

The Cedars Post

June 2015

Volume 12 Issue 6

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The Cedars Post is a monthly publication of The Cedars of Chapel Hill Club, Inc. • 100 Cedar Club Circle Chapel Hill NC 27517 • 919-259-7000



The Pied Piper of The Cedars Attracts Many New Canine Fans

by Bob Rechholtz, photos by Norman Innes

It was 8:30 on a beautiful Chapel Hill spring morning, on the great lawn of the Cedars retirement community. A tall, attractive lady leaned over her balcony on the third floor of Bladen and welcomed her following and their owners to the second annual celebration of “Biscuit Day.”

More than 28 dogs, big and small, pure breeds and cross breeds, looked at piper Mary Ann Van Kampen with great anticipation. Most were well behaved. A few had territorial issues, which were quickly resolved. Usually each dog is served individually with a Milk Bone biscuit. Today discretion trumped valor to avoid a mass scramble. The focus was on dogs and owners socializing and celebrating Mary Ann’s daily generosity. All were well behaved, even the owners. Resident Norm Innes documented the event with still and motion photography. It was all in good fun and the start of another activity packed day at the Cedars.



Many retirement communities accept pets, for good reason. They are a real comfort to seniors with empty nests and in many cases without their life long partners. Cedar’s Executive Director Sara Flynn says, “the community makes every effort to be pet friendly beyond the norm.” Pets have full range of the campus as long as they are leashed and under control. Doggie waste bag dispensers are placed at strategic locations along with covered dump bins. Dogs are even allowed in the main reception area where they are all known by name and given a daily treat. Specially trained therapy dogs, like Rhonda Innes’s collie, Bonnie, regularly visits the DuBose Health Center where they bring their own brand of healing to welcoming residents.



As the old saying goes, “dogs are a man’s best friend.” At the Cedars these happy canines are everyone’s friend. Known by name and personality, they add another joyful dimension to daily life at this wonderful retirement community.

MAKE IT TO THE BUS ON TIME

Please call Laura Waggoner at 919-259-7944 on regular business days if you have signed up but are unable to attend these events:

Tour of Maple View Farm

Friday, June 5, 1pm Lobby

Pump Boys and Dinettes

at Kennedy Theatre Raleigh
Sunday, June 7, 1:45pm Lobby

Dining Out! Spartacus

Thursday, June 11, 4:45pm Lobby

Shen Wei Dance Arts: American Dance Festival

at DPAC
Saturday, June 13, 6pm Lobby

Pilobolus: American Dance Festival

at DPAC
Saturday, June 20, 6pm Lobby

Side By Side By Sondheim

at Titmus Theatre, Raleigh
Sunday, June 21, 1pm Lobby

Beyond the Cedars



Tour of Maple View Farm

Friday, June 5, 1pm Lobby

Maple View Farm, located in the southern countryside of Hillsborough, has scenic views of open farmland, antique dairy collections, Holstein cows and fresh churned southern ice cream. They have served thousands of people since opening their doors in 2001. Beginning with 12 flavors

on opening day, their product line has now expanded to hundreds of delicious and unique ice cream creations. We'll begin our tour at the learning center with a talk on how ice cream, milk and butter are made and then get a covered hayride around the property. We'll end the tour at the county store where you can sit on the front porch with your choice of a scoop of ice cream. Sign up at the Concierge Desk, deadline June 3. Cost: \$15 for tour, scoop of ice cream and transportation. Minimum 10 people. Maximum 28 people.

Dining Out! Spartacus

Thursday, June 11, 4:45pm Lobby

Located in the South Square area of Durham, Spartacus has received local and national recognition for their excellent food and service in a comfortable atmosphere. They have been selected by the *Herald Sun*, *Independent Weekly*, *Durham Magazine*, *NY Daily News* as the "Best Greek Mediterranean/Greek Cuisine" in the Triangle. Authentic ingredients are used in the finest of seafood, steaks, pasta, and vegetarian dishes. Sign up at the Concierge Desk beginning June 1, deadline June 8. A sample menu is available at the Concierge Desk. Cost: \$7 for transportation. Bring money for food and drinks. Minimum 6 people. Maximum 28 people.

Side By Side By Sondheim

at Titmus Theatre, Raleigh

Sunday, June 21, 1pm Lobby

Get ready to laugh, cry and fall in love with lyrics that are heartbreakingly true and music that captures the soaring emotions of a new generation. Simple and unpretentious, this Tony Award-winning musical is a perfect introduction to the work of contemporary master Stephen Sondheim and a must for die-hard fans.

