years, to become certified in the Carl Orff approach to teaching children, engaging minds and bodies, often with special instruments.

Living in the Chapel Hill area, Pat also earned her Master's Degree in Special Education at UNC/Chapel Hill in 1971. From 1973 to 1981, she was a music teacher in five Chapel Hill/Carrboro elementary schools. Two of her students were her very own children. At that point and throughout her teaching career, she became affectionately known as "Mama B." In 1973, she required serious hand surgery, which became a significant learning point in her life. From 1981 to 1994, Pat became the Choral Teacher at Chapel Hill High School, responsible for many productions including *Fiddler on the Roof*, *The Wiz* and *Jesus Christ Superstar*. She also organized barbershop quartets, toured Europe with teen choirs and spoke so highly of "her talented kids," recounting funny glitches that somehow became miracles. In 1994, she volunteered at the Cornucopia House, applying certified Reiki techniques of connecting energy and healing. Throughout Pat's remarkable life, she has bike-hiked for organizations, kayaked, run for the Lineberger-Susan Komen Foundation, sharing her talents and zest for many causes.

Here at The Cedars, Pat Chairs Play Reading and has recently assumed the Chair of The Classical Music Series. Of course, her present focus, assisted by Benjamin Keaton and Carolyn Taff is the March 1 production of "The Cedars Performs," with a talented cast of...well, you'll see.

Pat's legacy has affected so many families within the community. In perusing the current pictorial directory, she noted a number of Members she knew, having taught their children with her joie de vivre and musical expertise. Aren't we all the lucky ones!

MAKE IT TO THE BUS ON TIME

Please call Laura Waggoner at 919-259-7944 on regular business days if you have signed up but are unable to attend these events:

Playmakers Repertory Company

Sunday, March 1, 1:30pm Lobby

Great Decisions Lecture

Tuesday, March 3, 6:30pm Lobby

Dining Out! Squids

Monday, March 9, 5:15pm Lobby

Kinky Boots

at DPAC

Wednesday, March 11, 6:30pm Lobby

The Metropolitan Opera

La Donna del Lago

Saturday, March 14, 11:45am Lobby

Carolina Ballet

Saturday, March 14, 1pm Lobby

NC Symphony at UNC Memorial Hall

Sunday, March 15, 6:45pm Lobby

Great Decisions Lecture

Tuesday, March 17, 6:30pm Lobby

Chamber Orchestra

Sunday, March 22, 2pm Lobby

The Duke Chapel Choir

at Duke Chapel

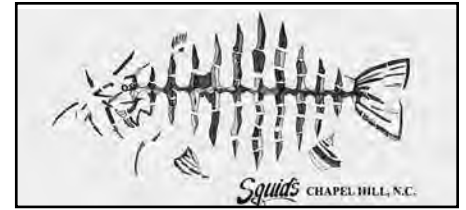
Sunday, March 29, 3pm Lobby

Beyond the Cedars

Dining Out! Squids

Monday, March 9, 5:15pm Lobby

Squid's, located in Chapel Hill, is famous for the area's best fresh seafood and a warm inviting oyster bar. For over 20 years Squid's has served the very freshest wood-grilled fillets, live Maine lobster, lightly breaded fried seafood, and unique weekly specials including Monday night discounted lobster dinners. A sample menu is available at the Concierge Desk. Sign up at the Concierge Desk beginning March 2, deadline March 8. Cost: \$4 for transportation. Bring money for food and drinks. Maximum 28 people.



The Metropolitan Opera

La Donna del Lago

Saturday, March 14, 11:45am Lobby

Joyce DiDonato and Juan Diego Flórez join forces for this Rossini showcase of bel canto virtuosity, set in the medieval Scottish highlands. DiDonato is the “lady of the lake” of the title, and Flórez is the king who relentlessly pursues her, with their vocal fireworks embellishing the tragic plot. This Met premiere production is directed by Paul Curran and conducted by Michele Mariotti. Sign up at the Concierge Desk beginning March 2, deadline March 9. Cost: \$30 for ticket and transportation. Maximum 16 people.

The Duke Symphony Orchestra

Conducted by Harry Davidson at Baldwin Auditorium

Wednesday, April 8, 7pm Lobby

The Duke Symphony Orchestra is an ensemble of over 100 instrumentalists, conducted by Harry Davidson. The program on April 8 includes a Tchaikovsky Serenade, a Sibelius Symphony with all its gorgeous orchestration, and a Mozart Piano Concert performed by a visiting pianist, Cicilia Yudha. Sign up at the Concierge Desk beginning March 2, deadline March 31. Cost: \$7 for transportation. Admission is free. Maximum 20 people. Minimum 6 people.