With selections from *West Side Story*, *Gypsy*, *Do I Hear A Waltz?*, *A Funny Thing Happened On The Way To The Forum*, *Anyone Can Whistle*, *Company*, *Follies*, *A Little Night Music*, *Pacific Overtures*, *Sweeney Todd*, *Into The Woods*, *Sunday In The Park With George*, *Merrily We Roll Along*, *Passion*, *Assassins*, and occasional numbers for film and television, for which he wrote both the words and music. Directed by John McIlwee. Sign up at the Concierge Desk beginning June 1, deadline June 10. Cost: \$24 for ticket and transportation. Minimum 5 people. Maximum 7 people.





WALK to CURE ARTHRITISSM

The Cedars' first satellite Walk to Cure Arthritis was a great success. 256 Members and staff participated in the campus-wide event, walking in an effort to raise awareness of the disease. Group walks were held at the Dubose Health Center and the Great Lawn, while others walked in the pool, the fitness room, the ballroom, and on their own.

A reception was held to celebrate the Members' participation. Ibby Wooten presented a certificate of recognition for their efforts on behalf of the Arthritis Foundation.



Kudos to...

☞ The Kentucky Derby party volunteers: Thelma Baker, Art Lebo, Nancy Lebo and Martha Oxenfeldt

☞ Ina Evans for her efforts over the years in creating a successful Kentucky Derby Celebration

☞ Phil Purcell for providing an armchair travel program, South Africa, part 1 of 2

☞ Jacquelyn Floreen for being named by LCS as a Spiritual Wellness Resident Champion for her years of service as a healing touch provider

☞ Prue Mulrine for entertaining us with her lovely harp music

☞ Gustavo Montana for presenting *History, Overview and Financing of Medicare*

☞ Don Rorke, who, along with Paul Green and his late wife Skip, first conceived of the idea of a concert series after realizing that interest in chamber music at The Cedars far exceeded the 35-person limit on attendance at house concerts in the Green's apartment. Subsequently, Don has spearheaded the effort to design and build a stage, enhancing both sound and view of the musicians, along with lobbying for enhanced lighting in the Ballroom. In 2013 Don and Paul acquired a 1926 seven foot Steinway piano (which was totally reconditioned), financed by gifts from Cedars Members. Thank you, Don and Paul, for your vision and dedication to making extraordinary music available at The Cedars!

Sudoku Puzzle

Enter digits from 1 to 9 into the blank spaces. Every row must contain one of each digit. So must every column, as must every 3x3 square.

Puzzle rating: Evil

			6			9	2
		3			5	8	
							6
	4	8			1	6	3
				3			
	6	7	8			9	1
5							
		4	2			7	
1	2				8		

Puzzle by websudoku.com



Cedars University

Great World Religions: Buddhism

Taught by Professor Malcolm David Eckel Ph.D., Professor of Religion and Director of the Core Curriculum at Boston University (lectures on DVD)
Thursdays, June 4-June 25, 11am Ballroom

Buddhism challenges some of the most important Western ideas about God, human life, and the self. In Buddhism there is no single almighty God who created the world. Instead, Buddhism teaches that all of life is suffering, and there is no permanent self. And it teaches that in accepting that all life is bliss can be achieved in this life.

Professor Malcolm David Eckel is winner of Boston University's highest honor, the Metcalf Award for Teaching Excellence. He has spent most of his adult life studying Buddhism in Asia and North America, and shares his insights about this endlessly fascinating faith in this vital series.

LEARNING OPPORTUNITIES

World War II Lecture Series: History and Personal Stories from Pearl Harbor through D-Day

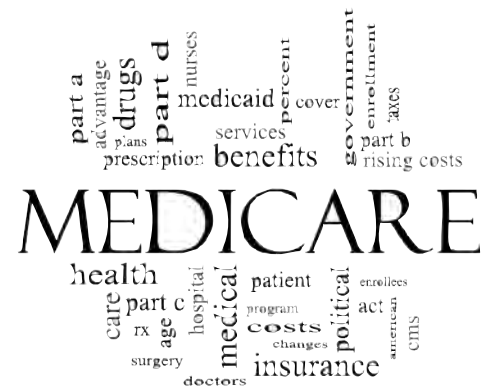
with Bill Melega, M.Ed., NBPTS
Mondays, June 1 & 8, 7pm Ballroom (parts 3 & 4)

Join master storyteller Bill Melega, award-winning instructor and 2010 National VFW Teacher of the Year, as he continues his journey through the events of World War II. More than just dates and places, this lecture series focuses on the stories of the soldiers. Experience the war through the eyes of the soldiers on the battlefield, the vastness of Europe and the Pacific theatre, and the weariness of the men and women who saved the world from tyranny. In part three of this lecture series, learn about the many details of the European WWII theatre, and part four concludes with the mighty, all-out invasion of Europe on D-Day.