UNC Baseball Game

Sunday, April 26, 12:15pm Lobby

Grab your baseball cap and enjoy an afternoon of ACC baseball at beautiful Boshamer Stadium. Come out and cheer for the Tarheels as they take on the Boston College Eagles. Sign up at the Concierge Desk beginning March 2, deadline March 19. Cost: \$12 for ticket and transportation. Bring money for drinks and snacks. Minimum 6 people. Maximum 12 people.

Friday Favorites 2015/16 Season with the NC Symphony

at Meymandi Concert Hall in Raleigh

Individual sign-up sheets are available at the Concierge Desk. Call the box office at 919-733-8750 to order your own tickets and mention The Cedars to receive the group discount. Cost: \$7 for transportation. All performances will depart from the lobby at 10am.

Sudoku Puzzle

Enter digits from 1 to 9 into the blank spaces. Every row must contain one of each digit. So must every column, as must every 3x3 square.

Puzzle rating: Hard

				7	6		3	5
		7	3	9				
		2				8		
				6		1	4	
2			1		4			9
	6	1		5				
		9				7		
				2	5	9		
1	2		9	3				

Puzzle by websudoku.com

Kudos to...

- 🎉 Jane Hauser for her dream workshops in the Ballroom in February
- 🎉 Pat Beyle and the entire cast of Cedars Performs for graciously entertaining us all!
- 🎉 Dr. Wendell Rosse for his lecture on Greek Tragedies
- 🎉 Aud Ackerman for another workshop in Polymer Clay
- 🎉 Ellen Herron for arranging the OLLI New Horizons Chorus to entertain us in the Ballroom



Cedars University

How to Listen to and Understand Great Music

Taught by Robert Greenberg, Ph.D., Music Composition, University of California, Berkeley

Thursdays, March 5–April 30, 11am Ballroom

Learning how to appreciate the unmatched beauty, genius, and power of concert music can permanently enrich your life. Why is this so? As award-winning composer and Professor Robert Greenberg explains, “Music, the most abstract and sublime of all the arts, is capable of transmitting an unbelievable amount of expressive, historical, and even philosophical information to us, provided that our antennas are up and pointed in the right direction. A little education goes a long way to vitalizing and rendering relevant a body of music that many feel is beyond their grasp.” Attend one or more of these lectures on DVD to increase your music appreciation.

LEARNING OPPORTUNITIES

RESCHEDULED!

Celebrate the Chinese New Year
with Phil Purcell

Monday, March 2 at 4pm
in the Ballroom



UNC Undergraduate Drama Department to Perform Excerpts from *The Will of Bernard Boynton of Liberty, Maine*

Sunday, March 29, 2pm Ballroom

The present—a summer day, 1993—December. In this new play by UNC’s Mark Perry, two estranged brothers come together to sort through their father’s affairs after his passing. As family memories, Whirling Dervishes, ashes, and George Jones Country music sift in and out of Bernie’s one-room cabin in Maine, Evan and Rich must set their differences aside to find closure.

Lessons From the Greek Tragedies

with Member Dr. Wendell Rosse
Monday, March 30, 3pm Ballroom

Each year at the end of what is now March, Athens celebrated the Great (or City) Dionysia in honor of the god Dionysos and welcoming the advent of the new wine. It also honored the class of ephebes, young

men 18-20 years old who were ready for the army. The holiday lasted five days and included contests in poetry, comedy, and most importantly, tragedy. On each of the last three days, a playwright presented a trilogy of plays on a religious or civic theme followed by a satirical coda. These plays were constructed in a ritualized fashion that included a chorus that was made up of ephebes exhibiting their skills in military drill. The plays, the Greek equivalents of Sunday sermons, were full of religious and civic advice and admonitions directed toward everyone but primarily toward the ephebes.



In this talk, Dr. Rosse will concentrate on who Dionysos was and why this sort of celebration arose, on the details of the celebration including its venues, on the structure and presentation of the tragic plays, and on examples of the lessons in religious and civic duty that they teach, especially to young men. **Greek refreshments will be served after the lecture.**

Coming soon...



The Scholarship Program SPRINGS A SURPRISE!

Hint

What says "Spring" and "Yum"?



Watch your Cedars mail for delightful details.