A THREE PART LECTURE SERIES

All You Want To Know About Medicare and More



PART ONE

History, Overview and Financing of Medicare

Presented by Gustavo Montana
Wednesday, June 3, 3pm Ballroom

PART TWO

Medicare Part A; Part B; Part C (Medigap and Managed Care policies)
Presented by Ashley Beale, Director of Social Services

Wednesday, June 10, 3pm Ballroom

PART THREE

Medicare Part D; Future of Medicare
Presented by Gina Upchurch from Senior Pharmacist

Wednesday, June 17, 3pm Ballroom

Medicare is a very important part of health care in the US for providers and beneficiaries alike. The rules governing Medicare can be confusing for all concerned. This series of three presentations will cover the fundamental rules of the system and how it impacts the residents of our community. The main purpose of these presentations is to provide information to our Members. Ample time will be provided for Q & A.

Hearing Loop Sessions

with Dr. Amanda O'Donnell, Au.D.

Tuesday, June 9, 1-3pm Ballroom

A telecoil is a tiny copper wire wound around a central core. It is not an "essential" part of a hearing aid, but if present, may be used to extend a hearing aid's functionality. Want to take advantage of the hearing loop during fitness classes and other events in the Ballroom? Unsure if your hearing aid has a telecoil? Dr. Amanda O'Donnell, from the UNC Hearing and Communication Center, is hosting an open session, focused on the telecoil. **Call Dr. O'Donnell at 919-493-7980 for a 10-minute appointment.** She will check your hearing aid and call the manufacturer if necessary to see if your hearing aid has a telecoil installed. If you have a telecoil, you may need to go to your hearing healthcare provider to have it turned on so that you can access it in the Ballroom. **Please see the detailed flier in the brochure holder next to the first floor Clubhouse elevator.**

South Africa Safari, Part 1

with Phil Purcell

Thursday, June 18, 3pm Ballroom

Catch sight of lions, leopards, cheetahs, elephants, giraffes, and many more animals in their native habitat. Travel with Phil and Tally Purcell to four private game reserves in South Africa to track animals. Visit Singita and Londolozi in Sabi Sand adjacent to Kruger National



Park, Phinda in the rare sand forest of KwaZulu-Natal and Twsalu on the edge of the Kalahari Desert. Also visit Cape Town and Rorke's Drift, site of an historic clash in the Anglo-Zulu war of 1879. Join us to look for more indigenous animals in Namibia, Botswana, Zimbabwe and Kenya and ride Rovos Rail from Pretoria to Victoria Falls.



Animated Shapes of Nature

with Patrick Dougherty

Friday, June 26, 3pm Ballroom

Combining his carpentry skills with his love for nature, Patrick Dougherty began to learn more about primitive techniques of building and to experiment with tree saplings as construction material. In 1982 his first work, *MapleBodyWrap* was included in the North Carolina Biennial Artists' Exhibition sponsored by the North Carolina Museum of Art. His work quickly evolved from single pieces on conventional pedestals to monumental scale environments which required saplings by the truckloads. During the last two decades, he has built over 150 works throughout the United States, Europe and Asia.

Don't miss the documentary about Dougherty's work, *Bending Sticks*, to be shown on Monday, June 22, at 3pm in the Ballroom.

Great Getaways

Southern Leisure Tours Presents

- ❖ The Lost Colony and Roanoke Island Festival Park, Manteo, NC
JUNE 1-3
- ❖ *Summertime* at the Flat Rock Playhouse and the NC Arboretum
JUNE 17-19
- ❖ Cruise Tour to Hawaii
September 10-September 23

Printed packets for these trips are located in the Cedars Clubhouse flyer holder next to the lower level elevator. Contact Steve Tuten at 919-471-6137 for trip details and pricing.

June 2015

CALENDAR KEY

 sign-up required
B Ballroom
BR Billiards Room
CL Classroom
CR Cardroom

DL Dining Lobby
DR Dining Room
ER Exercise Room
GL Great Lawn
L Library

LB Lobby
MR Magnolia Room
P Pool
PD Private Dining
S Studio



6/1 Monday

8am Art Open Studio **S**
8:45am Water Exercise **P**
9am Ping Pong **B**
9am Library Workday **L**
9:45am Water Exercise **P**
10:30am Knit & Stitch **CR**
11am Seniorcize **B**
11:30am Aquatic Therapy **P**  
11:30am Tai Chi **B**
1:30pm Play Group **CL**
2pm Poker **CR**
7pm *World War II Lecture Series Part 3* **B**

6/2 Tuesday

8:45am Seniorcize **B**
9:45am Sit and Be Fit **B**
10am Golf Croquet **GL**
11:30am Aquatic Therapy **P**  
1:30pm Bible Study **MR**
2pm Mah Jongg **CR**
2pm Meditation **PD**
7:45pm Cedars Cinema **CHANNEL 24**