The Evolution of the Pyramids and the Funerary Practices of Ancient Egypt

with Member Herb Cooper

Thursday, April 2, 3pm Ballroom

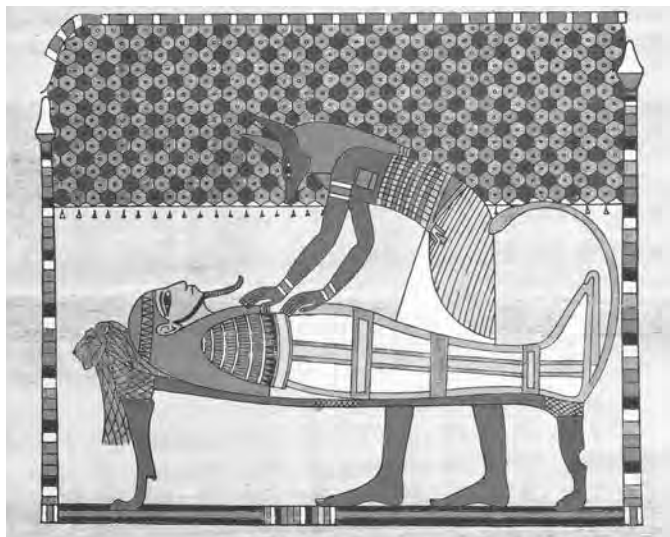
We will learn a few things about the ancient Egyptians and about the concept of the afterlife and the role it played in their funerary practices. You will see how some of their beliefs, culture, art, iconography and religious metaphors formed the basis of later religions such as Christianity three thousand years later.

We will visit all of the early pyramids, starting with the Step Pyramid of King Dozier. We'll learn about Imhotep, the brilliant engineer who conceived the idea of the Step Pyramid. This pyramid was the first structure that used quarried stone blocks and is still standing today after 4000 years. Imhotep devised all of the logistics of pyramid building which included quarrying of the large stones, transport of the stones to the construction site, elevating and moving these large stones up the pyramid, developing the devices they would need for this task, and setting up entire villages to house and feed the workers.

Learn about Sneferu, the Pharaoh who conceived the idea of the smooth sided pyramid and was the father of Khufu who built the Great Pyramid at Giza. See the mistakes in construction in the early smooth sided pyramids and learn how the great Egyptian engineers

solved the problems which led to the completion of the Red Pyramid, the first perfect smooth sided pyramid and the burial chamber of King Sneferu.

We will find out who the workers were and why they would volunteer for this enormous task. Journey inside the Great Pyramid, climb the grand stair case and enter the King's Chamber deep in the middle of the pyramid. Travel up the Nile to Luxor to see the great temple of Karnack and tour the Valley of the Kings. Here we will go inside the tombs of Tutankhamun and Rameses VI. We will briefly discuss the mystery surrounding the death of the boy King and see why Tutankhamun's tomb was hidden for thousands of years.



Great Getaways

Southern Leisure Tours Presents

- ❖ Highland County Virginia Maple Tour and Staunton's Blackfriar's Theater
MARCH 17-19
- ❖ International Cherry Blossom Festival, Macon, Georgia
MARCH 21-23
- ❖ *Fox on the Fairway*, Temple Theater, Sanford, NC
APRIL 2
- ❖ NC Azalea Festival and Parade, Wilmington, NC
April 10-11
- ❖ Alaska
May 28-June 9
- ❖ Cruise tour to Hawaii
September 10-September 23


Printed packets for these trips are located in the Cedars Clubhouse flyer holder next to the lower level elevator. Contact Steve Tuten at 919-471-6137 for trip details and pricing.

Channel 24 Replays Schedule

- ☞ Mondays 10am, exercise program;
12:30pm, recent lectures
- ☞ Tuesdays 10am, exercise program
- ☞ Wednesdays 10am, exercise program;
12:30pm, Members Meeting
- ☞ Thursdays 10am, exercise program
- ☞ Fridays 10am, exercise program

March 2015

CALENDAR KEY

 sign-up required
B Ballroom
BR Billiards Room
CL Classroom
CR Cardroom

DL Dining Lobby
DR Dining Room
ER Exercise Room
GL Great Lawn
L Library

LB Lobby
MR Magnolia Room
P Pool
PD Private Dining
S Studio




3/1 Sunday

9am Ping Pong **B**
1:30pm Playmakers **LB** 
3pm *The Cedars Performs* **B**



3/2 Monday

8am Art Open Studio **S**
8:45am Water Exercise **P**
9am Ping Pong **B**
9am Library Workday **L**
9:45am Water Exercise **P**
10am *Beginner Polymer Clay Class* **S** 
10:30am Knit & Stitch **CR**
11am Seniorcize **B**
11:30am Aquatic Therapy **P**  
11:30am Tai Chi **B**
1:30pm Play Group **CL**
2pm Poker **CR**
4pm *Celebrate the Chinese New Year with Phil Purcell* **B**


3/3 Tuesday

8:45am Seniorcize **B**
9:45am Sit and Be Fit **B**
11:30am Aquatic Therapy **P**  
1pm Golf Croquet **GL**
1:30pm Bible Study **MR**
2pm Mah Jongg **CR**
2pm Meditation **PD**
4:30pm Line Dancing **B**
6:30pm *Great Decisions Lecture* **LB** 
7:45pm Cedars Cinema **Channel 24**



3/4 Wednesday

8:45am Water Exercise **P**
9am Ping Pong **B**
9:45am Water Exercise **P**
10:30am French Lessons **CL**
11am Balance Challenge **B**
11:30am Balance Basics **B**
11:30am Aquatic Therapy **P**  
12:45pm Duplicate Bridge **CR**
4:30pm Zumba **B**
7:45pm Cedars Cinema **Channel 24**

3/5 Thursday

8am Art Open Studio **S**
8:45am Seniorcize **B**
9:45am Sit and Be Fit **B**
10am *NC Symphony Ticket Renewal* **CR**
11am Cedars University **B**
11:30am Aquatic Therapy **P**  
4pm Scrabble **CR**
4:30pm *Robert Griffin—Jazz Pianist* **DL**

3/6 Friday

8:45am Water Exercise **P**
9am Ping Pong **B**
9:45am Water Exercise **P**
10:30am *Great Decisions Discussion* **CR**
11:30am Aquatic Therapy **P**  
1pm Party Bridge **CR**
5pm Happy Hour **Bar**
7:45pm Cedars Cinema **Channel 24**


3/7 Saturday

11am Bocce **GL**
7:45pm Cedars Cinema **Channel 24**

3/8 Sunday

9am Ping Pong **B**

3/9 Monday





8am Art Open Studio **S**
8:45am Water Exercise **P**
9am Ping Pong **B**
9am Library Workday **L**
9:45am Water Exercise **P**
10:30am Knit & Stitch **CR**
11am Seniorcize **B**
11:30am Aquatic Therapy **P**  
11:30am Tai Chi **B**
2pm Poker **CR**
3pm Great Books **CL**
5:15pm *Dining Out! Squids* **LB** 

3/10 Tuesday

8:45am Seniorcize **B**
9:45am Sit and Be Fit **B**

11:30am Aquatic Therapy **P**  
1pm Golf Croquet **GL**
1:30pm Bible Study **MR**
2pm Mah Jongg **CR**
2pm Meditation **PD**
4:30pm Line Dancing **B**
5:30pm Ballroom Dance Group **B**
7:45pm Cedars Cinema **Channel 24**



3/11 Wednesday

8:45am Water Exercise **P**
9am Ping Pong **B**
9:45am Water Exercise **P**
10:30am French Lessons **CL** 
11am Balance Challenge **B**
11:30am Balance Basics **B**
11:30am Aquatic Therapy **P**  
12:45pm Duplicate Bridge **CR**
4:30pm Zumba **B**
6:30pm *Kinky Boots at DPAC* **LB** 
7:45pm Cedars Cinema **Channel 24**



3/12 Thursday

8am Art Open Studio **S**
8:45am Seniorcize **B**
9:45am Sit and Be Fit **B**
11am Cedars University **B**
11:30am Aquatic Therapy **P**  
1pm *Luau Pool Party with Sandy Friday* **P**
3pm *UNC PALS Study* **B**
4pm Scrabble **CR**

3/13 Friday

8:45am Water Exercise **P**
9am Ping Pong **B**
9:45am Water Exercise **P**
11:30am Aquatic Therapy **P**  
2pm Poetry Group **CL**
5pm Happy Hour **Bar**
7:45pm Cedars Cinema **Channel 24**

3/14 Saturday

9am Ping Pong **B**
11am Bocce **GL**
11am Accessing UNC Libraries **L**
11:45am *The Metropolitan Opera* **LB** 
1pm *Carolina Ballet* **LB** 
7:45pm Cedars Cinema **Channel 24**

3/15 Sunday

9am Ping Pong **B**
6:45pm *NC Symphony* **LB** 

3/16 Monday

8am Art Open Studio **S**
8:45am Water Exercise **P**
9am Ping Pong **B**
9am Library Workday **L**
9:45am Water Exercise **P**
10:30am Knit & Stitch **CR**
11am Seniorcize **B**
11:30am Tai Chi **B**
11:30am Aquatic Therapy **P** 📖 ❄️
1pm *Southwind Celtic Trio* **B**
1:30pm Play Group **CL**
2pm Poker **CR**