6/3 Wednesday

8:45am Water Exercise **P**
9am Ping Pong **B**
9:45am Water Exercise **P**
11am Balance Challenge **B**
11:30am Balance Basics **B**
11:30am Aquatic Therapy **P**  
12:45pm Duplicate Bridge **CR**
3pm All You Want To Know About Medicare and More Part 1 **B**
4:30pm Zumba **B**
7:45pm Cedars Cinema **CHANNEL 24**

6/4 Thursday

8am Art Open Studio **S**
8:45am Seniorcize **B**
9:45am Sit and Be Fit **B**
11am Cedars University **B**
11:30am Aquatic Therapy **P**  
4pm Scrabble **CR**


6/5 Friday

8:45am Water Exercise **P**
9am Ping Pong **B**
9:45am Water Exercise **P**
11:30am Aquatic Therapy **P**  
1pm Party Bridge **CR**
1pm Maple View Farms Tour **LB** 
5pm Happy Hour **Bar**
7:45pm Cedars Cinema **CHANNEL 24**



6/6 Saturday

9am Ping Pong **B**
10am Bocce **GL**
11am Accessing UNC Libraries **L**
3pm & 7:45pm Cedars Cinema **CHANNEL 24**

6/7 Sunday

9am Ping Pong **B**
1:45pm Pump Boys and Dinettes at Kennedy Theater **LB** 
3pm Cedars Cinema **CHANNEL 24**

6/8 Monday



8am Art Open Studio **S**
8:45am Water Exercise **P**
9am Ping Pong **B**
9am Library Workday **L**
9:45am Water Exercise **P**
10:30am Knit & Stitch **CR**
11am Seniorcize **B**
11:30am Tai Chi **B**
11:30am Aquatic Therapy **P**  
3pm Great Books **CL**
2pm Poker **CR**
7pm World War II Lecture Series Part 4 **B**

6/9 Tuesday

8:45am Seniorcize **B**
9:45am Sit and Be Fit **B**
10am Golf Croquet **GL**
11:30am Aquatic Therapy **P**  
1:30pm Bible Study **MR**
1pm Hearing Loop Sessions with Dr. O'Donnell **B**

2pm Mah Jongg **CR**
2pm Meditation **PD**
4:30pm Line Dancing **B**
5:30pm Ballroom Dance Workshop **B**
7:45pm Cedars Cinema **CHANNEL 24**



6/10 Wednesday

8:45am Water Exercise **P**
9am Ping Pong **B**
9:45am Water Exercise **P**
11am Balance Challenge **B**
11:30am Balance Basics **B**
11:30am Aquatic Therapy **P**  
12:45pm Duplicate Bridge **CR**
3pm All You Want To Know About Medicare and More Part 2 **B**
4:30pm Zumba **B**
7:45pm Cedars Cinema **CHANNEL 24**


6/11 Thursday

8am Art Open Studio **S**
8:45am Seniorcize **B**
9:45am Sit and Be Fit **B**
11am Cedars University **B**
11:30am Aquatic Therapy **P**  
2pm Rehab Lecture with Sandy Friday **B**
4pm Scrabble **CR**
4:30pm Robert Griffin—Jazz Pianist **DL**
4:45pm Dining Out! Spartacus **LB** 

6/12 Friday

8:45am Water Exercise **P**
9am Ping Pong **B**
9:45am Water Exercise **P**
11:30am Aquatic Therapy **P**  
5pm Happy Hour **Bar**
7:45pm Cedars Cinema **CHANNEL 24**

6/13 Saturday

10am Bocce **GL**
3pm & 7:45pm Cedars Cinema **CHANNEL 24**
6pm Shen Wei at DPAC **LB** 

6/14 Sunday

9am Ping Pong **B**
3pm Cedars Cinema **CHANNEL 24**

6/15 Monday

8am Art Open Studio **S**
8:45am Water Exercise **P**
9am Ping Pong **B**
9am Library Workday **L**
9:45am Water Exercise **P**

10:30am Knit & Stitch **CR**
11am Seniorcize **B**
11:30am Tai Chi **B**
11:30am Aquatic Therapy **P** 📖 ♣️
1:30pm Play Group **CL**
2pm Poker **CR**

6/16 Tuesday

8:45am Seniorcize **B**
9:45am Sit and Be Fit **B**
10am Golf Croquet **GL**
11:30am Aquatic Therapy **P** 📖 ♣️
1:30pm Bible Study **MR**
2pm Mah Jongg **CR**
2pm Meditation **PD**
4:30pm Line Dancing **B**
5:30pm *Prue Mulrine on Harp* **CR**
7:45pm Cedars Cinema **CHANNEL 24**