3/17 Tuesday

8:45am Seniorcize **B**
9:45am Sit and Be Fit **B**
11:30am Aquatic Therapy **P** 📖 ❄️
1pm Golf Croquet **GL**
1:30pm Bible Study **MR**
2pm Mah Jongg **CR**
2pm Meditation **PD**
4:30pm Line Dancing **B**
6:30pm Great Decisions Lecture **LB** 📖
7:45pm Cedars Cinema **Channel 24**

3/18 Wednesday

8:45am Water Exercise **P**
9am Ping Pong **B**
9:45am Water Exercise **P**
10:30am French Lessons **CL** 📖
11:30am Aquatic Therapy **P** 📖 ❄️
12:45pm Duplicate Bridge **CR**
4:30pm Zumba **B**
7:45pm Cedars Cinema **Channel 24**

3/19 Thursday

8am Art Open Studio **S**
8:45am Seniorcize Video **B**
9:45am Sit and Be Fit **B**
11am Cedars University **B**
11:30am Aquatic Therapy **P** 📖 ❄️
4pm Scrabble **CR**
3pm *Popcorn and a Movie* **B**
4:30pm *Robert Griffin—Jazz Pianist* **DL**

3/20 Friday

8:45am Water Exercise **P**
9am Ping Pong **B**
9:45am Water Exercise **P**
10:30am *Great Decisions Discussion* **CR** 📖
11:30am Aquatic Therapy **P** 📖 ❄️



1pm Party Bridge **CR**
5pm Happy Hour **Bar**
7:45pm Cedars Cinema **Channel 24**

3/21 Saturday

11am Bocce **GL**
7:45pm Cedars Cinema **Channel 24**

3/22 Sunday

9am Ping Pong **B**
2pm *Chamber Orchestra* **LB** 📖

3/23 Monday

8am Art Open Studio **S**
8:45am Water Exercise **P**
9am Ping Pong **B**
9am Library Workday **L**
9:45am Water Exercise **P**
10:30am Knit & Stitch **CR**
11am Seniorcize **B**
11:30am Aquatic Therapy **P** 📖 ❄️
11:30am Tai Chi **B**
2pm Poker **CR**
3pm *Classical Concert Series* **B** 📖

3/24 Tuesday

8:45am Seniorcize **B**
9:45am Sit and Be Fit **B**
11:30am Aquatic Therapy **P** 📖 ❄️
1pm Golf Croquet **GL**
1:30pm Bible Study **MR**
2pm Mah Jongg **CR**
2pm Meditation **PD**
7:45pm Cedars Cinema **Channel 24**

3/25 Wednesday

8:45am Water Exercise **P**
9am Ping Pong **B**
9:45am Water Exercise **P**
10:30am French Lessons **CL** 📖
11am Balance Challenge **B**
11:30am Balance Basics **B**
11:30am Aquatic Therapy **P** 📖 ❄️
12:45pm Duplicate Bridge **CR**
4:30pm Zumba **B**
7:45pm Cedars Cinema **Channel 24**

3/26 Thursday

8am Art Open Studio **S**
8:45am Seniorcize **B**
9:45am Sit and Be Fit **B**
11am Cedars University **B**
11:30am Aquatic Therapy **P** 📖 ❄️

2pm Members Meeting **B**
4pm Scrabble **CR**
4:30pm *OLLI New Horizons Chorus* **B**

3/27 Friday

8:45am Water Exercise **P**
9am Ping Pong **S**
9:45am Water Exercise **P**
11:30am Aquatic Therapy **P** 📖 ❄️
5pm Happy Hour **Bar**
5pm *Richard Tazewell—Pianist* **DL**
7:45pm Cedars Cinema **Channel 24**

3/28 Saturday

9am Ping Pong **B**
11am Bocce **GL**
11am Accessing UNC Libraries **L**
7:45pm Cedars Cinema **Channel 24**

3/29 Sunday

9am Ping Pong **B**
2pm *UNC Undergraduate Drama Dept.* **B**
3pm *Duke Chapel Choir* **LB** 📖

3/30 Monday

8am Art Open Studio **S**
8:45am Water Exercise **P**
9am Ping Pong **B**
9am Library Workday **L**
9:45am Water Exercise **P**
10:30am Knit & Stitch **CR**
11am Seniorcize **B**
11:30am Tai Chi **B**
11:30am Aquatic Therapy **P** 📖 ❄️
2pm Poker **CR**
3pm *Lessons From the Greek Tragedies with Dr. Wendell Rosse* **B**

3/31 Tuesday

8:45am Seniorcize **B**
9:45am Sit and Be Fit **B**
11:30am Aquatic Therapy **P** 📖 ❄️
1pm Golf Croquet **GL**
1:30pm Bible Study **MR**
2pm Mah Jongg **CR**
2pm Meditation **PD**
4:30pm Line Dancing **B**
7:45pm Cedars Cinema **Channel 24**