6/17 Wednesday

8:45am Water Exercise **P**
9am Ping Pong **B**
9:45am Water Exercise **P**
11am Balance Challenge **B**
11:30am Balance Basics **B**
11:30am Aquatic Therapy **P** 📖 ♣️
12:45pm Duplicate Bridge **CR**
3pm All You Want To Know About Medicare and More Part 3 **B**
4:30pm Zumba **B**
7:45pm Cedars Cinema **CHANNEL 24**

6/18 Thursday

8am Art Open Studio **S**
8:45am Seniorcize **B**
9:45am Sit and Be Fit **B**
11am Cedars University **B**
11:30am Aquatic Therapy **P** 📖 ♣️
3pm South Africa Safari with Phil Purcell **B**
4pm Scrabble **CR**

6/19 Friday

8:45am Water Exercise **P**
9am Ping Pong **S**
9:45am Water Exercise **P**
11:30am Aquatic Therapy **P** 📖 ♣️
1pm Party Bridge **CR**
5pm Happy Hour **Bar**
5pm Richard Tazewell—Pianist **DL**
7:45pm Cedars Cinema **CHANNEL 24**

6/20 Saturday

9am Ping Pong **B**

10am Bocce **GL**
11am Accessing UNC Libraries **L**
3pm & 7:45pm Cedars Cinema **CHANNEL 24**
6pm Pilobolus at DPAC **LB** 📖

6/21 Sunday

9am Ping Pong **B**
1pm Side By Side By Sondheim at Titmus Theatre **LB** 📖
3pm Cedars Cinema **CHANNEL 24**

6/22 Monday

8am Art Open Studio **S**
8:45am Water Exercise **P**
9am Ping Pong **B**
9am Library Workday **L**
9:45am Water Exercise **P**
10:30am Knit & Stitch **CR**
11am Seniorcize **B**
11:30am Tai Chi **B**
11:30am Aquatic Therapy **P** 📖 ♣️
2pm Poker **CR**
3pm Popcorn and a Movie—Bending Sticks **Documentary B**

6/23 Tuesday

8:45am Seniorcize **B**
9:45am Sit and Be Fit **B**
10am Golf Croquet **GL**
11:30am Aquatic Therapy **P** 📖 ♣️
1:30pm Bible Study **MR**
2pm Mah Jongg **CR**
2pm Meditation **PD**
4:30pm Line Dancing **B**
5:30pm Ballroom Dance Group **B**
7:45pm Cedars Cinema **CHANNEL 24**

6/24 Wednesday

8:45am Water Exercise **P**
9am Ping Pong **B**
9:45am Water Exercise **P**
11am Balance Challenge **B**
11:30am Balance Basics **B**
11:30am Aquatic Therapy **P** 📖 ♣️
12:45pm Duplicate Bridge **CR**
4:30pm Zumba **B**
7:45pm Cedars Cinema **CHANNEL 24**

6/25 Thursday

8am Art Open Studio **S**
8:45am Seniorcize **B**
9:45am Sit and Be Fit **B**
11am Cedars University **B**

11:30am Aquatic Therapy **P** 📖 ♣️
2pm Members Meeting **B**
4pm Scrabble **CR**
4:30pm Robert Griffin—Jazz Pianist **DL**

6/26 Friday

8:45am Water Exercise **P**
9am Ping Pong **S**
9:45am Water Exercise **P**
11:30am Aquatic Therapy **P** 📖 ♣️
3pm Animated Shapes of Nature with Patrick Dougherty **B**
5pm Happy Hour **Bar**
7:45pm Cedars Cinema **CHANNEL 24**

6/27 Saturday

9am Ping Pong **B**
10am Bocce **GL**
3pm & 7:45pm Cedars Cinema **CHANNEL 24**

6/28 Sunday

9am Ping Pong **B**
3pm Classical Concert Series **B**
3pm Cedars Cinema **CHANNEL 24**

6/29 Monday

8am Art Open Studio **S**
8:45am Water Exercise **P**
9am Ping Pong **B**
9am Library Workday **L**
9:45am Water Exercise **P**
10:30am Knit & Stitch **CR**
11am Seniorcize **B**
11:30am Tai Chi **B**
11:30am Aquatic Therapy **P** 📖 ♣️
2pm Poker **CR**
3pm Onyx Club Boys **B**

6/30 Tuesday

8:45am Seniorcize **B**
9:45am Sit and Be Fit **B**
10am Golf Croquet **GL**
11:30am Aquatic Therapy **P** 📖 ♣️
1:30pm Bible Study **MR**
2pm Mah Jongg **CR**
2pm Meditation **PD**
4:30pm Line Dancing **B**
7:45pm Cedars Cinema **CHANNEL 24**

♣️ **Pool closed weekdays from 11:30 to 2:00 for Aquatic Therapy**

June Birthdays

Alyce Bennett	1
Dorothy Bolton	1
Faye Kalman	3
Margaret Rook	4
Teena Sessoms	5
Newland Oldham	5
Wendell Rosse	5
Martha Oxenfeldt	7
Donald Alguire	7
John Bannan	8
Sue Tiedeman	9
Carole Bossen	10
Richard Kosiba	11
Dorothy Kreissman	12
Robert Paterson	20
Toby Kahr	20
Thomas Christy	22
Thomas Herron	23
Sally Orcutt	23
Mary Peacock	25
Scott Taylor	27
Rod James	30
Howard Maniloff	30

We apologize to anyone whose birthday may have been omitted or is incorrect. If you would like to be included or removed from the birthday list please contact Sheila Kiliru (919-537-0126).