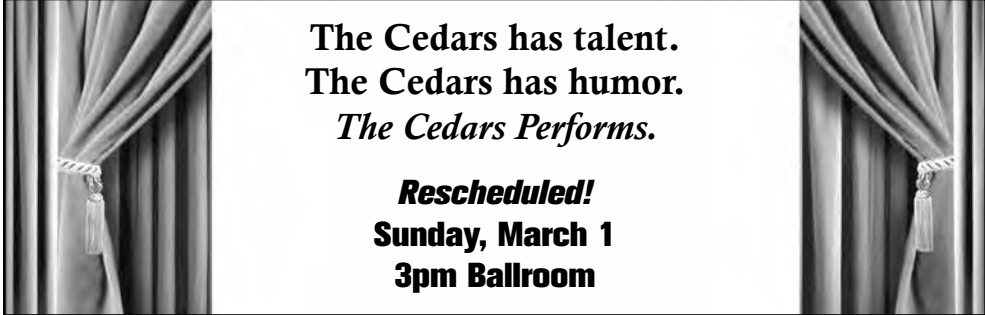
❄️ Pool closed weekdays from 11:30 to 2:00 for Aquatic Therapy

March Birthdays

Ann Kennedy	1
Kenneth Hoffman	2
Caroline Ward	2
John Hill	8
Marilyn Montague	9
Abbye Sperber	9
Elizabeth Pratt	12
Weslyn Strickland	12
Ary Reichman	14
Ann Christy	15
R. Lee Brummet	16
Myron Liptzin	17
Maia Saaremaa	19
Millie Rolander	19
Eleanor Lamb	20
Glenda J. Gleckner	21
Robert Hale	21
Anne Smith	25
Toula Bockting	25
Peter Page	25
Bette Israel	26
John Shedd	26
Charlotte Cooney	27
Dorothy Lavine	28
Mary Stark	29
Robert Rechholtz	29
Margery Duffey	30
Martha Rice	31
Elwood Coley	31
Ilona Fuchs	31

We apologize to anyone whose birthday may have been omitted or is incorrect. If you would like to be included or removed from the birthday list please contact Sheila Kiliru at 919-537-0126.

Let's Celebrate



**The Cedars has talent.
The Cedars has humor.
*The Cedars Performs.***

Rescheduled!
Sunday, March 1
3pm Ballroom

Southwind Celtic Trio

Monday, March 16, 1pm Ballroom

Southwind is a Celtic trio that plays traditional Irish, Scottish, New England, French-Canadian, and Cape Breton music. Equally at home playing slow airs, lilting waltzes, lively jigs, and driving reels, Southwind presents the rich and dynamic sounds of the Celtic world. The band consists of Alison Arnold on wooden flute and tin whistle, Julie Gorke on Celtic harp, and Gordon Arnold on cello. **Desserts will be served after the concert.**



Popcorn and a Movie—*Gone Girl*

Thursday, March 19, 3pm Ballroom

Gone Girl, directed by David Fincher and based upon the global bestseller by Gillian Flynn, unearths the secrets at the heart of a modern marriage. On his wedding anniversary, Nick Dunne (Ben Affleck) reports that his beautiful wife, Amy (Rosamund Pike), has gone missing. Under pressure from the police and a growing media frenzy, Nick's portrait of a blissful union begins to crumble. Soon his lies, deceits and strange behavior have everyone asking the same dark question: Did Nick Dunne kill his wife?

The OLLI New Horizons Chorus

Thursday, March 26, 4:30pm Ballroom



The New Horizons Chorus (a part of OLLI, Duke's Continuing Education program) along with our own Ellen Herron, under the direction of Glenn Mehrbach, will present its spring concert. There will be a selection of choral music, along with solos and duets by member of the chorus and some old favorites to sing along to. Selections will span many genres, moods and styles, including pieces by George and Ira Gershwin, contemporary pop tunesmith Randy Newman and musical parodist PDQ Bach. Also included are songs from musicals, and even a piece in Swahili! We hope you will join us as we explore the rich history or choral music, hear songs from the great American songbook, and even sing along, if you like.