Let's Celebrate

A little night music...

**Robert Griffin,
Jazz Pianist**

Thursdays, June 11 & 25,
4:30pm Dining Lobby

**Prue Mulrine,
Harpist**

Tuesday, June 16, 5:30pm
Cardroom

**Richard
Tazewell, Pianist**

Friday, June 19, 5pm
Dining Lobby

Popcorn and a Movie

Bending Sticks Documentary

Monday, June 22, 3pm Ballroom



The feature length documentary *Bending Sticks* celebrates the 25-year career of internationally renowned environmental artist Patrick Dougherty, who has created hundreds of monumental, site-specific sculptures out of nothing more than saplings. The film follows the artist and his collaborators during a year of stick work and reveals Dougherty's process, personal story

and inspirations. The heart of the film is the creation of five Dougherty commissions in different locations—inside the new wing of the NC Museum of Art, on Main Street in Rock Hill, SC, at a private home in Chapel Hill, NC, at the Bascom Art Center in the mountains of NC, and in the gardens of Dumbarton Oaks in Washington, DC. At each location, viewers see how Dougherty and many others transform piles of sticks into energetic lines and exuberant forms. Dougherty's projects invite collaboration and engage communities in the making and viewing of his very public art.

Don't miss Mr. Dougherty's lecture in the Ballroom on June 26 at 3pm.

The Onyx Club Boys

Monday, June 29, 3pm Ballroom

The Onyx Club Boys, who have played with the likes of the Squirrel Nut Zippers and Countdown Quartet, draw inspiration from cool old music, Gypsy Jazz to French Musettes, Brazilian Sambas, Swing, and Ragtime. It's a trip around the world that will make you swoon, tap your feet, and realize how universal and similar music really is!



ANNOUNCEMENTS

Home Safety with Sandy Friday

Thursday, June 11, 2pm Ballroom

For more information contact
Sandy Friday, Rehab Manager,
at 919-259-7907.

Brunch Bunch Meet 'N Greet

Saturday, June 20, 8:30-10:30am

Brunch Bunch Open House
is held the third Saturday of
each month. Get to know
your Meadowmont neighbors
over coffee and a bagel. The
Meadowmont community picks
up the tab. Contact Bill Ferrell
at 919-240-4682 with questions.

Bonus Concert Open To All Sunday, June 28, 3pm Ballroom

All Cedars Members are invited
to a special concert featuring
Laura Gilbert on flute, Deborah
Wong on violin and Jonathan
Bagg on viola. Questions?
Please call Sue Bielawski at
919-933-4428 or Pat Beyle at
919-942-1281.





• • • • • CEDARS *Cinema* • • • • •

Tuesdays, Wednesdays, Fridays & Saturdays, 7:45pm Channel 24
Saturday and Sunday Matinees at 3pm Channel 24

Songcatcher

Tuesday, June 2, Saturday June 6, 7:45pm &
Sunday, June 7, 3pm • PG-13

During a visit to her sister in Appalachia, a musicologist stumbles upon a treasure trove of dozens of Scots-Irish ballads that have been preserved for generations by the local populace and are unknown to the outside world. Starring Janet McTeer and Aidan Quinn. (2000)

Magic Beyond Words: The J.K. Rowling Story

Wednesday, June 3, Friday, June 5, 7:45pm &
Saturday, June 6, 3pm • NR

Poppy Montgomery stars as *Harry Potter* creator J.K. Rowling, dramatizing the rags-to-riches story of one of the most beloved writers in history. This biopic follows Rowling from her early struggles to her life atop the bestseller lists. (2011)

Into the Woods

Tuesday, June 9, Saturday, June 13, 7:45pm &
Sunday, June 14, 3pm • PG

Woven from a collection of revered fairy tales and characters, this enchanting musical mash-up focuses on a childless couple who venture into the woods hoping to end a curse put on them by a vindictive witch. Starring Anna Kendrick, Johnny Depp and Meryl Streep. (2014)

Elsa & Fred

Wednesday, June 10, Friday, June 12, 7:45pm &
Saturday, June 13, 3pm • PG-13

This is the story of two people who, at the end of the road, discover that it's never too late to love. After losing his wife, Fred (Christopher Plummer) meets Elsa (Shirley Maclaine) and everything changes. (2014)