Robert Griffin, Jazz Pianist
Thursdays, March 5 & 19, 4:30pm Dining Lobby

Richard Tazewell, Pianist
Friday, March 27, 5pm Dining Lobby

Regular Group Activities

location key B=Ballroom BR=Billiards
Room CR=Cardroom CL=Classroom
DL=Dining Lobby ER=Exercise Room
GL=Great Lawn L=Library LB=Lobby
MR=Magnolia Room P=Pool
PD=Private Dining Room S=Studio

Art Open Studio Mon & Thur all day **S**

Balance Basics Wed 11:30 **B**

Julie Hardison 919-259-7922

Balance Challenge Wed 11:00 **B**

Julie Hardison 919-259-7922

Ballroom Dance Group 2nd & 4th

Tue 5:30 **B**

Betty White 919-967-4064

The Bible Class Tue 1:30 **MR**

Mary Ann Van Kampen

919-493-1789

Bocce Sat 11:00 **GL**

Tom Herron 919-259-7829

Cedars Cinema Tue, Wed, Fri & Sat

7:45 **Channel 24**

Duplicate Bridge Wed 12:45 **CR**

Betty White 919-967-4064

Tally Purcell 919-259-7585

French Lessons Wed 10:30 **CL**

James Noblitt 962-0273

Garden Plots

Kit Bick 919-259-7088

Golf Croquet Tue 1:00 **GL**

Norman and Rhonda Innes

919-259-7150

Great Books Club 2nd Mon 3:00 **CL**

Martha Oxenfeldt 919-967-2898

Happy Hour

Fri 5:00 **Bar**

Knit & Stitch

Mon 10:30 **CR**

Lou Owens 919-259-7557

Library Workday

Mon 9:00 **L**

Nancy Lebo 919-259-7330

Line Dancing

Tue 4:30 **B**

Mah Jongg Tue 2:00 **CR**

Sarah Kittner 919-969-6822

Meditation Tue 2:00 **PD**

Carolyn Taff 919-918-4467

Alice Myers 919-259-7474

Members Meeting last Thur 2:00 **B**

Weezie Oldenburg 919-942-6994

Party Bridge 1st & 3rd Fri 1:00 **CR**

Lofi Hirschman 919-259-7015

Ping Pong Mon, Wed, Fri, Sat, Sun

9:00 **B**

Rose Michelson 919-945-0888

Play Group 1st & 3rd Mon 1:30 **CL**

Pat Beyle 919-942-1281

Poetry Group 2nd Fri 2:00 **CL**

Martha Oxenfeldt 919-967-2898

Poker Mon 2:00 **CR**

Scott Taylor 919-835-0700

Scrabble Thur 4:00 **CR**

Eileen Stendig 919-259-7722

Seniorcize Mon 11:00 Tue Thur 8:45 **B**

Julie Hardison 919-259-7922

Sit and Be Fit Tue Thur 9:45 **B**

Julie Hardison 919-259-7922

Tai Chi Mon 11:30 **B**

Julie Hardison 919-259-7922

UNC Libraries alternate Sat 11am

Lynne Morris 919-967-4885

Water Exercise Mon Wed Fri 8:45 &

9:45 **P**

Julie Hardison 919-259-7922

Zumba Wed 4:30 **B**

Julie Hardison 919-259-7922

Get Involved

Accessing UNC Libraries

Saturdays, March 14 & 28, 11am Library

Want to borrow books from
UNC Libraries? Contact Lynne
Morris with questions at
919-967-4885.

Meadowmont Senior

Luncheon

Wednesday, March 18, 1pm

Come and get to know your
Meadowmont senior neighbors
while enjoying lunch at Mama
Dip's in Chapel Hill. For
information and reservations
contact Doris and Jim Morentz
at 919-945-1775.

Great Books Club

2nd Mondays, 3pm Classroom

Greasy Lake

by T. Coraghessan Boyle





Partners in Active Living Study (PALS) Information Session

Thursday, March 12
3pm Ballroom

Osteoarthritis is a leading cause of disability in the United States and globally. Physical activity is the most important non-drug treatment in managing the pain and disability caused by this disease. Despite this fact, most

people who have osteoarthritis are not active enough to experience the benefits physical activity can give them.

The Partners in Active Living Study (PALS) is being conducted to learn how to help people with osteoarthritis become more physically active—a change that can help them manage joint pain, stiffness and other symptoms. We think that it will be easiest for them to become more active if their partner learns how to help them make this change. That is why this study is for couples.

Who can join the study?

You may qualify to join the study if you are:

- An adult with osteoarthritis in your hips or knees
- Married to or living with your partner
- Your partner must be willing to join the study and complete study activities

What would my partner and I be asked to do in the study?

You will both begin by completing a short screening interview to learn if you qualify for the study. If you do and you want to join the study, you will be asked to attend a 2-3 hour Active Living Class. Here you will learn easy changes you can make to become more active in daily life. At certain times during the study, you will both be asked to complete questionnaires and wear an activity counter that records your activity levels.

You will be compensated for your time in the study.

Researchers from the Thurston Arthritis Research Center at UNC will present more information about this program on March 12 at 3pm in the Ballroom.