Fiddler on the Roof

Tuesday, June 16, Saturday, June 20, 7:45pm &
Sunday, June 21, 3pm • G

Director Norman Jewison chronicles the trials of Jewish peasant Tevye,

the humble father of three strong-willed daughters and husband to oft-objecting wife Golde in pre-revolutionary Russia. (1971)

Unbroken

Wednesday, June 17, Friday, June 19, 7:45pm &
Saturday, June 20 • PG-13

This survival tale is based on the real-life experiences of an American pilot held by the Japanese during World War II. After his plane crashes into the Pacific Ocean, Zamperini spends 47 days adrift. (2014)

The Mirror Has Two Faces

Tuesday, June 23, Saturday, June 27, 7:45pm &
Sunday, June 28, 3pm • PG-13

Rose Morgan (Barbra Streisand) is tired of being single and living with her mother. When a colleague (Jeff Bridges) proposes, Morgan accepts. But the marriage he proposed is a platonic one. Not surprisingly, more discontentment follows. (1996)

SUBTITLES NOT INCLUDED

Shall We Dance?

Wednesday, June 24, Friday, June 26, 7:45pm &
Saturday, June 27, 3pm • PG-13

Though John Clark has all he could ever ask for—including a successful law career and a loving wife—true happiness eludes him. But when an impulse prompts him to take ballroom dancing lessons, he finds an undiscovered passion within. Starring Richard Gere, Jennifer Lopez and Susan Sarandon. (2014)

The Imitation Game

Tuesday, June 30, Saturday, July 4, 7:45pm &
Sunday, July 5, 3pm • PG-13

Chronicling Alan Turing's key role in Britain's successful effort to crack Germany's Enigma code during World War II, this biopic also recounts how his groundbreaking work helped launch the computer age. Starring Benedict Cumberbatch and Keira Knightley. (2014)

Regular Group Activities

location key B=Ballroom BR=Billiards Room CR=Cardroom CL=Classroom DL=Dining Lobby ER=Exercise Room GL=Great Lawn L=Library LB=Lobby MR=Magnolia Room P=Pool PD=Private Dining Room S=Studio

Art Open Studio Mon & Thur all day **S**

Balance Basics Wed 11:30 **B**
Julie Hardison 919-259-7922

Balance Challenge Wed 11:00 **B**
Julie Hardison 919-259-7922

Ballroom Dance Group 2nd & 4th
Tue 5:30 **B**
Betty White 919-967-4064

The Bible Class Tue 1:30 **MR**
Mary Ann Van Kampen
919-493-1789

Bocce Sat 10:00 **GL**
Tom Herron 919-259-7829

Caregivers Support Group 1st Wed
3:00 **PD**
Krista Lemery 919-259-7906

Cedars Cinema Tue, Wed, Fri & Sat
7:45, Sat & Sun 3:00 **Channel 24**

Duplicate Bridge Wed 12:45 **CR**
Betty White 919-967-4064
Tally Purcell 919-259-7585

Garden Plots
Kit Bick 919-259-7088

Golf Croquet Tue 10:00 **GL**
Norman and Rhonda Innes
919-259-7150

Great Books Club 2nd Mon 3:00 **CL**
Alice Manilloff 919-942-6992

Happy Hour
Fri 5:00 **Bar**

Knit & Stitch
Mon 10:30 **CR**
Lou Owens 919-259-7557

Library Workday
Mon 9:00 **L**
Nancy Lebo 919-259-7330

Line Dancing
Tue 4:30 **B**
Julie Hardison 919-259-7922

Mah Jongg Tue 2:00 **CR**
Sarah Kittner 919-969-6822

Meditation Tue 2:00 **PD**
Carolyn Taff 919-918-4467
Alice Myers 919-259-7474

Members Meeting last Thur 2:00 **B**
Weezie Oldenburg 919-942-6994

Party Bridge 1st & 3rd Fri 1:00 **CR**
Lofi Hirschman 919-259-7015

Ping Pong Mon, Wed, Fri, Sat, Sun
9:00 **B**
Rose Michelson 919-945-0888

Play Group 1st & 3rd Mon 1:30 **CL**
Pat Beyle 919-942-1281

Poker Mon 2:00 **CR**
Bob Patterson 919-259-7060

Scrabble Thur 4:00 **CR**
Eileen Stendig 919-259-7722

Seniorcize Mon 11:00 Tue Thur 8:45 **B**
Julie Hardison 919-259-7922

Sit and Be Fit Tue Thur 9:45 **B**
Julie Hardison 919-259-7922

Tai Chi Mon 11:30 **B**
Julie Hardison 919-259-7922

UNC Libraries alternate Sat 11am
Lynne Morris 919-967-4885

Water Exercise Mon Wed Fri 8:45 &
9:45 **P**
Julie Hardison 919-259-7922

Zumba Wed 4:30 **B**
Julie Hardison 919-259-7922

Get Involved

Accessing UNC Libraries

Saturdays, June 6 & 20, 11am Library

Want to borrow books from UNC Libraries? Contact Lynne Morris with questions at 919-967-4885.