UNC
THURSTON ARTHRITIS
RESEARCH CENTER

ANNOUNCEMENTS

Open House Luau Pool Party with Sandy Friday

Thursday, March 12, 1-2pm Clubhouse Pool

For more information contact Sandy Friday, Rehab Manager, at 919-259-7907.

Brunch Bunch Meet 'N Greet

Saturday, March 21, 8:30-10:30am

Brunch Bunch Open House is held the third Saturday of each month. Get to know your Meadowmont neighbors over coffee and a bagel. The Meadowmont community picks up the tab. Contact Bill Ferrell at 919-240-4682 with questions.



2014-15 Classical Concert Series

Monday, March 23, 3pm Ballroom

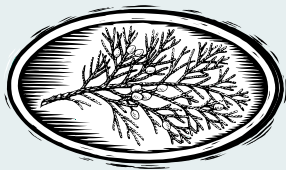
An English horn and strings quintet of NC Symphony musicians will provide our program. Their music will include Mozart, Nash, Beethoven, and Francaix.

Subscribers, don't miss this fine concert and please remember to bring your tickets. Call Connie Eby at 919-259-7808 if you have questions.



Exhibits

If you are willing to share your collection by displaying it in the Clubhouse Lobby, please contact Marguerite Hutchins at 919-942-5307.



In-House TV..... Channel 24
 Reception..... 919-259-7000
 Concierge..... 919-259-7937
 Fax..... 919-259-7001
 Spa & Salon..... 919-259-7940
 Dining Reservations..... 919-259-7932
 Work Orders..... 919-259-7918
 Security..... 919-883-7666

Editor.....Laura Waggoner
 919-259-7944

Graphic Designer..... Ballyhoo Studio

CALENDAR *at a Glance*

<i>date</i>	<i>day</i>	<i>activity</i>	<i>time</i>	<i>location</i>
3/1	Sunday	Playmakers Repertory Company	1:30pm	Lobby
3/1	Sunday	The Cedars Performs	3pm	Ballroom
3/2	Monday	<i>Celebrate the Chinese New Year</i> with Phil Purcell	4pm	Ballroom
3/3	Tuesday	Great Decisions Lecture	6:30pm	Lobby
3/5	Thursday	NC Symphony Ticket Renewal	10am	Cardroom
3/5	Thursday	Cedars University <i>How to Listen to and Understand Great Music</i>	11am	Ballroom
3/5	Thursday	Robert Griffin—Jazz Pianist	4:30pm	Dining Lobby
3/6	Friday	Great Decisions Discussion	10:30am	Cardroom
3/9	Monday	Dining Out! Squids	5:15pm	Lobby
3/11	Wednesday	Kinky Boots at DPAC	6:30pm	Lobby
3/12	Thursday	Cedars University <i>How to Listen to and Understand Great Music</i>	11am	Ballroom
3/12	Thursday	Partners in Active Living Study (PALS) 3pm Information Session		Ballroom
3/14	Saturday	The Metropolitan Opera <i>La Donna del Lago</i>	11:45am	Lobby
3/14	Saturday	Carolina Ballet	1pm	Lobby
3/15	Sunday	NC Symphony at UNC Memorial Hall	6:45pm	Lobby
3/16	Monday	Southwind Celtic Trio	1pm	Ballroom
3/17	Tuesday	Great Decisions Lecture	6:30pm	Lobby
3/19	Thursday	Cedars University <i>How to Listen to and Understand Great Music</i>	11am	Ballroom
3/19	Thursday	Popcorn and a Movie— <i>Gone Girl</i>	3pm	Ballroom
3/19	Thursday	Robert Griffin—Jazz Pianist	4:30pm	Dining Lobby
3/20	Friday	Great Decisions Discussion	10:30am	Cardroom
3/22	Sunday	Chamber Orchestra	2pm	Lobby
3/23	Monday	2014-15 Classical Concert Series	3pm	Ballroom
3/26	Thursday	Cedars University <i>How to Listen to and Understand Great Music</i>	11am	Ballroom
3/26	Thursday	Members Meeting	2pm	Ballroom
3/26	Thursday	The OLLI New Horizons Chorus	4:30pm	Ballroom
3/27	Friday	Richard Tazewell—Pianist	5pm	Dining Lobby
3/29	Sunday	<i>The Will of Bernard Boynton of</i> <i>Liberty, Maine</i> by the UNC Undergraduate Drama Department	2pm	Ballroom
3/29	Sunday	The Duke Chapel Choir at Duke Chapel	3pm	Lobby
3/30	Monday	<i>Lessons From the Greek Tragedies</i> with Member Dr. Wendell Rosse	3pm	Ballroom