Meadowmont Senior Luncheon

Wednesday, June 17, 1pm

Come and get to know your Meadowmont senior neighbors while enjoying lunch at City Kitchen at University Mall. For information and reservations contact Ginny Butchko at 919-240-5962.

Great Books Club

2nd Mondays,
3pm
Classroom

Kongi's Harvest
by Wole Soyinka



Members enjoy a beautiful May afternoon at the Cedars bird sanctuary with a bird talk by Cynthia Fox

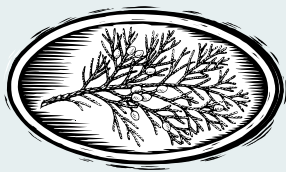
Channel 24 Replays Schedule

- ☞ Mondays 10am, exercise program; 12:30pm, recent lectures
- ☞ Tuesdays 10am, exercise program
- ☞ Wednesdays 10am, exercise program; 12:30pm, Members Meeting
- ☞ Thursdays 10am, exercise program
- ☞ Fridays 10am, exercise program



Exhibits

If you are willing to share your collection by displaying it in the Clubhouse Lobby, please contact Laura Waggoner at 919-259-7944 or Tara Pierce at 919-537-0128.



In-House TV..... Channel 24
 Reception..... 919-259-7000
 Concierge..... 919-259-7937
 Fax..... 919-259-7001
 Spa & Salon..... 919-259-7940
 Dining Reservations..... 919-259-7932
 Work Orders..... 919-259-7918
 Security..... 919-883-7666

EditorLaura Waggoner
 919-259-7944

Graphic Designer.....Debb Hepp
 919-260-4495

CALENDAR *at a Glance*

<i>date</i>	<i>day</i>	<i>activity</i>	<i>time</i>	<i>location</i>
6/1	Monday	<i>World War II Lecture Series Part 3</i> with Bill Melega	7pm	Ballroom
6/3	Wednesday	<i>All You Want to Know About Medicare and More Part 1</i> with Gus Montana	3pm	Ballroom
6/4	Thursday	Cedars University <i>Great World Religions: Buddhism</i>	11am	Ballroom
6/5	Friday	Maple View Farm Tour	1pm	Lobby
6/7	Sunday	<i>Pump Boys and Dinettes</i> at Kennedy Theatre	1:45pm	Lobby
6/8	Monday	<i>World War II Lecture Series Part 4</i> with Bill Melega	7pm	Ballroom
6/9	Tuesday	<i>Hearing Loop Sessions</i> with Dr. Amanda O'Donnell	1pm	Ballroom
6/10	Wednesday	<i>All You Want to Know About Medicare and More Part 2</i> with Ashley Beale	3pm	Ballroom
6/11	Thursday	Cedars University <i>Great World Religions: Buddhism</i>	11am	Ballroom
6/11	Thursday	Robert Griffin—Jazz Pianist	4:30pm	Dining Lobby
6/11	Thursday	Dining Out! Spartacus	4:45pm	Lobby
6/13	Saturday	Shen Wei at DPAC	6pm	Lobby
6/16	Tuesday	Prue Mulrine on Harp	5:30pm	Cardroom
6/17	Wednesday	<i>All You Want To Know About Medicare and More Part 3</i> with Gina Upchurch	3pm	Ballroom
6/18	Thursday	Cedars University <i>Great World Religions: Buddhism</i>	11am	Ballroom
6/18	Thursday	<i>South Africa Safari Part 1</i> with Phil Purcell	3pm	Ballroom
6/19	Friday	Richard Tazewell—Pianist	5pm	Dining Lobby
6/20	Saturday	Pilobolus at DPAC	6pm	Lobby
6/21	Sunday	<i>Side By Side By Sondheim</i> at Titmus Theatre	1pm	Lobby
6/22	Monday	Popcorn and a Movie <i>Bending Sticks Documentary</i>	3pm	Ballroom
6/25	Thursday	Cedars University <i>Great World Religions: Buddhism</i>	11am	Ballroom
6/25	Thursday	Members Meeting	2pm	Ballroom
6/25	Thursday	Robert Griffin—Jazz Pianist	5pm	Dining Lobby
6/26	Friday	<i>Animated Shapes of Nature</i> with Patrick Dougherty	3pm	Ballroom
6/28	Sunday	2014-15 Classical Concert Series	3pm	Ballroom
6/29	Monday	Onyx Club Boys	3pm	Ballroom